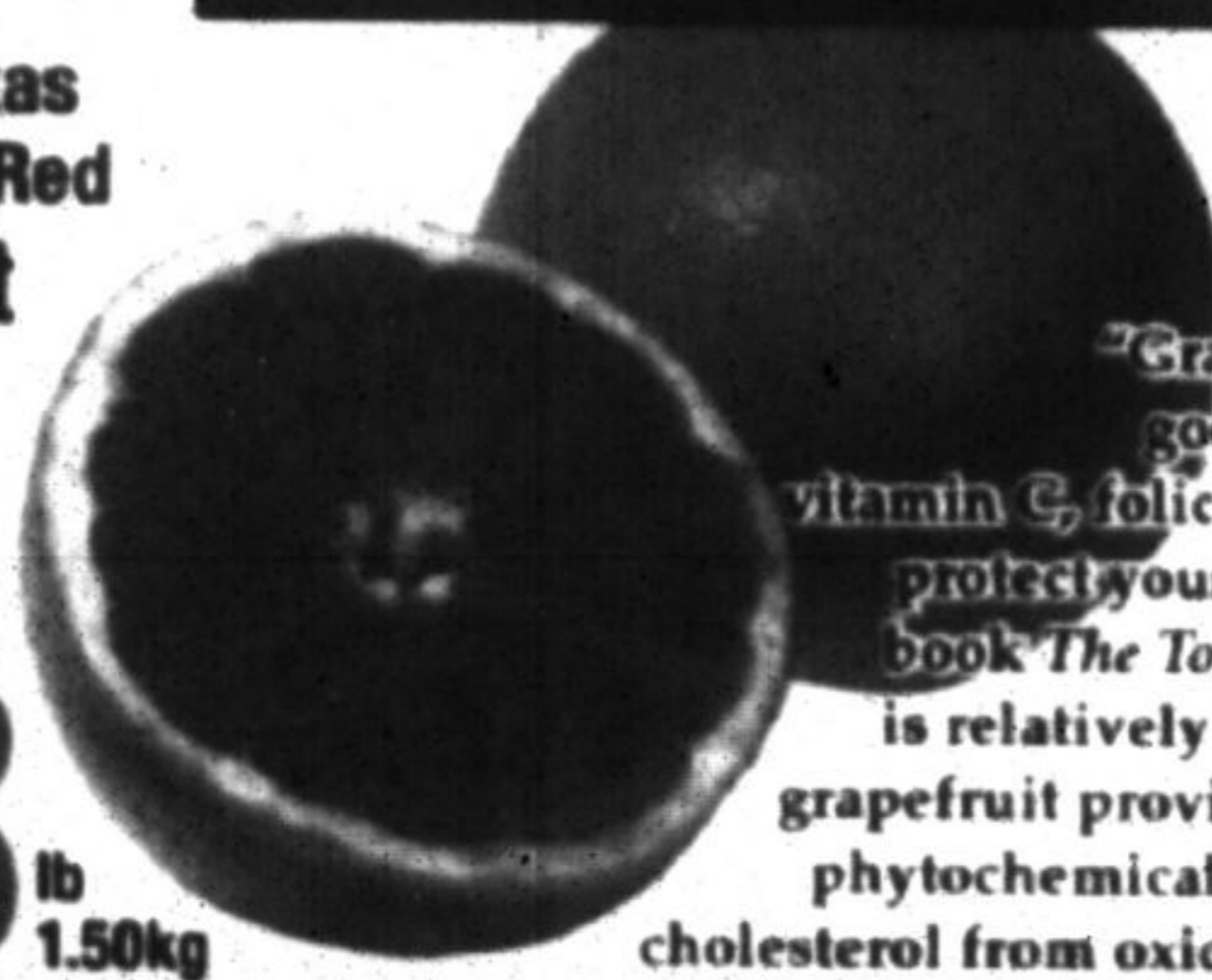


**JOSEPH'S PICK OF THE WEEK**

Florida or Texas Sweet, Ruby Red Grapefruit

**.68** lb 1.50kg



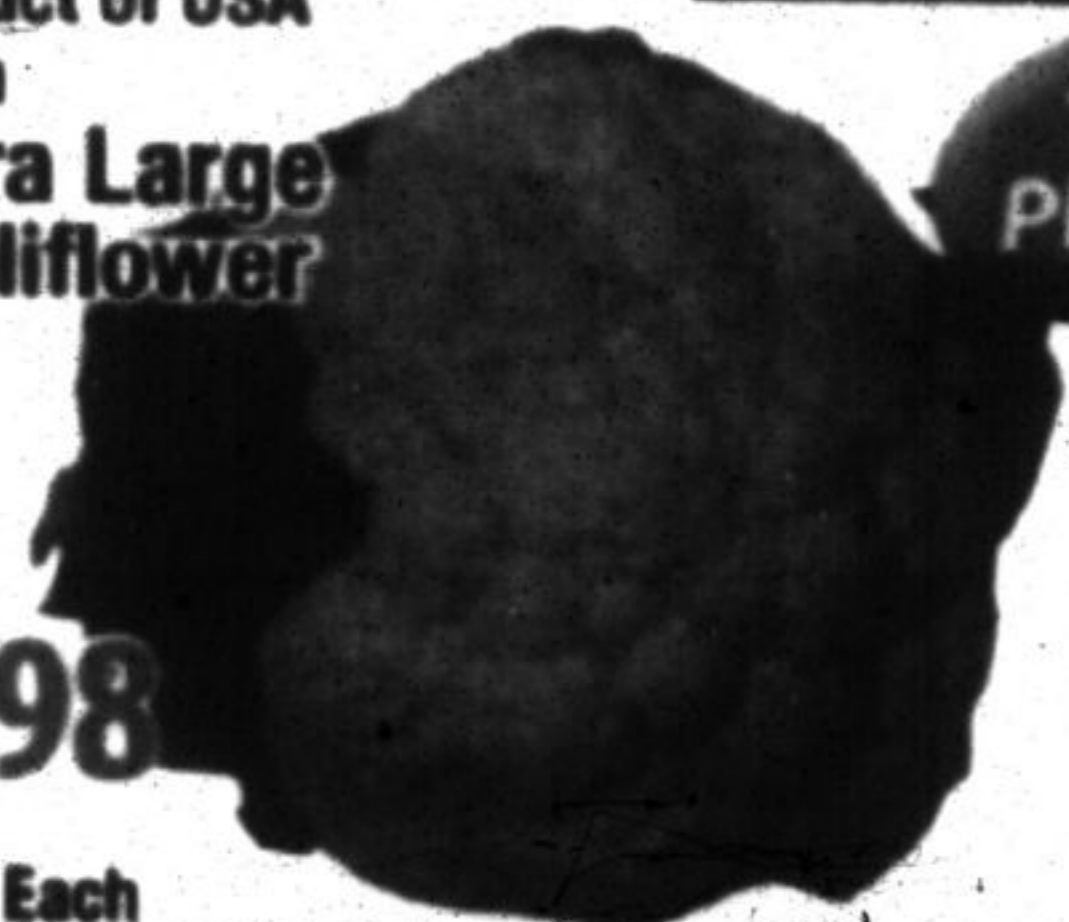
**SAVE 30¢/LB**

"Grapefruit packs in lots of nutritional goodies, supplying a heaping dose of vitamin C, folic acid, and potassium - all of which protect your heart," says Dr. Barry Sears in his book *The Top 100 Zone Foods*. "Pink grapefruit is relatively rich in anti-oxidants, and ruby red grapefruit provides an added bonus: lycopene, the phytochemical that helps prevent the 'bad' (LDL) cholesterol from oxidizing and damaging artery walls."

