

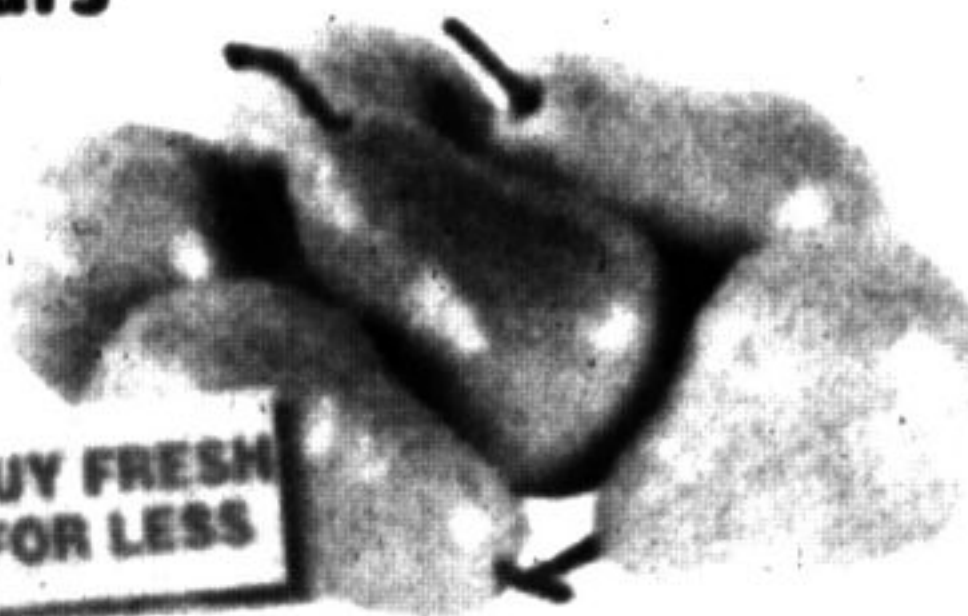
# FARM FRESH PRODUCE

"Fresh from the Tropics!"  
Bananas



**59¢**  
Per lb.  
1.39 Reg  
BUY FRESH FOR LESS

Product of USA  
Bartlett Pears



**99¢**  
Per lb.  
2.18 Reg  
BUY FRESH FOR LESS

Fresh  
Eggplants, Zucchini  
Yellow Zucchini  
& Baby  
Marrow



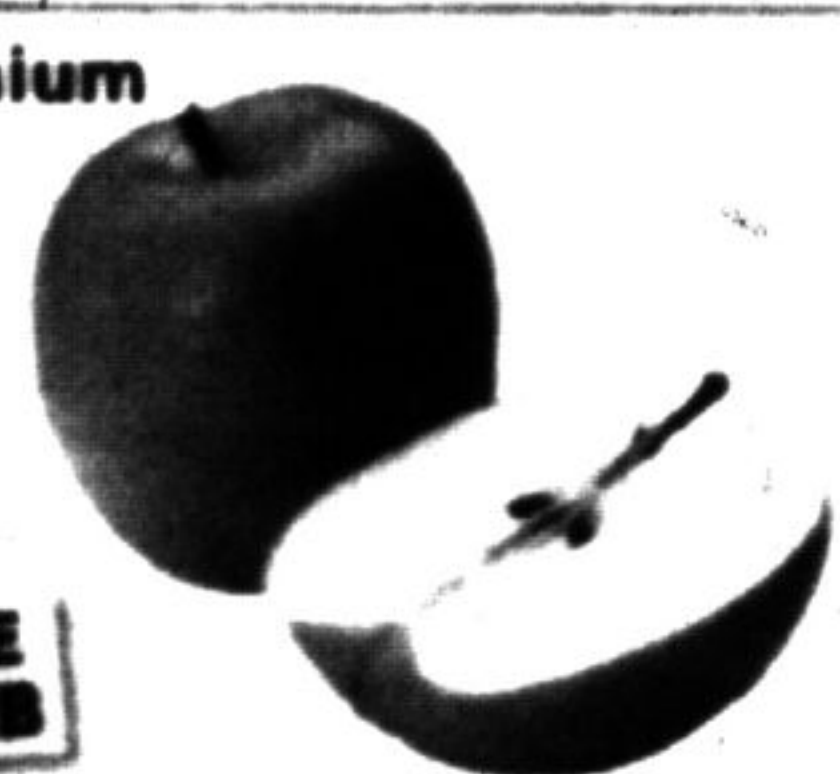
**99¢**  
Per lb.  
2.18 Reg  
BUY FRESH FOR LESS

