

**SPORTS: Jumping for fourth Olympic trip**

# Injuries can't derail Cockburn's dream

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Karen Cockburn missed a World Cup trampoline competition earlier in the month in Szeged, Germany due to injuries.

But the 31-year-old Stouffville resident and three-time Canadian Olympic medalist said those physical setbacks won't prevent her from pursuing a fourth summer Olympic appearance in London, England next year.

Cockburn was recovering from a bout of plantar fasciitis and a sore back.

Both injuries, she said, stemmed from overtraining.

"The plantar fasciitis is a chronic thing with me. It's been hard to get rid of and still hurts," she said.

As for her back ailment, Cockburn revealed it came about after taking one month off to heal her plantar fasciitis.

Upon returning to the trampoline during a training session she took a hard fall. It was the result of being inactive and attempting to get her timing back, she said.

Cockburn is well again and training for the next World Cup event in Denmark Oct. 8 and 9.

"It's almost been one thing after another," she said. "But hopefully

things will continue to improve."

After the World Cup meet in Denmark, Cockburn will have little time to rest as she will compete in the 2011 Pan-American Games in Guadalajara, Mexico that begin Oct. 14.

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When the trampoline competition was first introduced to the Pam Ams in Rio de Janeiro, Brazil in 2007, Cockburn won the women's individual gold.

She's hoping for a repeat performance.

"It's a fun event," Cockburn said of the Pan-American Games. "It would be nice to win it again."

More important though, Cockburn said she intends to use the competition as a means of gearing up for the World Championships, which will be held a month later in Birmingham, England.

"I'll be doing a lot of travelling," Cockburn said with a laugh.

## Granite wins national title, hires new golf director

The Canadian Society of Club Managers thought the Granite Golf Club did a lot to bolster the golfing industry in 2011.

When the society handed out its awards, the Stouffville-based private facility was given recognition by earning the Club of the Year award in the mid-size club category.

The award is presented to CSCM affiliated clubs who have exhibited significant innovation, leadership and social responsibility in the club industry.

The criteria included: community involvement, environmental stewardship, hosting an exceptional event, athlete development and contributions to the CSCM.

Walter Cheung, Granite Golf Club general manager and chief operating officer, was elated.

"Although one does not conduct business every day to win awards, it is encouraging when others recognize your pursuit of excellence," he said in a release. "It is affirming for our employees and members to be recognized not only for achieving business success, but for our innovation and involve-

ment in the community, which is in direct correlation to the culture and individual contributions of our Granite Golf Club family."

The CSCM represents more than 300 clubs across Canada.

On a separate note, Granite Golf Club recently named Dan Campbell its director of golf.

Campbell comes to Stouffville with more than 25 years in the business in teaching, merchandising and delivering customer service to members in the golf industry.

The most recent of which was at the St. Thomas Golf and Country Club in Union, Ont. where he served 18 years as head professional.

As the head professional at the club, Campbell helped it host the 2010 Canadian Senior Championship, 2005 Ontario Junior Championship and 1996 Ontario Open.

"I honestly believe Granite Golf Club is among the best private clubs in the country in terms of its facilities and service standards," he said. "The members truly have a passion for the club and the lifestyle it provides."

## Major bantam AEs win OMHA opener

The Stouffville major bantam AE Clippers got their

Ontario Minor Hockey League regular season off to a good start with a 4-2 win over visiting Barrie Wednesday.

Mario Rosano, Justin Pelovich-Pickup, Braydon McNeil and Jason Mistelbacher each scored once for the Clippers.

Mistelbacher collected two assists and McNeil one.

Trevor Beaudoin handled netminding duties.

The Clippers are scheduled to resume league play against Orillia Wednesday at the Clippers Complex at 7:30 p.m.

## Kovac's goal sinks TNT

Matthieu Kovac scored on a breakaway with five minutes remaining in regulation time to propel the Stouffville major atom Clippers to a 5-4 win over TNT Tornados in OMHA action at the Clippers Complex Sunday.

Mike Hary and Spencer Krabi scored twice for coach Mark Watson's team.

Owen Laffey, Billy Starke, Stephen Tulk and Krabi each earned assists for the Clippers.

Winning goaltender Ethan Volpe supplied key saves late in the game to preserve the victory for the Clippers.

For Stouffville minor hockey scores and schedules, go to [wsmha.com](http://wsmha.com)

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# FOCUS on Business

## Edmunds Home Improvements NEW SHOWROOM/PELLA CERTIFIED



EDMUNDS IS PROUD TO ANNOUNCE a number of changes for 2011: Most importantly, a new & improved showroom, at 80 Bullock Dr, Unit 5, in Markham. The new premises provides a larger showroom with ample parking. Secondly, Edmunds is now a 'certified' Pella Contractor, offering their complete line of wood windows, patio doors & entrance doors. Finally, a new line of Thermatru Fibreglass doors, from Ostaco, are on display. For the look of wood with less maintenance & cost. As always, Edmunds Home Improvements carries a complete line of vinyl windows from Vinylbilt & Ostaco, now available with such features as wood interiors, built-in California shutters, and clear view screens.

Also new for 2011, CRC has announced a lifetime (15 years 100% coverage) on all architectural shingles, making this style of shingle an unbeatable value. All of our products are Energy Star Rated. Watch for savings in next week's budget. Combined with eaves, soffit & fascia and siding products; Edmunds is your local one-stop for all of your home exterior needs. Why limit yourself to one manufacturer, or go through the confusion of multiple contractors? Let Edmunds 'Transform Your Home'.

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