

FLYERS

Inserts for Thursday, July 14, 2011

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|--------------------|-------------------|
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| MARKET* | ZEHRS* |
| FOODY MART* | IDA-STOUFFVILLE* |
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| BILLA APPLIANCES* | BOUCLAIR* |
| COMBO WRAP* | IKEA* |
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Sun-Tribune
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HOCKEY

Spirit grads, coach hook up at new camp

BY MICHAEL HAYAKAWA
mhayakawa@yrmg.com

There are plenty of hockey camps for youngsters to attend during the summer months.

But Randy Smith will be unveiling one at the Stouffville Clippers Sports Complex next month geared for the serious player.

The Stouffville Spirit Jr. A hockey club's strength coach and owner of Gormley's BodySmith International Sports Performance Training and Sports Medicine Clinic will be running the BSI Elite Hockey Camp.

To run from Aug. 2 to 5, the BSI Elite Hockey Camp is open to players intending to attend Ontario Hockey League, National Collegiate Athletic Association, tier two junior A and minor midget AAA camps.

Running from 9 a.m. to 1 p.m. on each of the four days, Smith describes the camp as "a very intense camp geared to preparing the players for their main camps".

It will include on-ice and off-ice conditioning.

The on-ice segment will be run by Paul McFarland, a member of the 2002-03 Kitchener Rangers Ontario Hockey League club that won the Memorial Cup and a former captain of the Windsor Spitfires.

Assisting McFarland will be a pair of former Stouffville Spirit teammates,

Mike Forgie and Mike Sullivan.

Forgie played his collegiate hockey at Wayne State University and currently plays professionally in Europe.

Sullivan was a former ninth-round pick of the Los Angeles Kings who played his collegiate hockey at Clarkson University and professionally in Germany.

In describing the on-ice conditioning part of their camp, Smith said it will include individual and team situational game play, skill improvement and development and developing the mental aspect of the game on offence and defence.

VERY INTENSE

In running the off-ice conditioning segment of his camp, Smith said participants will undergo agility drills, speed work, aerobic and anaerobic drills, flexibility and core conditioning.

Those interested in enrolling are asked to bring their own lunch and snack. Water and Gatorade will be provided.

Enrollment fees are \$367.25, including tax.

The Stouffville Clippers Sports Complex is at 120 Weldon Rd.

For further information, call 905-888-5000 or e-mail: info@bodysmithinternational.com or fax 905-833-6133.



Stouffville's Mike Sullivan, who played pro hockey in Germany, will instruct at camp for high-end amateurs next month.

Stouffville Churches Welcome You

Vivian Baptist Church

16690 Hwy. 48
Pastor Francis Williams

Sunday Services • 11 am

Vacation Bible School

Son Harvest
July 18 to 22
9:30 am to 12 noon
Grades SK to 8
To register, please call
905-473-3543

springvale

BUILDING FAITH, FAMILY AND COMMUNITY
Stouffville Rd. at Kennedy Rd.
905-887-5651

www.springvale.org

Associate Pastor:	Jay Sandiford
Student Ministries:	Alex Street
	Ben Bartosik
Children's Ministries:	Sharon Russell
Counselling Services:	Karla Kamerman

Sunday, July 17th, 2011

10:00 am
Celebration Service
Guest: Dr. Craig Carter

WELCOME TO ST. JAMES PRESBYTERIAN CHURCH

6432 Main St., Stouffville
Phone: 905.640.3151
Wheelchair accessible

SUNDAY, JULY 17
Service of Worship
Guest Pastor:
Rev. Clive Simpson
Special Music:
Beth Spencer Family
10:00 am

FRIDAY, JULY 15
Final Morning
Vacation Bible Camp
Parents Invited
A friendly family church

✠ Still welcoming after 150 years ✠

Stouffville Pentecostal Church

6853 Main St., Stouffville
905.640.5696

Sunday July 17 – 10 am
Pastor Jeff Laird

Friday - Sr. High
Grades 9-12 @ 7:00pm

Looking Ahead – 'Family Camp'
August 15 - 19, 2011
Ages 4 - Grade 8
(Separate program for Grades 7 & 8)

5:30-8:30pm – includes dinner

Register Online!

www.spcfamly.ca

Everyone Welcome!

BLOOMINGTON GOSPEL CHURCH

13660 Ninth Line N.
(905) 642-4414
Rev. Peter Pallant

Sunday, July 17, 2011

10:30am
Church Service

Everyone Welcome!

Stouffville United Church

Rev. Nancy Waterman
34 Church St. N. 905-640-1163
info@stouffvilleuc.ca

Sunday
July 17th

Worship Service

Outside if weather permits.

Bring your lawn chair.

✠ www.stouffvilleuc.ca ✠

LIVING WATER FAITH FELLOWSHIP

bringing the good news by being the good news

Living Water Faith Fellowship - a charismatic, evangelical church - is coming to your neighbourhood! We invite you to come and meet us. Everyone is welcome!

Until our facility is ready, our Sunday morning services will go through at:

VANDORP COMMUNITY CENTRE

14483 Woodbine Ave, VANDORP (1.7km South of Aurora Rd. on Woodbine)

Starting July 3, 2011. Every Sunday morning at 10:30am, including Sunday School for children 5-12 years and Toddlers & Twos. Sunday evenings at 6:30pm.

For more information, including our Statement of Faith, visit www.lwff.net or contact Pastors Johan and Gerda du Toit at (905) 715 9426.

To advertise please call 905-640-2612