



Logan Palmer (left), 4 months, and Cooper Ahier, 3 and sister Ryleigh, 1, meet Santa during the inaugural Christmas in Civic Square event at the Lebovic Centre for Arts and Entertain-



ment - 19 on The Park Sunday. Santa will be back in town for the annual Christmas Day luncheon at EastRidge Evangelical Church. See more photographs on yorkregion.com

# YOUR HEATH OVER THE HOUDAYS

We hope that you and your family stay healthy all year long and particularly during the holiday season.

If you need medical assistance over the holiday season, there are a number of health-care providers available to serve you.

Emergency departments tend to see more patients over the holidays and this can result in longer wait times.

There are other options if you need health-care services over the holidays. If you need to see a physician, consider calling your family doctor, your family health team or visiting a walk-in clinic or urgent care clinic. Each of these services has the expertise to treat a large number of illnesses and injuries including many of the common illnesses that people acquire over the holidays.

#### FAMILY HEALTH TEAMS

For patients at either Markham Family Health Team (905-471-9999) or Health for All Family Health Team (905-472-2200) these offices will be providing coverage over the holidays for their patients only. Patients can call their offices directly to find out hours and availability.

#### **EMERGENCY** SERVICES

If you become ill or injured over the holidays and believe you require emergency services, Markham Stouffville Hospital's Emergency Department is able to serve you seven days a week, 24 hours a day.

## TARGETTES AUGENT CARE BENTRES

Several walk-in and urgent care clinics will be open and able to serve you and your family. The following are some of the clinics open over the holiday period:

- Markham Stouffville Urgent Care Clinic 905-472-8911
- Markham Heritage Health Clinic

905-471-2967

Markham Road Medical Centre

905-472-7400

e Markham Mews Medical Office

905-475-3995

\*Patients should call the clinics directly for information and to confirm hours of operation

### TELEHEALTH ONTARIO

Telehealth Ontario is available seven days a week, 24 hours a day at 1-866-797-0000. A registered nurse is available to answer your health-related questions over the phone.

The team at Markham Stouffville Hospital wishes everyone in our community a safe and healthy holiday season.



www.msh.on.ca