

Season



y & New Year's Programs & Activities



Town of
WHITCHURCH-STOUFFVILLE

HOLIDAY HOCKEY CAMP 2009

(AGES 6+ YEARS)

STOUFFVILLE ARENA - ICE PAD B
12483 NINTH LINE

Led by qualified instructors, campers will participate in on-ice instruction in powerskating and hockey skills. Off ice activities include: movies games, sports (outdoors, weather permitting). Pizza lunch is provided on Wednesday December 30, 2009 (full-day campers only!)

DATES: December 22, 23, 28, 29, 30

TIMES: AM Session: 8:30-12:30, on ice 8:45 - 10:45am - Barcode 13628

PM Session: 1:30-5:30pm, on ice 1:45-3:45pm - Barcode 13629

COST: Full Day Camp - \$260.00 • Half Day Camp - \$160.00

Lunch supervised for Full Day Campers - Campers must provide own lunch.

For more information, please call 905-642-PLAY (7529).

REGISTER AT: Lebovic Leisure Centre at 30 Burkholder Street,

Full equipment as well as a CSA approved hockey helmet and stick are required to participate in this program.



EXPERIENCE THE DIFFERENCE FOR 2010
YOUR Lifestyle = YOUR Life
Choose a Healthy New Year

BOXING WEEK
SPECIALS
December 28-31

Sweaters
Candles
Jewellery
Kitchen Ware



THE HEARTY ARTICHOKE
HEALTH FOOD STORE

6333 Main Street, Stouffville • 905-642-8643
suze@theheartyardichoke.com www.theheartyardichoke.com

At K9'S in KAHOOOTS We're a "CLASS" Act

Obedience Classes

• PUPPY • BEGINNER • INTERMEDIATE • TRICK

- Positive Reinforcement Training
- Small Group Classes
- Learn to Effectively Communicate with Your Dog
- Problem Behaviours Resolved (Jumping Up, Pulling on Leash, Not Coming When Called)



Teach your dog to be
too cool for school!

Trick Class = F-U-N



Doggie Daycare & Obedience Training

6389 Main St., Stouffville

905-642-8289 • www.k9sinkahoots.com

Bollywood Dancing

DANCE YOUR WAY TO WELLNESS

By popular demand, new classes offered in Stouffville!

- ★ **Bollywood BASICS** – learn what the Bollywood hype is all about! A basics class that helps you learn the culture, the steps & a full dance routine!
- ★ **Bollywood FIT!** – Sweat, Shed & Slim! High Cardio workout to the Bhangra dhol (drum), combined with funky shoulder & hip martial arts moves to help burn calories and get in shape for 2010!
- ★ **Bollywood FLOW** – Shanti (Peace), Serene & Soul ... Graceful movements to increase flexibility, mobility & relaxation to help the body relax and rejuvenate.
- ★ **Bollywood BABES!** – Great for new Moms and stay-at-home Moms! Make sometime for yourself, get fit and have fun!

Classes start the week of Jan. 4th, 2010. Spaces are limited. Pre-registration required, easy Pay-by-the-month method. For further information, visit us at wellnesswise.ca/ **Bollywood Dancing** or Call 905.642.9478