

PRIME RIB SANDWICHES

Our representative from the Economist is leaving after many years of providing the best service ever. And since I won't be in town to attend her sendoff luncheon, I asked if there is anything that I could do? Cindy took about 3 seconds to think before asking "A Prime Rib Sandwich Special." So here it is folks, in appreciation of Cindy Johnson, a Newfoundlander who's larger than life in many ways. These will be available on Thursday, Friday, and Saturday 1/4 lb Prime Rib on the bun of your choice, with horseradish and gravy...

\$7.95
Each

— Cindy's is FREE!

Sunday Brunch will be our Cream of Potato with Bacon Soup, with either Steak and Mushroom Pie, Chicken Breast with a beautiful Sun-dried Tomato Sauce or our Bacon Mac & Cheese with either Rice or Potatoes and Veggie. Tea or Coffee and a little Dessert (since there won't be room for a big one). Served from Noon till 2.

\$10.95

PINK LADY APPLES!

This is a late-Fall apple that has taken hold in our fruit bowl at home, and probably yours, given how many of these we sell. They are crisp, firm-fleshed and sweet, and nice to look at too! These come to us from Washington State and will be featured this week at

\$1.49
LB.

WHAT'S FOR DINNER!

From our frozen section, we will have two offerings; our Cream of Asparagus Soup, and our Chicken Parmesan. The soup is made using local asparagus in-season and its chicken stock-based with some pureed veggies as well to round out, but not interfere with the asparagus flavour.

The Chicken Parmesan is made with our air-chilled chicken which has been breaded and deep-fried and then served up in a slow-cooked tomato sauce with lots of parmesan. Regulars are \$7.95 (900ml) and \$20.95 (8"x5" foils) respectively and both will be featured at

25% OFF
THIS WEEK

WHAT'S HAPPENING OUTSIDE!

We now have a good supply of Foliage, Wreaths and Urn Inserts at the ready. We're a good spot to visit to prepare your home for Christmas, both inside and out. Something that I particularly like are Cyclamen — an enthusiastic looking plant that will flower for a good year if you attend to it. Poinsettias abound and a lot of things to accent your arrangements.

WHAT'S THE BUZZZZZZZ?

For the first time ever, we will be holding a Gingerbread House-Building class upstairs with the master herself (Jaana) at the podium, and a few elves helping out. Check our website for details. Seating is Limited.

Next news is our Christmas season specialties are beginning to appear, one by one, until the store will be overflowing with those items that make this season a bit more special.

This will include a selection of "The Holly and the Ivy", festive Portmeirion dishes, serving utensils and placemats. — These make great gifts too!

WHAT'S COOKING AT THE DELI!

DELI!

How about we start with some New England Style Clam Chowder? This is the creamy one with veggies and white wine, as well as the clams. 900ml. **\$7.95** EA. Featured at

Next, we'll do our Pomegranate Quinoa Salad. It has diced tomatoes, parsley and lemon. This was a big hit at the recent NHL Alumni game at Centennial, especially with George Laroque, who is a vegetarian, and Gary Roberts, The Fitness Guru. **\$1.99** /100g. Featured at

Next up, we've made some Chicken Cordon Bleu, which most of you would know is a chicken breast stuffed with Swiss cheese and our ham, then breaded. The works all been done, so you'll just need to heat them! Reg. \$4.59/100g **25% OFF** THIS WEEK

— And lastly, we'll have Rotini and Grilled Chicken in a Pesto Cream Sauce. This will be available in the 4"x5" foils. **\$5.99** EA. Featured at

FLORIDA GRAPEFRUITS

These are beauties! I like eating larger grapefruits because you can do a better job getting all the 'meat' out as the sections are bigger and there is no shortage of juice. From Vero Beach. Size 23's (Big) **99¢** LB.

ROGERS' CHOCOLATES

We do have some of their great Advent Calendars yet, as well as a very large assortment of their famous chocolate, in all shapes and flavours. If you have ever been to the original store out in Victoria, you'll know that it's the epicentre of chocolate in Canada.

PASS THE CHEESE PLEASE!

