

Bike built for 30 making return trek

Who is up for a bike ride?

The Heart and Stroke Foundation is bringing its annual Big Bike event to Stouffville next Thursday.

A giant, red, 30-seater bike will be at Boston Pizza from 4 to 8 p.m. Nine teams are ready to ride this year, tripling the number from 2006.

Stouffville has been part of the Big Bike tour for 19 years and raised more than \$15,000 last year to benefit the Heart and Stroke Foundation.

"Boston Pizza has done a great job," said the foundation's area co-ordinator, Jessica Williams, who has worked four of the rides in Stouffville. "It's really nice to see the community come together."

This year, the Stouffville Steppers will be performing at the event. The jump rope team

has members aged eight to 16.

There are seven bikes throughout Ontario. The Heart and Stroke event hopes to raise \$7 million this year.

Anyone can form a team. To sponsor, register, fundraise or for more information on the contest all participants are entered in, visit www.bigbikecontest.ca.

Grand prize winners from each province will receive CPR training for each team member and an automated external defibrillator.

The machines, which can monitor heart rhythms and advise an operator to deliver life-saving electric shock to the heart, will be placed in a public space in the community.

For more information call the Heart and Stroke Foundation of Ontario at 905-853-6355.

- Stephanie West

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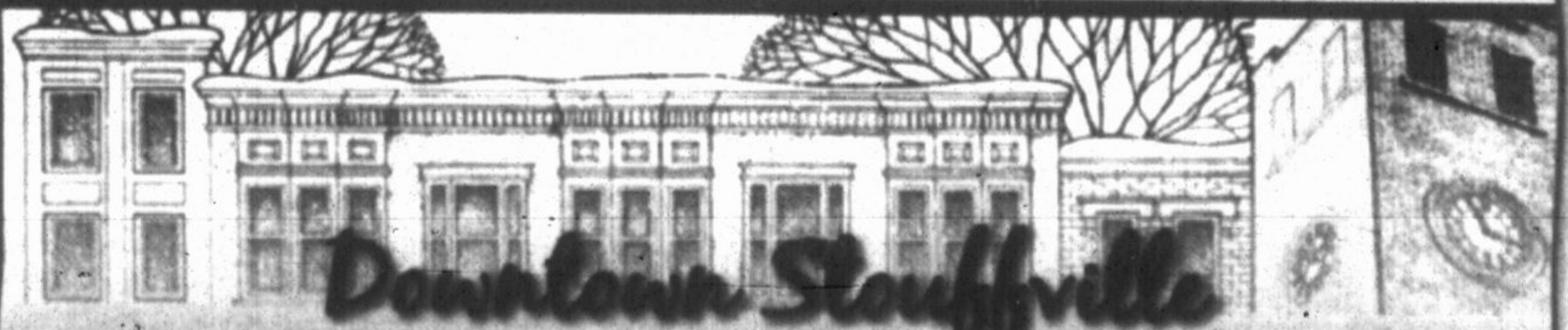


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