Six Stouffville residents will ride more than 200 km to raise money for the Campbell Family Institute at Princess Margaret Hospital.

They are taking part in the Enbridge Ride to Conquer Cancer lune 9 and 10, which goes from Toronto to Niagara Falls.

The riders, along with two others from Oshawa, are part of the B Strong team, which represents the B-Strong Fund in Markham. B-Strong was founded by Lindsay Bolger and her family, shortly after Lindsay was diagnosed with a rare form of brain tumour in April 2005.

The team needs to raise more than \$20,000. So far, they have raised \$13,510.

Team members include Stouffville's Jessica Aprile, Sara Peters, Courtney Kroen, Lynda Kroen, Andy Kroen and Christine Peters plus Oshawa residents Steve Boyd and Adam Armstrong.

In an effort to meet their goal, the B Strong cycling team will take part in the town garage sale in front of the clock tower on Main Street today from 8 a.m. to 2 p.m.

The cyclists would like to thank all those who have donated.

For more information, go to: www.conquercancer.ca/site/TR/Events/Toronto2012?team\_ id=45020&pg=team&fr\_id=1401

## Buy burger, hotdog, help M&M find cure

M&M Meat Shops – including the Main Street, Stouffville location – will celebrate their 24th annual Charity BBQ Day at more than 450 M&M Meat Shops across Canada next Saturday.

Franchisees, staff and thousands of volunteers from coast-to-coast will be manning their grills to meet the fundraising goal of \$1.5 million.

Supporters will receive a hamburger or hotdog, a drink and a bag of chips for a minimum donation of \$3. All food and time is donated, so every penny raised goes directly to CCFC Crohn's and colitis research.

For an additional \$2, supporters can cool down by purchasing a strawberry shortcake bar with proceeds donated to CCFC.

M&M has raised more than \$21.5 million for medical research into inflammatory bowel disease (IBD). There are more than 200,000 Canadians suffering from IBD and there is no known cause or cure.

More than 200,000 Canadians are affected by either Crohn's disease or ulcerative colitis.

Canada has among the highest reported prevalence and incidence of Crohn's disease or ulcerative colitis in the world.

"What began in 1989 with just a handful of stores has evolved into a national event," company founder Mac Voisin said.

"The commitment of our franchisees and volunteers in communities from coast to coast is phenomenal and we thank everyone for their dedication. Our goal is to help find a cure so that our event can become an annual celebration of the cure for IBD."



Canadians are living longer and costs for the Old Age Security (OAS) are rising. On April 1, 2023 the Government of Canada plans to start raising the age of eligibility for OAS and the Guaranteed Income Supplement (GIS) from 65 to 67.\*

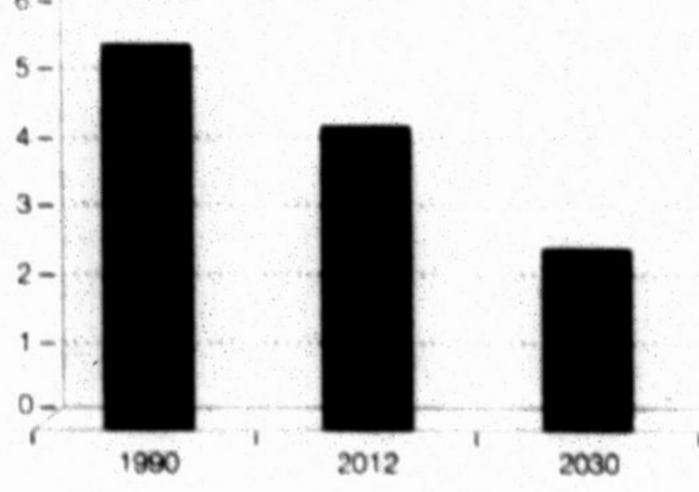
## What does this mean for you?

54 or older as of March 31, 2012 You may still obtain OAS/GIS at age 65

53 or younger as of March 31, 2012 The age of eligibility for OAS/GIS will change gradually between 2023 and 2029

Starting in July 2013, Canadians who are eligible for, but not yet receiving OAS will have the **flexibility to delay** receiving it in exchange for a higher monthly amount at a later date.

## The number of working-age Canadians for every senior is decreasing\*\*



\*\*Source: 9th Actuarial Report on the Old Age Security Program The number of working-age Canadians per senior is decreasing, placing additional pressure on the OAS program.

For a free brochure or more information visit www.ServiceCanada.gc.ca/retirement or call 1 800 0-Canada (TTY 1-800-926-9105)

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