**QUALITY FRESH PRODUCE**

Product of USA Fresh Extra Large Cauliflower

**1.98** Each



**1/2 PRICE**

Product of USA/Mex. Fresh, Sweet Red Bell Peppers

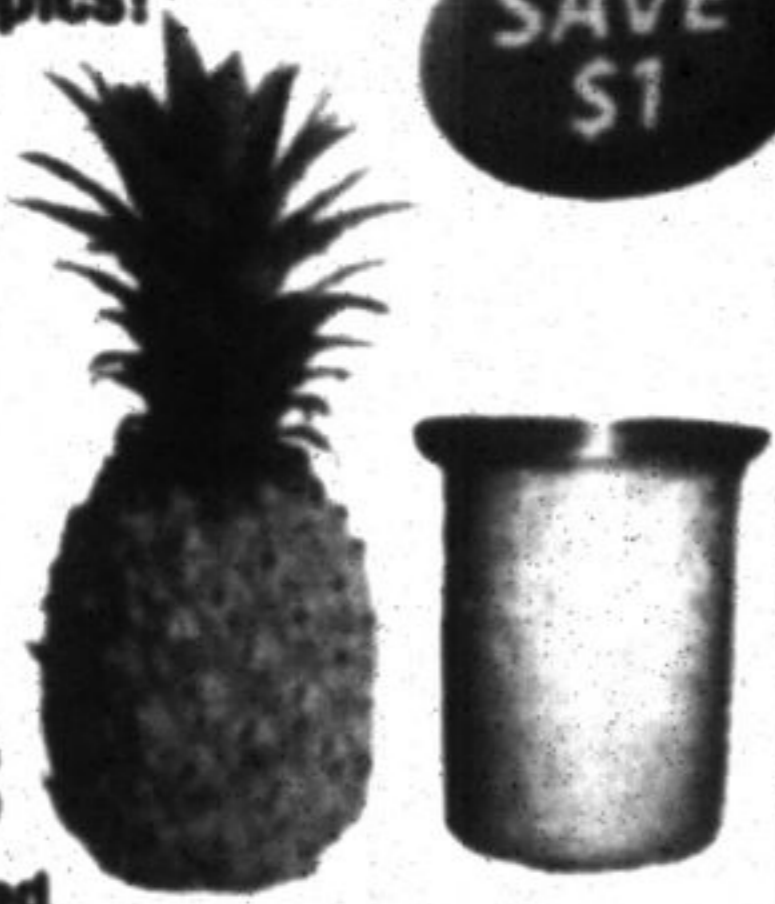
**1.98** lb 4.37kg



**1/2 PRICE**

"Fresh from the Tropics!" Sweet Golden Ripe, Premium Delmonte Pineapples

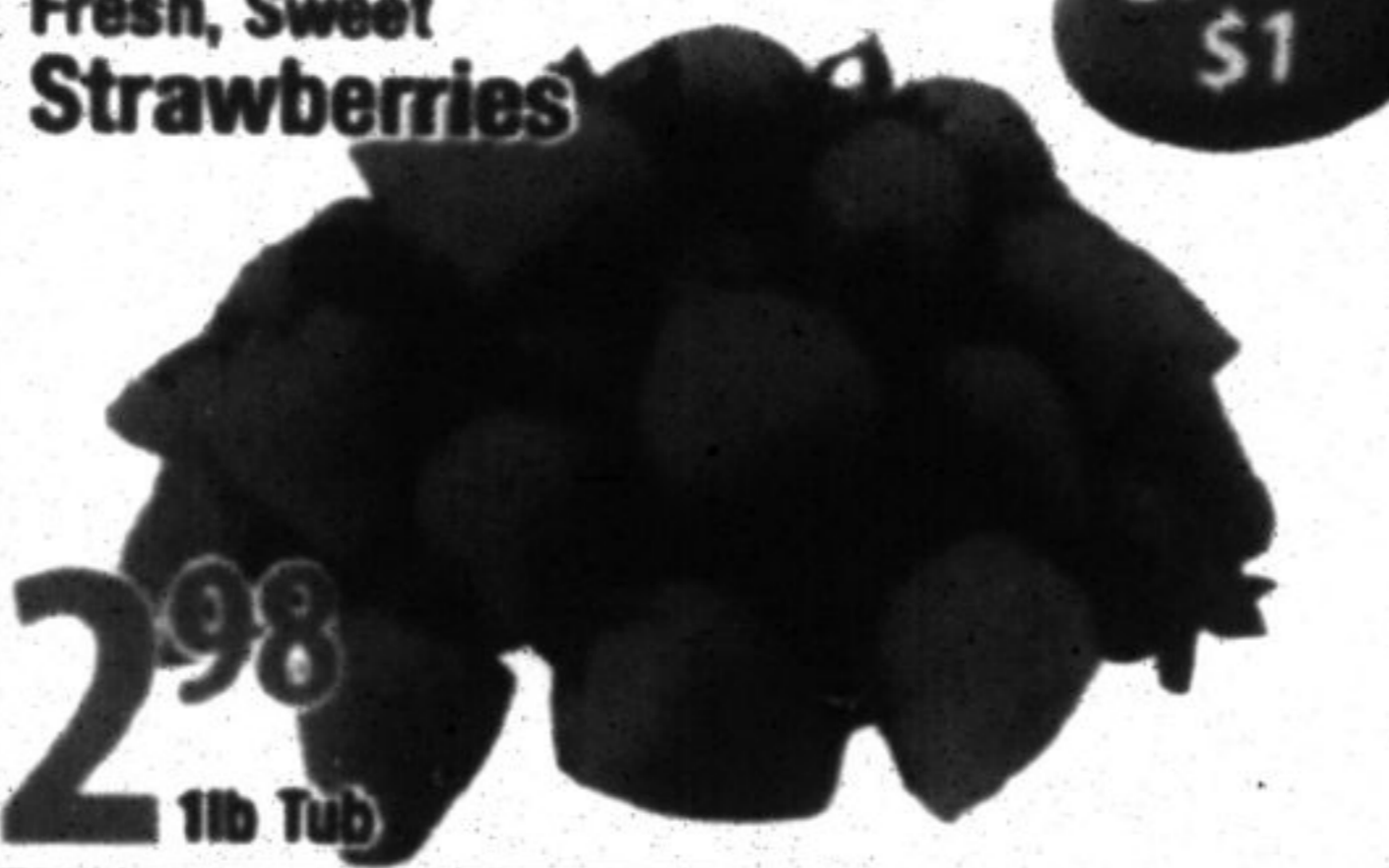
