Donate food, mittens at parade

Stouffville's Scouts will have a Grinch theme to their float in the Stouffville Kinsmen Santa Claus Parade. But they will play the role of Santa, collecting food and mittens in wagons from spectators along the parade route.

The parade runs along Main Street Dec. 7.

Flu shots, winter advice given tonight

Winter is upon us. Just look outside. The Ballantrae Golf and Country Club's

recreation centre is where you will find information on staying healthy this winter and where you can get a flu shot tonight.

Flu shots will be available at 6 p.m. At 7 p.m., the health panel gets underway.

Speakers include chief of family medicine at Markham Stouffville Hospital Dr. Jane Philpott; local physiotherapist Natasha Weber and Stouffville-based family physician Dr. Sarah Barclay. For more information, go to www.philbannon.ca

Flu shots are also available from most local drug stores. Check with your neighbourhood pharmacist.

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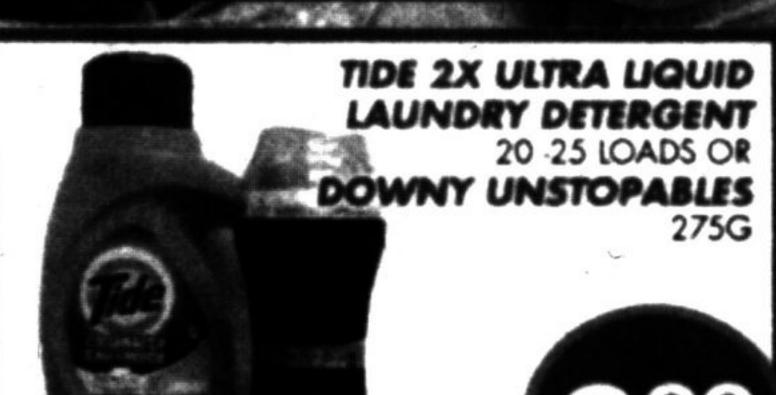






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