

3 DAY SALE!

FRIDAY, SATURDAY & SUNDAY, MAR 15TH, 16TH & 17TH

100% Beef • Traditionally Raised
**Cap-Off Prime Rib
Premium Oven Roast**

Limit 2
While Supplies
Last

\$8.99
Per lb. 19.82 / lb.
1/2 PRICE



- Antibiotic Free
- Hormone Free
- Vegetable Grain Fed

We Would Like To Be Treated®
Until closing Wednesday, March 20th, 2013

Product of Italy
**Tarallo'Oro
Premium Pasta**



\$1.49
250-300g
SAVE \$3.00

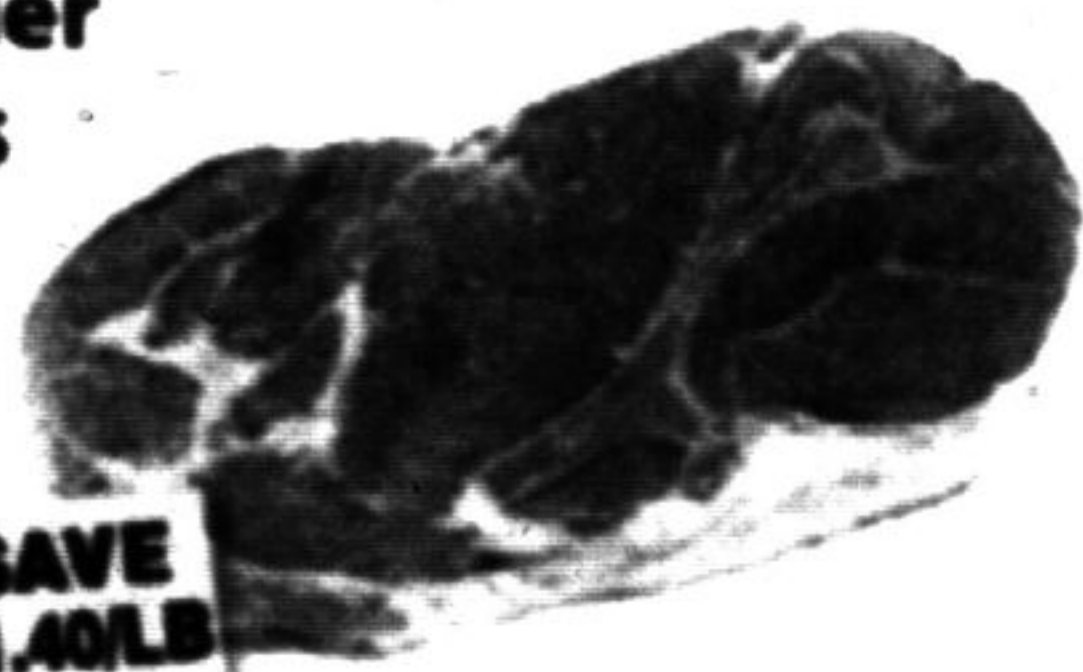
CASE SALE
**Le Ricette di Nonna
Premium Pasta Sauce**