**2.98** Each **3.98** Cored



**SAVE \$1**

Product of USA Fresh, Sweet Strawberries

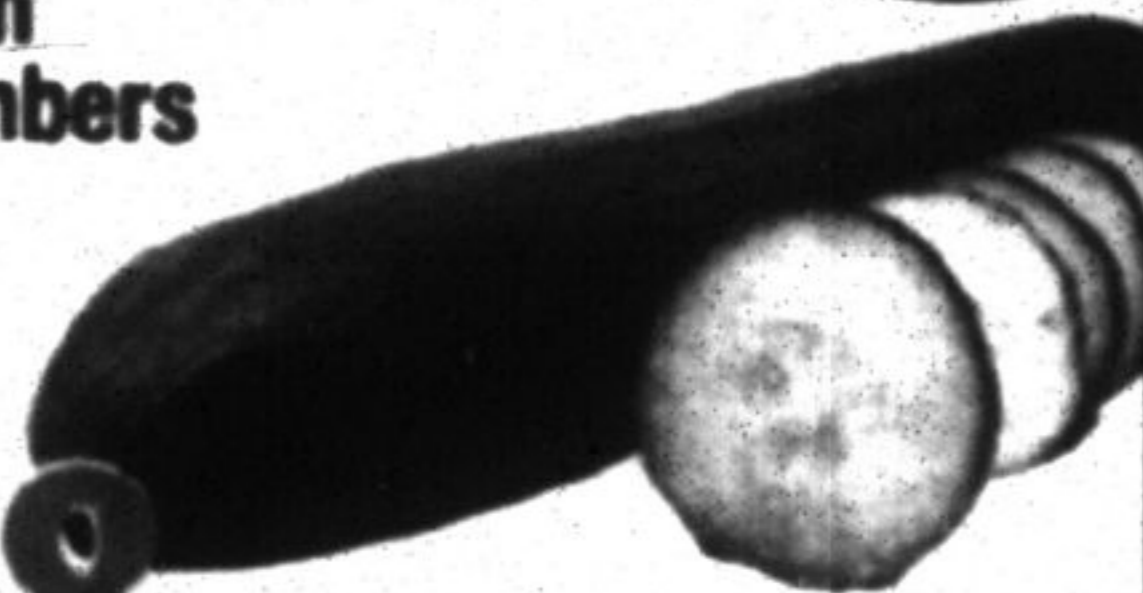
**2.98** 1lb Tub



**SAVE \$1**

Product of Canada/Mex. Fresh English Cucumbers

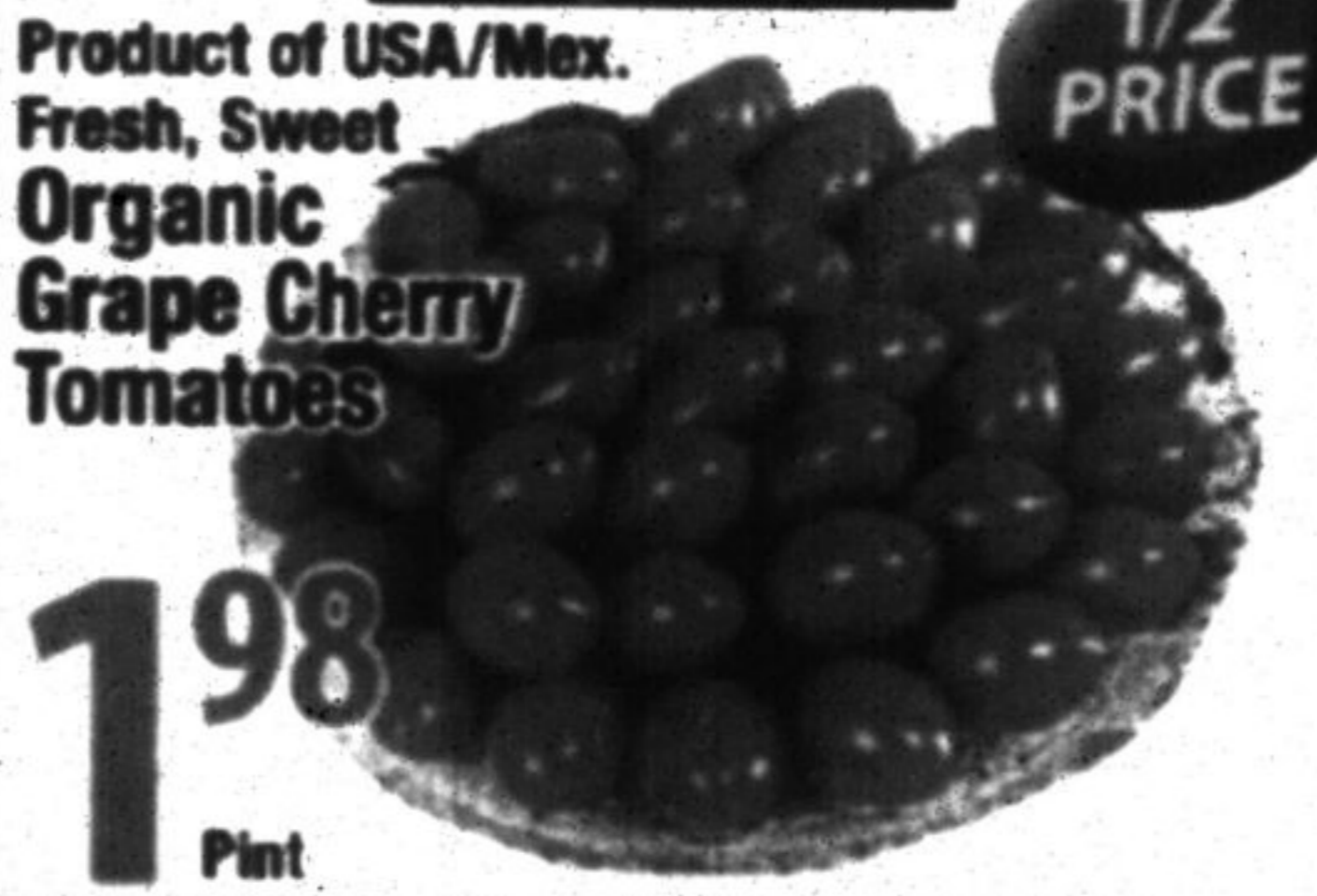
**.98** Each



**SAVE 70¢**

Product of USA/Mex. Fresh, Sweet Organic Grape Cherry Tomatoes

**1.98** Pint



**1/2 PRICE**

Product of USA/Mex. Fresh Extra Large Roma Tomatoes

