

Hometown family FUN at the Strawberry Festival

JUNE 30TH - JULY 3RD



Friendly faces, welcoming spaces great food and fun for everyone!

Thursday June 30th

Join us in the evening for the Opening Ceremonies. Bring home amazing local produce from the Farmers' Market, savour Lion's Beef BBQ home-style favourites and meet up with friends in the park.

Happy Birthday, Canada!

Celebrate with family and friends. Enjoy the People's Parade. Look for treasures at Vendors in the Park, make a play date at Kids Zone, relax at Red Berry Café and take in the fun-filled carnival and live music.

Strawberry Saturday

Experience the hometown flavour. Shop the Main Street Market with over 150 local artisans, craft and food vendors. Free pony rides, exciting contests, food and fun throughout the day.

Homegrown entertainment under the Marquee Tent

Giggles Comedy Night

Thursday, June 30th - 8pm
Tickets \$20

Blackboard Blues Band

Friday, July 1st - 7:30pm

Grant Fullerton

Saturday, July 2nd - 8pm
Tickets \$10 at the door

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For a complete event listing visit www.strawberryfestival.ca

Only gold missing from Cockburn's medal count

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women's individual event at an Elite Canada competition in Quebec City in March.

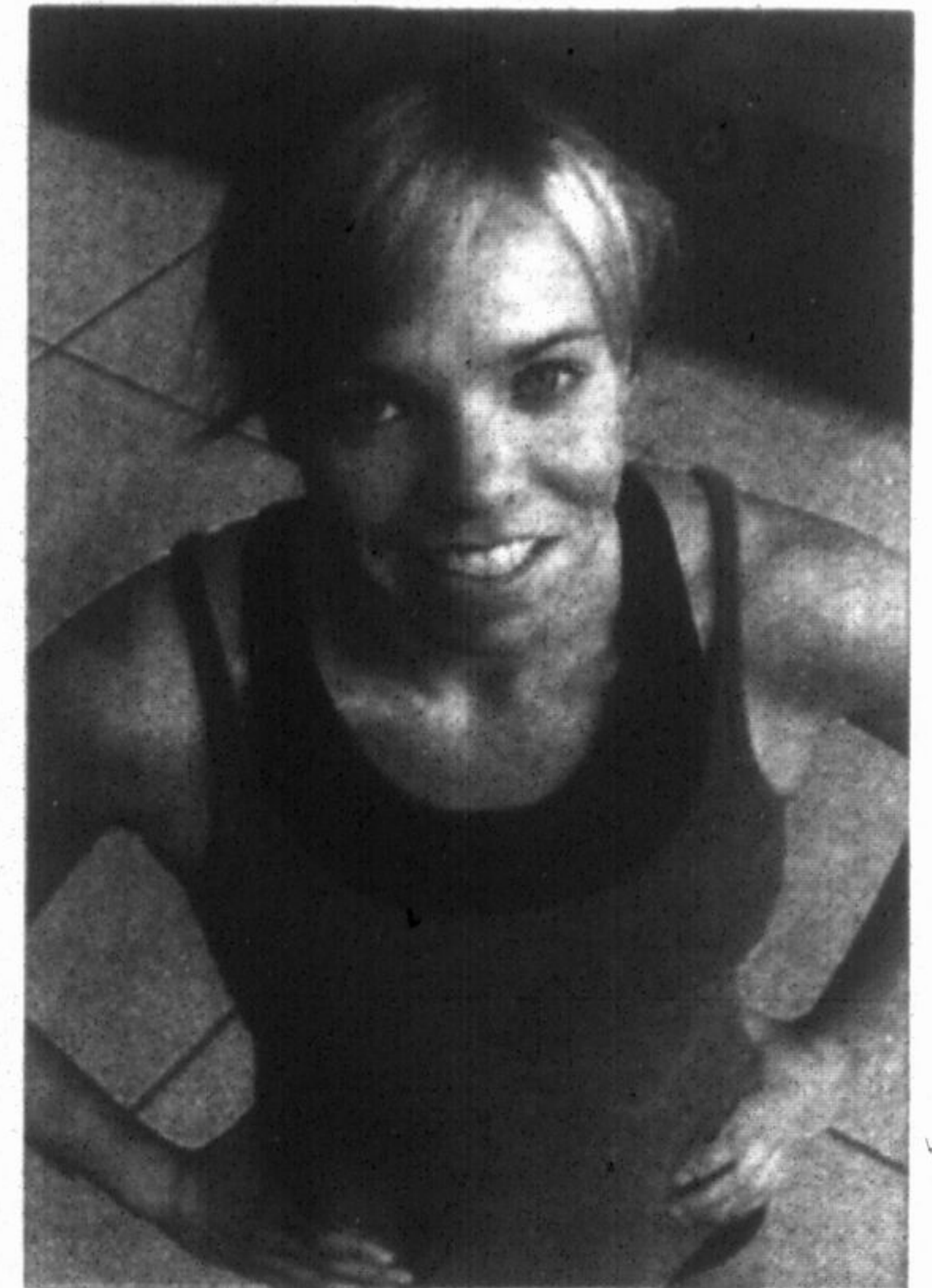
Diligently training with the Skyriders Trampoline Club in Richmond Hill, which she's done since first taking up the sport at the age of 11, Ms Cockburn's next step is preparing for the world championships and Olympic trials in Great Britain in November.

The top 16 participants will qualify for the Olympics.

"I have a one-shot chance," she said. "A lot will be riding on that meet, but that's the way it's always been."

Revealing that her training has gone well and feeling fine physically, Ms Cockburn feels her chances of qualifying for a fourth Olympics are good.

While trying to capture an Olympic gold medal, something that has eluded Ms Cockburn, would be a great send-off to a storied career, she's not taking anything for granted.



SUN-TRIBUNE FILE PHOTO

Stouffville's Karen Cockburn hopes to qualify in November for next year's London Games.

Helping to possibly tip the scales in her favour is a recent ruling that added another scoring factor. Known as flight time measurement, it will be taken into consideration by the judges, along with the standard level of difficulty of manoeuvres and forms.

"Because I can jump high, flight time measurement is a strong point for me," Ms Cockburn said.

In tuning up for the world championships, Ms Cockburn took part in the recent Canadian championships in Charlottetown, P.E.I., but skipped the final to attend a wedding in which she was maid of honour.

Later this month, she intends to go to China to compete in a World Cup competition and then return to Canada in July to compete in a Canada Cup competition in Airdrie, Alta.

During August and September, Ms Cockburn plans to go to Europe for a couple of World Cup events. Another possible event is the Pan-American championships in October in Guadalajara, Mexico.

While trying to capture an Olympic gold medal, something that has eluded Ms Cockburn, would be a great send-off to a storied career, she's not taking anything for granted.

"To be a four-time Olympian would be a huge success and to win the gold is a goal of mine," she said. "But I'm not trying to get ahead of myself. I have to try and qualify for London first."

"It's a huge qualification process. Just because you're a former Olympian doesn't mean you'll be back on the team automatically."

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