

# Root of Stouffville

## 2011

### Hearty Artichoke

Suze Joyce has been supplying the community with nutritional counselling, fair trade clothing and vital supplements and food products since the opening of The Hearty Artichoke in 2003.

Suze is a Registered Nutritional Consulting Practitioner and practises Auricular Medicine among other modalities.

Walking into Suze's store on Main Street, you are welcomed with a huge smile and a warm greeting. Suze works with you to achieve a balanced wellbeing through nutrition and lifestyle changes. This may include her new weight loss program, including the Hollywood Body Wrap, the Oreoscience Slimming Panty and new clothing to "celebrate nirvana for your body and soul".

Using your passion and tenacity there is always a solution to every lifestyle challenge.

**Remember Your Lifestyle... Your Life!**

### A haven for gently used furniture and home décor at Missing Pieces

Maybe it's a shaky economy, a nod to eco-friendliness or the thrill of a great bargain, but gently used, pre-loved furniture and home décor are drawing clients from across York Region to Missing Pieces, this area's first furniture and home décor consignment store.

"Since we opened our doors, we've been attracting attention not just from Stouffville residents, but from Uxbridge, Port Perry, Markham and beyond," says Shelley Maitland, who opened the unique showroom on Ringwood Drive last summer, along with business partner Janice Bannon.

"Our selection ranges from antiques to modern and everything in-between. It's good quality furniture at reasonable prices."

The shop has become a popular haven for those seeking elegant and stylish furniture and home décor, carefully chosen to deliver the best-possible quality and widest selection available.

Clients have come to appreciate the ever-expanding line of reasonably priced merchandise and, because the offerings keep changing, it's like entering a new store each time you visit.

"Our focus is on reducing and recycling and because Janice and I both have a love of decorating, the business really is a labour of love," says Shelley.

Be sure to check out their extensive website at [www.missingpieces.ca](http://www.missingpieces.ca)

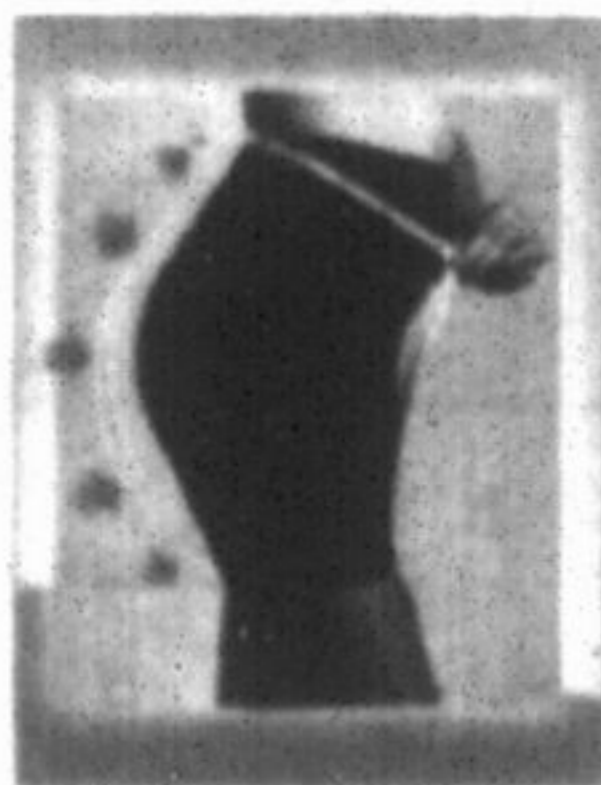
**Missing Pieces - Quality Furniture and Home Décor on Consignment, is located at 61 Ringwood Drive, Unit 6, and Shelley or Janice can be reached by calling 905-640-4800.**

## The Hearty Artichoke

# It's Simple • It's Easy Don't Weight!

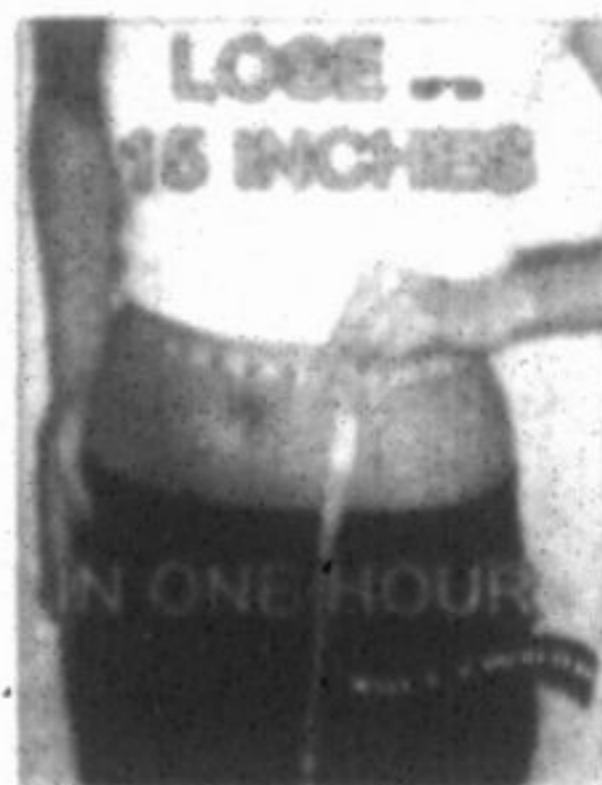
**We've got You Covered Inside Out & Outside In**

#### Slimming Panty



- Active Slimming Ingredients
- With integrated micro-capsules
- Lose 3cm on hips & 2cm on thighs

#### Hollywood Body Wrap



- All Natural - No Sweat
- Contours, cleanses and tones
- Lose up to 15" in an Hour

#### Cleansify



- Take an Ounce a Day
- Internal Body Cleanse
- Increase Energy, Curb Appetite, Lose Weight

**6333 Main St • Stouffville  
905.642.8643**

## Consignment is easy! and fun at...



We have an unusual mix of Classy, Funky, Eclectic + Traditional furniture and home décor items for sale on consignment.

We are here whether you are Buying or Selling!

Come in and browse the latest treasures!

First of a it's kind in York Region

**SUMMER'S  
HOT  
AT MISSING PIECES**

Open Monday to Saturday 10am - 5pm  
Closed Sunday

**905.640.4800**

To find details of the consignment process go to our website: [www.missingpieces.ca](http://www.missingpieces.ca)



We are at  
61 Ringwood Dr.,  
Unit 6  
Stouffville  
(back of the building)  
Lots of parking!

