

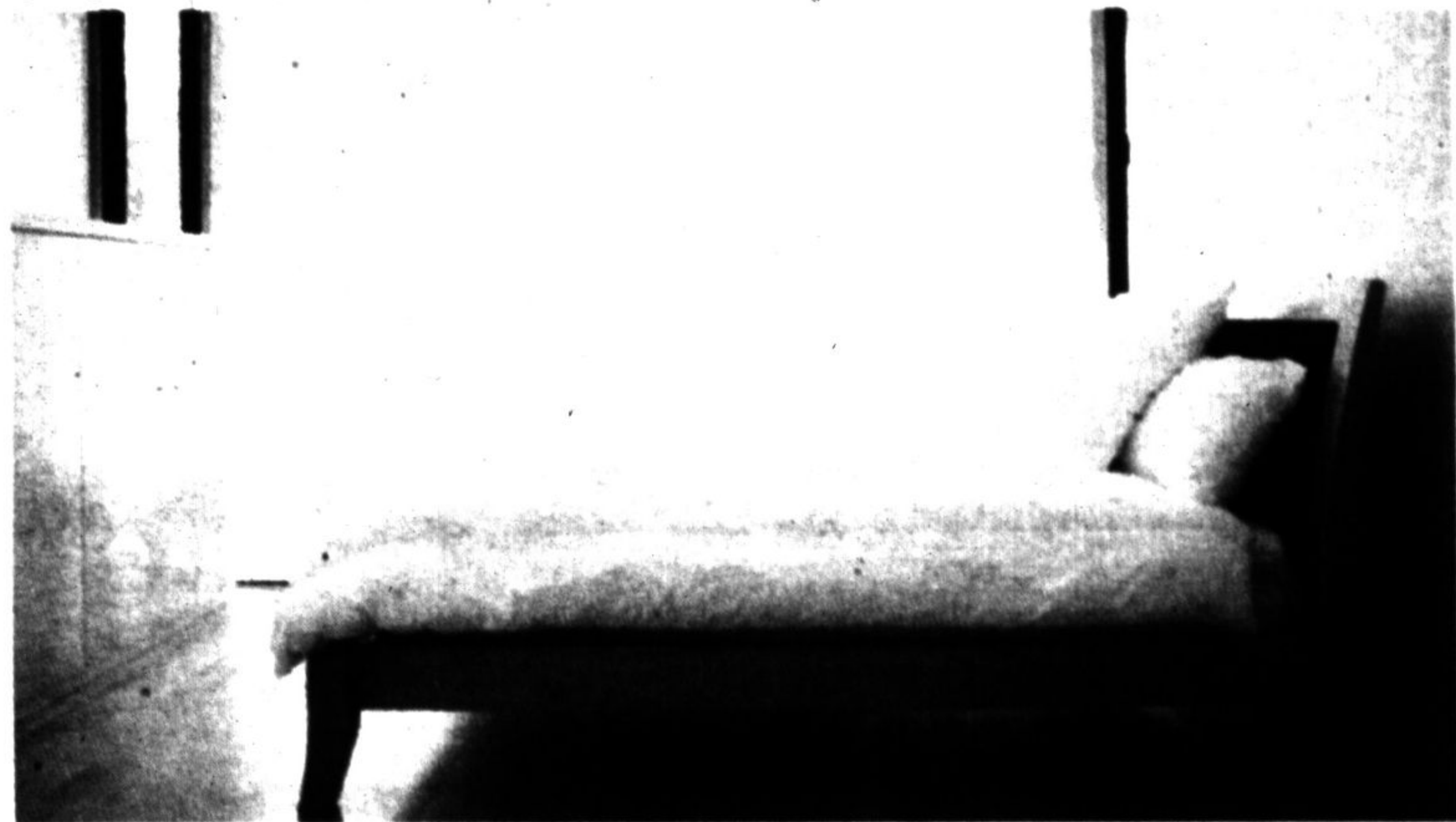
A portrait of a cozy bedroom

A bedroom is a very personal room that should reflect your image and tastes. In other words, you should feel comfortable and rested while you're there so that you can get a good night's sleep. But creating a Zen room doesn't just mean putting a few bamboo canes in a vase in the corner. Creating the desired effect will take a bit of care and regular maintenance.