**.98** lb 2.16kg



**SAVE 50¢/LB**

Product of USA Extra Large Organic Broccoli

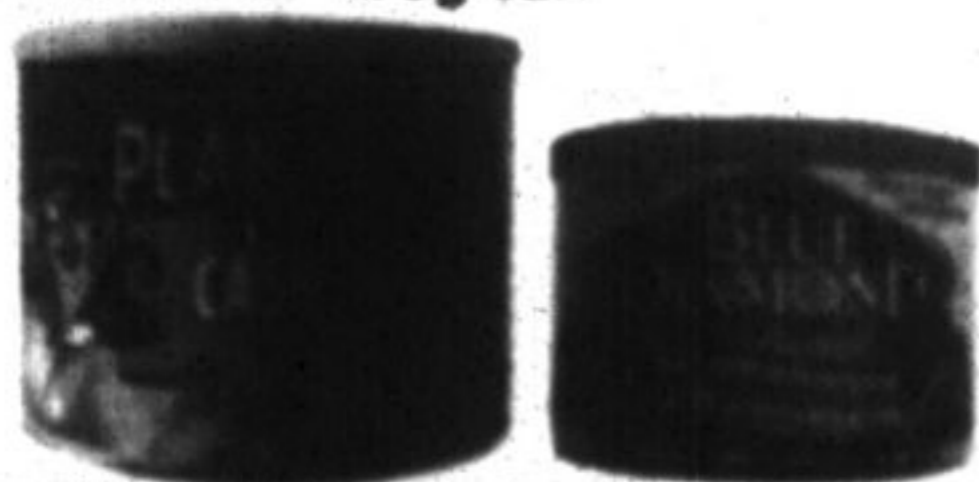
**1.98** Bunch



**1/2 PRICE**

**BULK FOOD**  
Planters Salted Cashews 275g can or Blue Diamond Smokehouse, Salted or Bold Roasted Almonds 170g can

**3.98** Each



**SAVE \$1**

**FLOWERS**  
Ontario Greenhouse Grown Colourful & Elegant Potted Cyclamen Plants

**4.98** 6" Pot



**SAVE \$3**



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**The GARDEN BASKET FOOD MARKET**

Putting Quality & Freshness Into Your Shopping

PRICES IN EFFECT THURSDAY, FEBRUARY 3<sup>RD</sup> U

Fresh, Extra Lean Ground Turkey or Extra Lean Ground Beef

**2.77** lb 6.11kg



**SAVE UP TO \$1.75/LB**

Great for Superbowl Chili!

