

Election Day is October 6th 2011.

Polls are open from 9 AM to 9 PM ET / 8 AM to 8 PM CT.

To vote in this election, you must be:

- 18 years of age or older on October 6
- a Canadian citizen, and
- a resident of Ontario

To find out where you vote, visit our website, check your Notice of Registration card or call us. Each voting location will have magnifiers, Braille and other tools to facilitate voting. Don't forget to take your ID and Notice of Registration card when you go to vote.



For more information, visit our website elections.on.ca or call 1.888.668.8683 (TTY: 1.866.479.1118).
Disponible en français

Developers gave more than residents

From page 1.

YOU CAN HELP

Geranium Homes was one of those developers.

"Building houses is lovely and making money is lovely ... but there is a hardship right in the community of Stouffville," said Sue Webb Smith, marketing and sales director for Geranium.

Last year, the home builder raised \$2,000 and through its tradespeople, donated truckloads of goods.

The company has been a part of the drive since its inception because "Geranium is very much committed to the Stouffville area in many ways. We developed many communities there and we feel very committed to it," according to Ms Webb Smith.

She expects her company to donate even more this weekend than in previous years.

Mr. Emmerson is hoping residents will still do their part.

"I really hope the residents will come forward this year bigger than ever," he said.

This year's food needs are primarily canned meats such as tuna and salmon, along with cookies and canned fruit.

"Other people can buy fresh fruit, so canned fruit is not that popular to buy," Ms Wells said.

Along with food donations and cash gifts, which are used to purchase fresh meat and vegetables, this year, coats are being added to the list.

Mr. Emmerson said he wanted to include coats because we all have some hanging in

our closets we are never going to wear again, while there are many people who go without.

Whitchurch-Stouffville's third annual Thanksgiving Family Food Drive is on Saturday.

The collection of food and cash for the Whitchurch-Stouffville Food Bank will take place from 10 a.m. to 2 p.m. at the new municipal offices on Sandiford Drive, just south of McDonald's.

Volunteers will also be collecting used adults and children's coats in good condition.

For more information on the drive, call the mayor's office (905-640-1900 ext. 2227).

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Coats, whether they be for winter or spring, are requested for all ages and sizes. However, they must be in good condition.

The coats will be distributed to the food bank, as well as to the United Way, Inn From The Cold and other York Region organizations.

The Whitchurch-Stouffville Food Bank is located at 15336 Ninth Line, just north of Aurora Road. It's open every Tuesday from 9:30 to 11:30 a.m.

This October lace up and walk for your health!

- Daily activity can give you the balance, strength and flexibility you need to stay healthy.
- Physical activity can help you sleep, have more energy and cope with stress.
- Start slowly. Add 10 minutes of activity at a time, until you can do 150 minutes a week.
- Consult your doctor before starting any exercise program.
- Ask a friend to join you.
- Choose activities you enjoy. See word search for more ideas.



Complete the word search and WIN 1 of 20 prizes

Contest Word Search

Find the hidden message with the letters remaining!
(One prize per household, while quantities last)

D D H S E S T A G L G
A G O T H A I A H N Y
N N A G I O R N I G J
C I I C W D P K N O I
I K H K E A L P G E F
N I N N P A L G I L T
G H I G W M I K O N I
T N S E Y N U G I O G
G U L R G M O P V N E
! O K R O W D R A Y G
P F A M I L Y W A L K

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|------------|-------------|----------|----------|
| DANCING | GOLF | PUMPKIN | TENNIS |
| DOGWALKING | HIKING | SHOPPING | YARDWORK |
| FAMILYWALK | JOGGING | TAICHI | |
| GARDENING | POLEWALKING | | |

To view the new Physical Activity guidelines visit www.csep.ca

HEALTHY AGING *it's your move!*



Health Connection 1-800-361-5653, TTY: 1-866-252-9933
www.york.ca/injuryprevention

Mail or email your answer to the word search by October 24, 2011 for a chance to win a prize.
York Region, Senior Services,
50 High Tech Road, 2nd Floor, Richmond Hill, Ontario, L4B 4N7
Email to: seniorsservices.referrals@york.ca