We have two exciting cheeses this week; the first is a Wensleydale with Vodka, Lime and Cranberries which I am savouring as I write this, and the second is an English Cheddar with Malt Whiskey, which I savoured to good effect yesterday. Both are delicious and will add to any cheese plate that you could imagine. Regular retails are \$4.59 (100g) and \$5.79 (100g) respectively, and they will be featured this week at **1/3 OFF**

PIZZA SPECIAL

As the weather has become quite vile, we've decided to make a hearty pizza with traditional Italian toppings to keep you warm. Our Alfredo Pizza will feature a Garlic Cream Sauce topped with Italian Sausage, Rapini, Caramelized Onions and Roasted Peppers. We finish the pizza with a sprinkle of Parmesan. Reg. \$12.95

1/3 OFF
THIS WEEK

ORIGINAL PESTO

There is a great deal of 'PESTO' available nowadays, but a simple reading of the label will allow you to judge just how authentic they actually are. If you see 'potatoes', or 'walnuts' or 'romano cheese' or 'sunflower oil' or extraneous fillers, you know that you are on the wrong track. The real article has toasted pine nuts, basil, olive oil, parmesan cheese and garlic, with salt and pepper to taste.... and that's all! That's what we do here, and I believe that the difference will be readily evident at the table, so enjoy! 250ml size..... Regular \$8.95, featured this week at **25% OFF**

...A BIG THANKS!

The Hockey Helps the Homeless Hockey Tournament Raised a total of... \$240,000. This money goes to support the 360° Kids Group in York Region. I Say Thanks because, although I or 'Hockey with Heart' are not the organizers, we are part of it, and through your support and kind generosity, and that of many of our suppliers, we're all able to contribute. Thanks Again!

...A HEAD'S UP!

Our Hockey with Heart Team is on a breakaway with our Christmas Food Drive. We will be doing our usual street walks beginning the first weekend of December. We'll be by on Saturday to leave a bag and a note, and then we'll return on Sunday to pick it up. What we're looking for is either food, new unwrapped toys, or full bags of cash. The food is delivered to the Food Bank and the Alliance Church to help out families in need, and the cash funds Christmas Family Dinner Hampers for those less fortunate than us. If you miss our vans or the Firetruck, you can bring the loot to our store, and we'll look after it from there. With your kind help, as in the past, we intend to feed a lot of folk over the holidays. Watch our weekly ad to find out which streets we'll be visiting first.

THIS WEEK AT THE FLATO MARKHAM THEATRE!

This Musical Ensemble made Vivaldi's Four Seasons a popular classical hit! Through their recordings, I MUSICI DI ROMA, slated for Thursday, November 27th, has become the most popular chamber ensemble in the world, Having played in more than 70 countries and counting. Classical enthusiasts will be mesmerized by their interpretation of Vivaldi's The Four Seasons. This quote from the Palm Beach Post says it all: "There are cigars and there are Cuban Cohibas. There are red wines and there is Chateau Lafite Rothschild. And there are performances of The Four Seasons and there are I Musici's Four Seasons." Actually, this is THE classical concert of the season. See you at the Theatre!

ELEGANT HAMPERS

We've got lots now and they can be tailored to your particular needs — both for individuals and corporate clients. See either Robert or me in the store and we'll look after your needs.

WHAT'S BAKING THIS WEEK?

WE ARE HAVING A HALF PRICE CUPCAKE SALE!

All of our regular cupcakes are on special this week, and we have invented a bunch of new ones, too. Here is the line-up of flavors: VANILLA - Soft white vanilla cake topped with vanilla icing, sprinkles and a cookie.

CHOCOLATE - Our chocolate cake topped with chocolate frosting and a cookie.

RED VELVET - Beautiful red velvet cake, an injection of ganache and cream cheese icing

BROWNIE - Chocolate cake and chocolate fudge frosting, and a piece of Brownie

LEMON - White sponge, lemon curd injection and lemon buttercream. Decorated with candied lemon peel.

CARROT - Just like a mini carrot cake with cream cheese frosting and a little royal icing carrot

RASPBERRY - Chocolate cake with raspberries baked in, topped with raspberry buttercream

BLACK FOREST - Chocolate cake with sour cherry filling, brushed with Kirsch, whipped cream piped on the top with maraschino cherry and chocolate shavings

MOCHA - White sponge soaked with coffee syrup, ganache injection and mocha buttercream

FRUIT TART - White cupcake on the bottom, layer of custard, glazed fruit and berries on top

JELLYROLL - We roll the sponge sheets filled with whipped cream and berries, just as we would a jelly roll, then cut them into slices and stuff them into cupcake cups and pipe some more cream on top and add some fruit. A little piece of heaven....

PRALINES AND CREAM - White cake base, caramel injection, white chocolate mousse and more caramel and candied pecans on top

Reg. price range between \$2.99 and \$3.49. This week all these will be **1/2 PRICE**

Our Mincemeat is now ready and we will also have Mincemeat Tarts from now till Christmas! (while quantities last)



Hours: Mon. - Fri. 8:00-8:00
Sat. 8:00-6:00 - Sun. 9:00-6:00
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