Fresh, Ontario Family Pack Boneless Chicken Breasts

**3.33** lb 7.34kg



**LESS THAN 1/2 PRICE!**

(Limit 4 Pkgs)

Family Pack Pork Back Ribs

**4.48** lb 9.83kg



**SAVE \$2.50/LB**

Naturally Raised Striploin Grilling Steaks

**100% BEEF**  
the way it was meant to be!  
• Antibiotic Free  
• Hormone Free  
• Vegetable Grain Fed  
• Raised in Ontario

Janes Chicken Strips & Nuggets

**7.88** 870-880g Box

**THE BUTCHER SHOP**

**SAVE \$7.24/LB**  
**10.88** lb

**SAVE \$4.10**  
**JANES**

**THE DELICATESSEN**

Imported from France French Brie Cheese

**1.98** /100g



Fontaine Sante Hummus Dips

**1.98** 250-260g



**SAVE \$1.70**

**GOURMET**

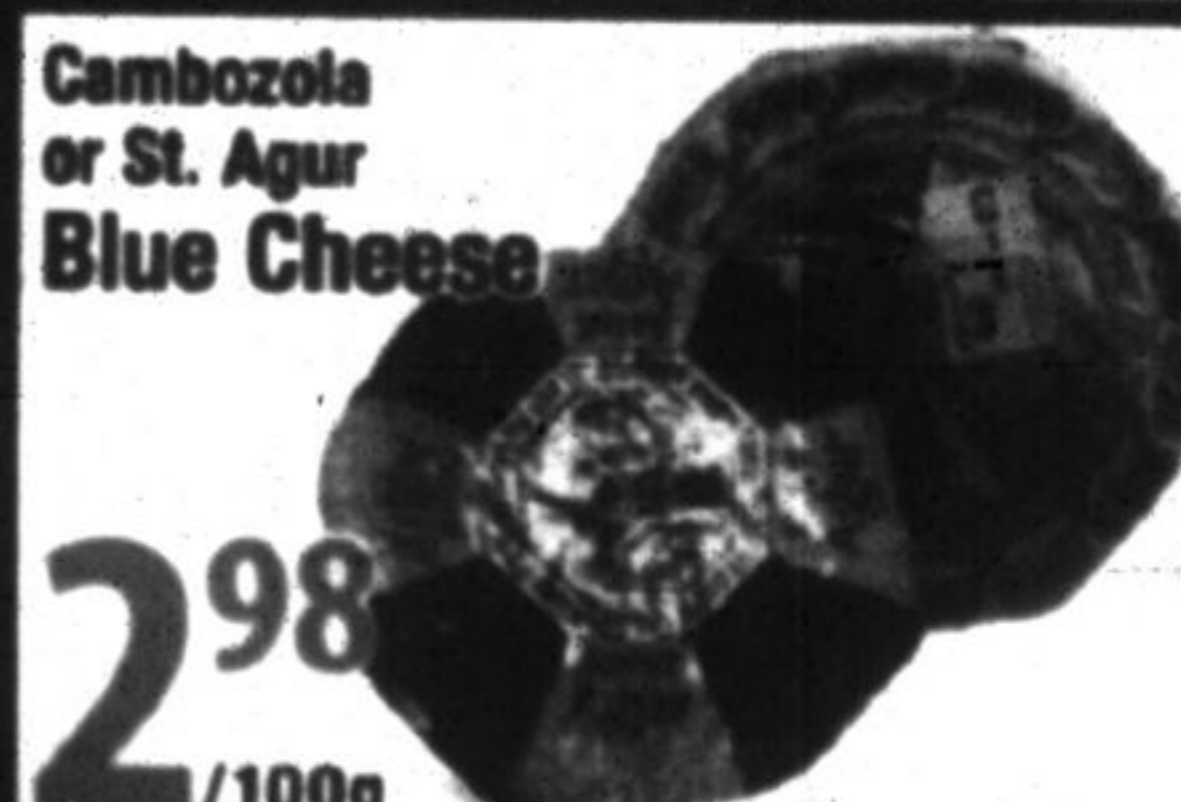
Boretta Ranch Oven Roasted Chicken Thighs