Ontario Farm Fresh  
Green Head  
Cabbage



**39¢**  
Per lb.  
2.68 Reg  
BUY FRESH FOR LESS

Washington Premium  
Very Sweet  
Fuji Apples



**1.49**  
Per lb.  
2.28 Reg  
SAVE \$0.80/LB

Ontario Farm Fresh  
Super Sweet  
Carrots



**69¢**  
Per lb.  
1.52 Reg  
BUY FRESH FOR LESS

PICK YOUR OWN

"Rich in Antioxidants!"  
100% Pure • Freshly Squeezed  
Pomegranate Juice



**9.99**  
1L  
1/2 PRICE

Fresh  
Sweet Potato  
Yams



**99¢**  
Per lb.  
2.18 Reg  
BUY FRESH FOR LESS

"In store made fresh daily!"  
Guacamole



**SAVE \$1.00/LB**

THIS WEEKEND ONLY!  
SATURDAY & SUNDAY

Orchard Fresh  
Ontario Sweet  
Macintosh, Cortland  
or Empire Apples



**99¢**  
Per lb.  
2.18 Reg  
BUY FRESH FOR LESS

Fresh • Sweet  
Organic  
Potato Yams



**3.99**  
3 lb Bag  
BUY FRESH FOR LESS

Fresh • Bundles  
Spinach



**2 for \$3.00**  
Bchs  
BUY FRESH FOR LESS

Fresh Cut  
Fall Mums



**3 for \$10.00**  
Bchs  
BUY FRESH FOR LESS

# 4 DAY SALE!

THURSDAY, FRIDAY, SATURDAY & SUNDAY

Bounty Basic  
Paper Towels

WHILE QUANTITIES LAST



**\$9.99**  
12 Roll Boxes  
= 16 Roll/Box  
SAVE \$8.00

PROUD TO BE PART OF THE MARKET



The Garden Basket  
FOOD

Putting Quality & Freshness

Prices in effect Thursday, October 24<sup>th</sup> until

100% Beef • Traditionally Raised  
Lean Ground Beef

- Antibiotic Free
- Hormone Free
- Vegetable Grain Fed



**\$3.88**  
Per lb.  
8.55 Reg  
SAVE OVER \$2.00/LB

100% Beef • Traditionally Raised  
Boneless Cross Rib  
Pot Roasts

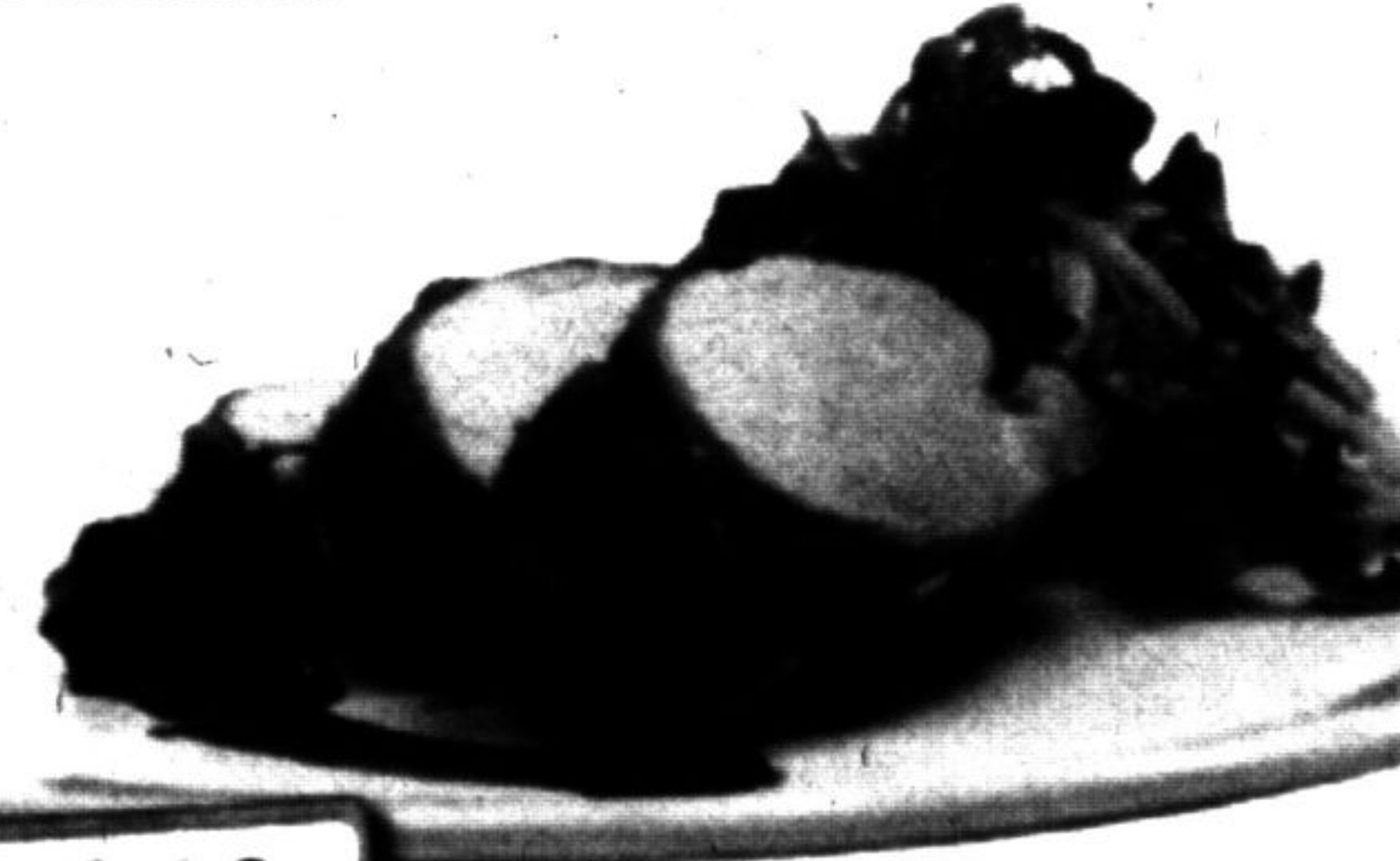
- Antibiotic Free
- Hormone Free
- Vegetable Grain Fed



