



*Showcasing health and wellness opportunities in your community*

**Sat Jan 17th and Sun Jan 18th, 2015**

**Markham Fairgrounds**

*Over 100 Exhibitors, Guest Speakers, Demonstrations*



***Bryce Wylde***

***Saturday January 17th***

Bryce shares his knowledge through lectures and media opportunities including The Doctor Oz show, Breakfast Television and Cityline



***Rose Reisman***

***Sunday January 18th***

Rose is a motivational speaker, columnist and TV personality and a leading authority on the art of eating & living well.

For more information please call 905-943-6112 or email [thrive@yrmg.com](mailto:thrive@yrmg.com)