**9.88** 8 Pack



Cambozola or St. Agur Blue Cheese

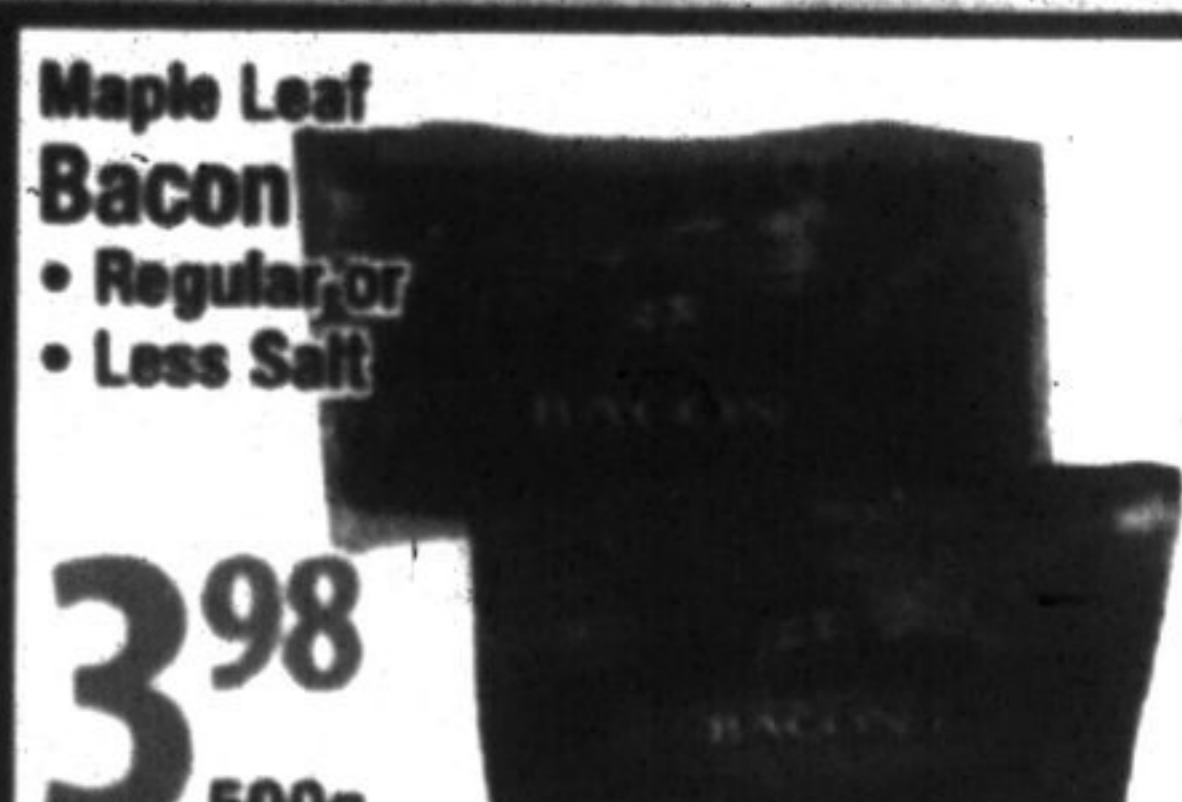
**2.98** /100g



Maple Leaf Bacon

• Regular or • Less Salt

**3.98** 500g



Fontaine Sante, Premium All Natural Salads

**2.98** 350g



Regular Hours: Mon - Wed 8 a.m. - 9 p.m., Thurs - Fri 8 a.m. - 9:30 p.m., Sat 7 a.m. - 8 p.m., Sun 8 a.m. - 7 p.m.

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We reserve the right to correct any errors • Specials only at...