From page 1.

\$100,000 or more in a calendar year. It was put in place by former Progressive Conservative premier Mike Harris in the mid-1990s.

It was created to provide transparency, accountability and control spending. But it has not worked, according to Mr. Pourvahidi.

What it has done, according to Mr. Pourvahidi, is create unhealthy work environments and competition as employees can easily compare their wages to those in the same position in other organizations.

Mr. Pourvahidi, who is a member of this six-figure club, also noted the list has become a useless measure.

"Back in time, \$100,000 seemed to be a milestone. It doesn't mean anything anymore. In the government sector, it was a line not many had crossed. ... This line is being crossed over dramatically" and regularly. he said.

If inflation were factored in, the original 1995 threshold would be the equivalent of \$134,000 today and the list would be 73-per-cent

smaller, Ontario finance officials told the Toronto Star.

Whitchurch-Stouffville's top earner for 2010 was the CAO, Dave Cash, who earned \$171,367.

He was also the highest paid in 2009 with \$169,974.

"High-ranked managers are hard to come by," Mr. Pourvahidi said. "You get what you pay for."

MAYOR, COUNCIL

"We do have very good services in the community and these people have a lot to do with that," said Acting Mayor and Councillor Richard Bartley. "They're not the highest paid in the scheme of things."

The mayor and councillors, who are the face of the municipality and who ultimately make the million-dollar decisions, made \$40,921 and \$26,922 respectively last year. All of these positions are part time.

"This isn't going to be a part-time job in the very near future. Then I can see some parity," Mr. Bartley said. "The public would like to see us do this for free."

> with files from Torstar News Service

\$100,000 CLUB

Town of Whitchurch-Stouffville employees who earned more than \$100,000 during 2010:

- David Cash, CAO \$171,367
- · Thomas Parry, director of engineering and capital projects
- \$133,534
- · Michele Kennedy, town clerk -\$123,203
- Marc Pourvahidi, director of finance, treasurer - \$123,203
- Paul Whitehouse, director of public works - \$123,203
- Daniel Bell, firefighter \$121,171
- Andrew McNeely, director of planning and building services \$116,779
- Thomas, Brillinger, firefighter \$116,408
- Mark Busse, firefighter \$115,959
- · Trevor Wawryk, firefighter -
- Carolyn Nordheimer James, Whitchurch-Stouffville Public Library CEO - \$114,986
- Robert Raycroft, director of leisure services - \$114,708
- John Winters, firefighter \$114,083
- Robert McKenzie, fire chief -\$112,829
- Laura Cliff, firefighter \$111,917
- Robert Sumak, deputy fire chief \$109,171
- · Gary Sumner, manager of human resource services - \$104,516
- Denis Chartrand, manager of operations - \$103,692
- Peter Alcorn, transportation supervisor - \$101,214

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Jeweller Scott Silver

What determines a diamond's value?



When it comes to determining a diamond's quality and value, there is a universally accepted standard known as the four C's.

CUT: The cut of a diamond determines its ultimate beauty. A diamond cut to correct proportions will give off an unrivalled radiance. Cut a diamond too shallow or too deep, and the light will escape through the bottom or the sides.

COLOUR: As a general rule, the less colour a diamond has, the brighter the appearance. Truly colourless gems are extremely rare CLARITY: Refers to the number of imperfections in the diamond, known as inclusions. Most diamonds have inclusions; the fewer the inclusions the more rare and valuable the stone

CARAT WEIGHT: Diamonds are sold by weight in carats. The heavier the diamond, the more valuable it is. But bigger doesn't necessarily mean better. Quality is found in diamonds of all sizes.

EVANGELOS 5892 Main St., Stouffville

JEWELLERY (Deside Glant Tiger) 905.642.8028

Stouffville Taekwondo Karate Inc.

Dominique Bosshart Are martial arts appropriate children?

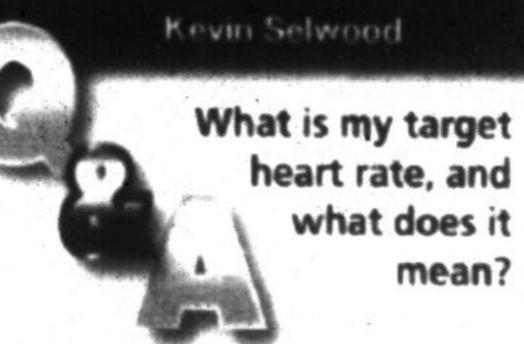


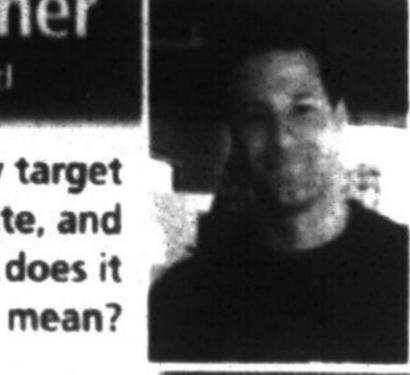
As a former Olympian and now Taekwondo teacher, I believe that when properly taught, martial arts is an activity appropriate for people of all ages ranging from young children to older adults. The body is meant to be exercised, and Martial Arts are an ideal method, it builds confidence and self control. It teaches respect for yourself and others. Taekwondo changed my life by really helping me to "come out of my shell". When I started it was really the physical part that drew me, but now we focus a lot on using martial arts as a conduit for character development. Our STK classes feature 45 minutes of safe martial arts practice each day, in a fun filled learning environment that we balance with an after school program that includes homework time, art and Hip Hop dance.



Dominique Bosshart is an Olympic Medalist and Black Belt Instructor at STK. www.s-t-k.ca 905.591.4STK

Personal Trainer





A person's target heart rate is the range which your body works most efficiently to burn calories, specifically fat cells. Your target heart rate is 65-85% of your maximum heart rate. To accurately determine this, subtract your age from 220. So, for example, a 20 year old's maximum heart rate is 200. That person's target heart rate is 65-85% of 200. Once you achieve your target heart rate, your body releases adrenaline, causing your fat cells to release fat into the bloodstream. When the fat passes an exercising muscle, the muscle picks it up and burns it as a source of energy. As the body withdraws fat from the cells, they begin to shrink, eventually making you appear slimmer, and lowering your body fat %.



5892 Main St., Stouffville 905.642.6300

snapfitness.com/stouffville