To have a cozy and inviting sleeping space, avoid cluttering up the room with furniture and other objects that don't belong there. Choose your bed with care, as it should be the focal point of the room. Add bedside tables and a simple closet or chest of drawers. Don't forget to turn the mattress from time to time and remember to change the mattress and box spring about every ten years.

Create a relaxing atmosphere by opting for natural materials; wood is a classic choice. Avoid lacquers and varnishes, which can sometimes emit toxic fumes harmful to your health. Choose colours that you find pleasing as well as comforting. Favour soft lighting, which is conducive to a subdued and relaxing atmosphere, and place some soft, natural fibre rugs on the floor to dampen noise. Be sure to sleep in natural fabric sheets and keep in mind that airing the room before going to bed can help to chase away insomnia.

With a bit of attention, you can create a cozy space where it is easy to unwind from your day and get the rest that you need. After all, some people might fall asleep as soon as their heads touch the pillow, but that's not the case for all of us!



Create a Zen atmosphere in the bedroom in order to get a good night's sleep.

Say What...?

Commonly Used Abbreviations in our Real Estate Section

above ground	A/G	hardwood	hdwd
acres	ac.	in ground	I/G
apartment	apt.	kilometre	km
appliances	appl.	kitchen	kit
attached	att.	large	lrg
available	avail	laundry	ldry
avenue	Ave	living room	L/R
basement	bsmt	location	loc
bathroom	bth	main floor	mn flr
bedroom	bdrm	maintenance	maint
brick	br	master bedroom	MBR
building	bldg	minutes	min
built-in	b/i	month	mth
bungalow	bung	piece	pc
cathedral	cath	plus	+
central air	C/A or c/a	recreation room	rec rm
central vacuum	C/V or c/vac	road	Rd
ceramic	cer	room	rm
crescent	Cres	separate	sep
detached	det	storey	sty
dining room	D/R	street	St
double	dbl	square feet	sq. ft.
drive	dr	township	Twp
executive	exec	walkout	w/o
family room	F/R or fam rm	walk-in closet	w/i/c
finished	fin	window	wdw
fireplace	F/P or frplc	with	w/
garage	gar	woodstove	wdstv
		workshop	wkshp
		year	yr

