

3 DAY SALE!
FRIDAY, SATURDAY & SUNDAY, AUG. 3RD, 4TH & 5TH

Toppits
Chimichurri Shrimp Skewers
or **Chimichurri Jumbo Butterflied Shrimps**
Limit 6 Packages



\$4.88 SAVE \$3.10
230-200g Pkg

NEW! Introducing....
Fresh in Store Made

Sicilian Cannoli
Made with all natural & organic ingredients



6/\$6.00 SAVE \$4.75

Brand Name Groceries

Post Honey Bunches of Oats Cereal **\$2.99** SAVE \$2.00
Bull's Eye BBQ Sauce **\$1.99** 1/2 PRICE
Di Amelio Premium Egg Pasta **\$1.99** LESS THAN 1/2 PRICE
Uncle Luke's Pure Maple Syrup **\$4.99** SAVE \$3.00

R.W. Knudsen Fruit Spritzers **\$2.99** SAVE \$2.00
Bob's Redmill Organic Quinoa **\$7.99** SAVE \$4.00
Gianni Gourmet Pasta Sauce **\$5.99** SAVE \$2.00
Rio Mare Tuna in Oil **\$3.49** SAVE \$2.00

L'antica Modia Multicoloured Pasta **\$3.99** 1/2 PRICE
Billy Bee Squeeze Honey **\$7.99** SAVE \$4.00
Ritter Sport Jumbo Chocolate Bars **\$3.49** SAVE \$2.50
Zevia All Natural Carbonated Beverages **\$3.99** LESS THAN 1/2 PRICE

Product of the UK Waterbridge Allsorts Wine Gums or Jelly Babies **\$2.99** SAVE \$1.00
Haagen Dazs Premium Ice Cream **\$4.99** SAVE \$2.00
Brown Gold Premium Single Origin Coffee **\$7.99** SAVE \$2.00
Bick's Baby Dill Pickles **\$2.49** SAVE \$1.50

UNTIL CLOSING WEDNESDAY, AUG. 8TH, 2012

Barbera Novello
Extra Virgin Olive Oil
\$9.99 1L
"FREE" Goccia Balsamic Vinegar 500ml with every purchase
"While Quantities Last"

Taste of Nature
Organic Food Bars
\$2.99 160g
Brazilian Nut Fiesta
Suzana Apple Country

Food at Our Butcher Shop

100% Beef • Traditionally Raised
Top Sirloin Medallions
• Antibiotic Free
• Hormone Free
• Vegetable Grain Fed
\$10.99 Per lb. 24.23/kg SAVE \$2.00/LB
Fresh, Wild Caught
Sole Fillets
\$6.99 Per lb. 15.41/kg SAVE \$2.00/LB

100% Beef Traditionally Raised
Boneless Cross Rib Pot Roasts
• Antibiotic Free
• Hormone Free
• Vegetable Grain Fed
\$4.69 Per lb. 10.34/kg SAVE \$2.55/LB

E-To-Go

Sushi
8 Pcs of California Rolls & 8 Pcs of Salmon Rolls
\$8.99

Boulart Artisan Demi Ciabattas
2 Pack **\$2.99** SAVE 50¢

Homestyle Two-Bite Tarts
12 Pack **\$2.49** SAVE 50¢

Ace Bakery Mini or Regular Baguette Crisps
150-180g **\$3.99** SAVE UP TO \$1.70

In Store Baked • Artisan Pull Apart Rosemary Focaccia
Loaf **\$2.99** SAVE \$1.00

Hours: Mon. - Wed. 8:00 a.m. - 9:00 p.m.; Thurs. - Fri. 8:00 a.m. - 9:30 p.m.; Saturday 7:00 a.m. - 8:00 p.m.; Sunday 8:00 a.m. - 7:00 p.m.
Savings based on regular price. The actual savings may vary. All prices are subject to change without notice. Some items may be unavailable while quantities last. Photos are representative only.