\$7.99
12x300ml
SAVE \$20.00

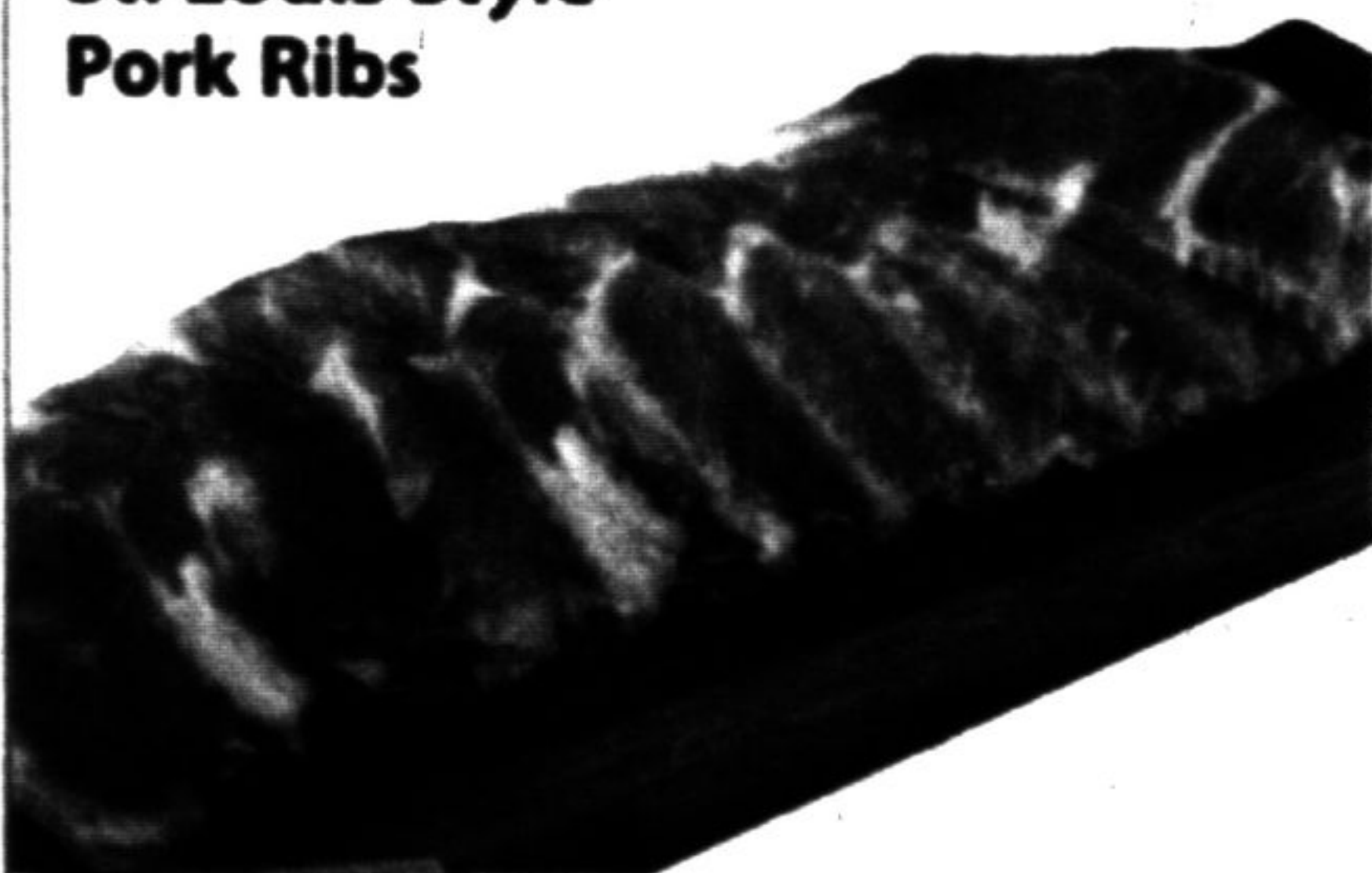
MEAT SHOP

Fresh Ontario
**Pork Shoulder
Blade Chops**



\$1.99
Per lb. 4.39 / lb.
SAVE \$1.40/LB

Fresh Ontario
**St. Louis Style
Pork Ribs**



\$2.99
Per lb. 6.59 / lb.
SAVE \$2.40/LB

Fresh Ontario • Thinly Sliced
**Chicken Breast
Cutlets**



\$6.99
Per lb. 15.41 / lb.
SAVE \$2.00/LB

T-TO-GO

Sushi

**8 pcs of Vegetable Rolls
& 8 Pcs of California Rolls**



\$7.99

**Kimberly's Gourmet
Cupcakes**

- Triple Choc. • Red Velvet
- Lemon
- Strawberry



\$3.99
4 Pack
SAVE \$1.00

**Italian Home Bakery
Sliced French
Bread**



\$1.99
500g Loaf
1/2 PRICE

**In Store Made
Cherry or Blueberry
Cheesecakes**



\$10.99
6" Cake
SAVE \$3.00

**Schaaf Foods
Loaf Cakes**



\$2.99
190g
SAVE \$1.00

BRAND NAME GROCERIES

Burton's
**Rich Tea 300g
or Digestive Biscuits
400g**

99¢
Each
LESS THAN 1/2 PRICE



Galvanina
Sparkling Water

79¢
1L
LESS THAN 1/2 PRICE



Taste of Nature
Organic Food Bars

\$2.99
3 Pack
1/2 PRICE



Casa Rinaldi
Gourmet Crackers

99¢
250g
LESS THAN 1/2 PRICE



Lindt Lindor
**Box Chocolates
120g**

\$3.99
or
\$1.99
Chocolate
Bars 100g



Bonomelli
Camomile Tea

\$1.49
14-20%
1/2 PRICE



DiCarlo
**Extra Virgin
Olive Oil**

\$5.99
750ml
SAVE \$4.00



Liberte
Greek Yogourt

\$3.49
500g
SAVE \$1.50



Mazola
**Corn, Canola
or Vegetable Oil**

\$3.49
1.42L
SAVE \$2.50



Product of Italy
**Granaria
Whole Wheat Pasta**

\$1.49
500g
SAVE 50¢



T.G.I. Fridays
**Mozzarella Sticks, Potato
Skins or Cheddar Fries**

\$1.99
170-227g
SAVE \$1.50



Kellogg's
All-Bran Flakes

\$3.49
670g
SAVE \$2.50



Higgins & Burke
Hot Chocolate

\$2.99
200g
SAVE \$1.00



Lavazza Rosso & Crema e Gusto
Espresso Coffee

\$2.99
250g
SAVE \$1.50



Kashi
**Soft Baked
Cereal Bars**

\$1.99
210g
LESS THAN 1/2 PRICE



Majesta
Paper Towels

\$3.99
8 Roll
SAVE \$2.30



OVEN FRESH BAKERY