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Karen Harvey CBA



David Houghton



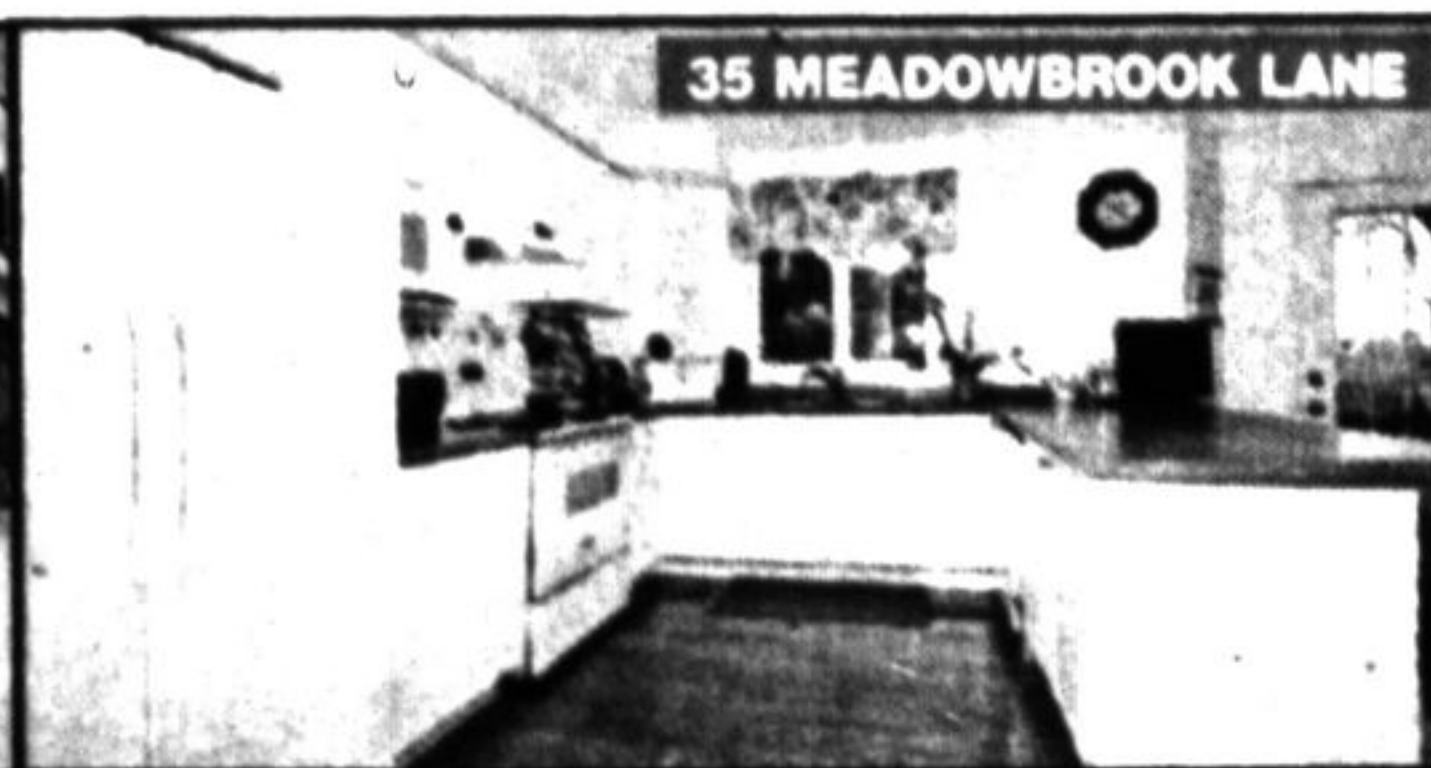
Sylvia Houghton



Derek Houghton

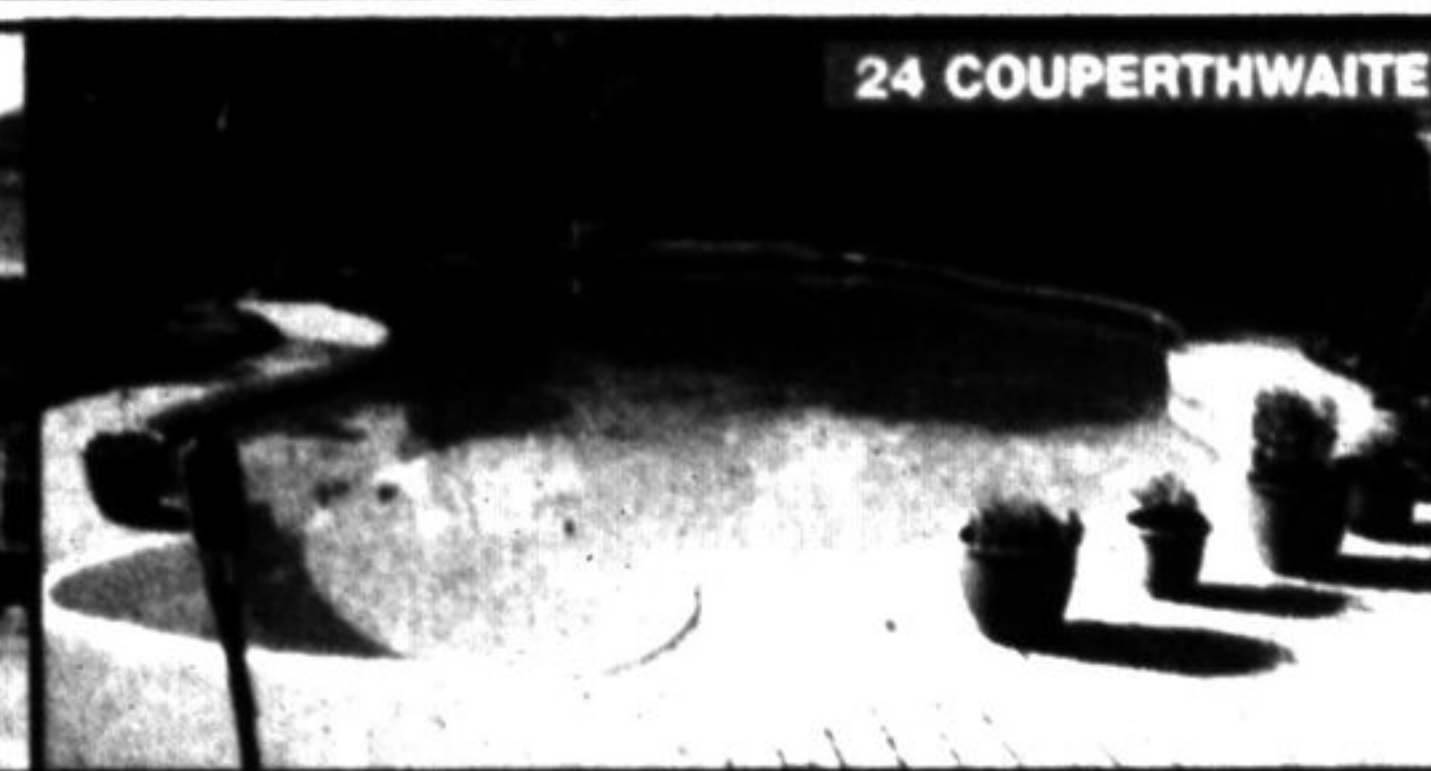


Wishing you
healthy happiness
and fun
in 2014!!



BEST KEPT SECRET IN UNIONVILLE - \$627,000

Freehold townhome, 1824sqft., 109.91' deep lot. Steps to Main Street, 3 bedrooms, 4 washrooms, an amazing family room, finished basement. Hardwood, gas f.p., roof re-shingled 2010. Don't miss this opportunity. Call **Sylvia Houghton***, 905-947-9300, www.SylviaHoughton.ca



HOME IS WHERE THE HEART IS - \$799,800

Quiet street, 147' lot. Heated in-ground pool. Exquisite upgraded kitchen with heated floor a "10". Quality upgraded windows. Upgraded washrooms. Finished basement. Call **Sylvia Houghton***, 905-947-9300 www.SylviaHoughton.ca



47 HAMILTON HALL DR.
A "BETTER HOMES & GARDENS" - \$677,000
4 bedrooms, upgraded French Country kitchen. Main floor family with fireplace. Upgraded baths (3). Hardwood upstairs and main. 60 x 129' private, fenced yard. Call **Sylvia Houghton*** and **Derek Houghton****, 905-947-9300, www.SylviaHoughton.ca



34 GLENBOURNE
PHENOMENAL STREET - \$2,298,000
4268 sf. of perfection. "1" year new!! Hardwood floors on main level. 5 bedrooms. 5 baths, open concept kitchen/family room. 107 x 144' lot. Call **Sylvia Houghton***, 905-947-9300, www.SylviaHoughton.ca



288 MAIN ST
RICH, REGAL, ROYAL IN UNIONVILLE - \$2,988,000
Mesmerizing 4960sf. of perfection. 270' lot backing onto Toogood Pond, pool and hot tub. Exquisite hardwood floors on 3 floors. Upgraded "white" kitchen with Calcutta marble countertops. 6 bdrms, 6 baths (upgraded), 2 libraries. Call **Sylvia Houghton***, 905-947-9300, www.SylviaHoughton.ca
p.s. An oversized garage, too.



5 OLD IVY LANE
"WALK TO MAIN STREET UNIONVILLE" - \$2,488,000
4137 sf. of custom luxury. Upgraded kitchen with pantry, wine cellar, library, separate dining room, 3 fireplaces, stunning master en-suite 79' lot on ravine. Call **Sylvia Houghton***, 905-947-9300, www.SylviaHoughton.ca