

Downtown Stouffville

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BEAT THE JANUARY BLAHS! WINTER PROGRAMS AT THE 55 PLUS CLUB

Class Name	Days	Start	Time	Cost	Duration
55 Alive Mature Driver Refresher Course	Monday	Jan. 27	9:00am - 4:00pm	\$50	6 hours
Acrylics for Beginners	Wednesdays	Jan. 8	1:00pm - 3:30pm	\$70	8 weeks
Beginner Bridge Lessons	Tuesdays	Jan. 14	7:00pm - 8:30pm	\$25	6 weeks
Bid Euchre Lessons	Wednesdays	Jan. 8	10:00am - 11:30am	\$20	8 weeks
Chair Yoga Thursdays	Thursdays	Jan. 30	11:00am - 11:45am	\$40	6 weeks
Chair Yoga Tuesdays	Tuesdays	Jan. 21	1:30pm - 2:15pm	\$40	6 weeks
Computer Intro	Wednesdays	Jan. 8	9:15am - 10:15am	\$75	8 weeks
Computer Email/Internet	Wednesdays	Jan. 8	10:30am - 12:00	\$45	4 weeks
Forever Fit	Fridays	Jan. 10	9:00am - 9:45am	\$35	7 weeks
Line Dance Beginner	Mondays	Jan. 6	3:15pm - 4:15pm	\$35	9 weeks
Line Dance Mondays	Mondays	Jan. 6	1:30pm - 3:00pm	\$50	9 weeks
Line Dance Tuesdays	Tuesdays	Jan. 7	10:00am - 11:30am	\$50	9 weeks
Mat Yoga	Tuesdays	Jan. 7	9:00am - 9:45am	\$45	8 weeks
Osteo Fit	Fridays	Jan. 10	10:00am - 10:45am	\$35	7 weeks
Qi Gong Gentle Exercise	Thursdays	Jan. 9	10:00am - 10:50am	\$30	7 weeks
Scottish Country Dancing	Wednesdays	Jan. 8	4:30pm - 6:00pm	\$45	8 weeks
Stretch 'n' Core	Fridays	Jan. 10	11:15am - 12:00pm	\$35	7 weeks
Tai Chi Yang Style	Thursdays	Jan. 9	9:00am - 9:50am	\$35	7 weeks
Watercolour for Beginners	Tuesdays	Jan. 7	1:00pm - 3:30pm	\$70	8 weeks
Watercolour Painting	Fridays	Jan. 10	1:00pm - 3:30pm	\$65	7 weeks
Yoga Dance	Wednesdays	Jan. 8	9:00am - 9:50am	\$35	8 weeks

Registration starts November 25 (members), December 2 (non-members)
 Payment due upon registration.
 Classes will be cancelled if registration is insufficient
 Program descriptions available at www.townofws.ca/55PlusClub
 Contact us: (905) 640-1910 ext 2955

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Downtown Light Tour
Friday, November 30 at 7 p.m.
 The Tour starts at the GO Train Station on Main St.
 Carollers will be singing as we walk along and light up the trees on Main Street.
 before heading over to the Stouffville United Church on Church Street.
 There will be a live nativity scene in front of the church
 with FREE hot chocolate.