**\$4.88**  
Per lb.  
18.76 Reg  
SAVE OVER \$2.36/LB

# THE BUTCHER

Fresh Ontario  
Pork Tenderloin  
Portions



**\$2.99**  
Per lb.  
6.59 Reg  
1/2 PRICE

Aged for 21 Days  
Cut from Black Angus Beef  
Beef Leg Cutlets

AGED FOR 21 DAYS

- Superior Flavour
- Aged for minimum of 21 days for maximum tenderness
- Consistent Quality
- Carefully Selected

**\$5.99**  
Per lb.  
13.21 Reg  
SAVE \$2.00/LB

Johnsonville  
Sausage Rounds  
or Sausage Meat



**\$1.99**  
375-450g  
LESS THAN 1/2 PRICE

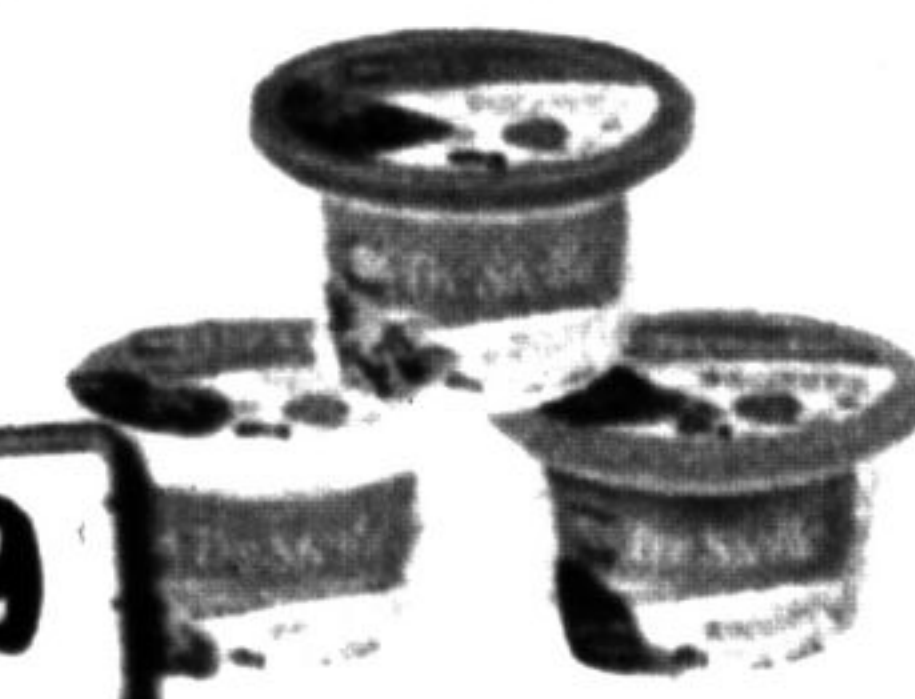
# FROM OUR DELICATESSEN

Bittner's  
Oven Roasted  
Turkey



**\$1.99**  
/100g

Tre Stelle  
Ricotta  
Cheese



**\$3.99**  
475g

Piave Stravecchio  
Cheese



**\$3.49**  
/100g

Tre Stelle  
Provolone  
Cheese



**\$1.99**  
/100g

100% Chicken • Traditionally Raised  
Oven Roasted  
Whole Chicken

- Hormone Free
- Antibiotic Free
- Vegetable Grain Fed
- Air Chilled



**\$9.99**  
Each  
SAVE \$2.00