Terrace On Rouge Creek is a luxury low-rise building with 104 suites set for the west end.

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**HOUSING:** Eighty per cent of units sold

## Ground breaking for town's first condos

BY SANDRA BOLAN sbolan@yrmg.com

Stouffville's first condominiums will be ready for occupancy sometime near the end of next year or early in 2012.

Terrace On Rouge Creek, located just north of Main Street on Baker Hill Boulevard in west-end Stouffville, is a luxury low-rise building with 104 suites for sale.

The five-storey building, which will back onto the Rouge Creek Conservation area, will be equipped with a fitness centre, which has male and female steam rooms, washrooms and showers, a party room, guest suite, lounge, 24-hour concierge and an underground spray-off bay for vehicles.

Each floor opens up to a fully furnished lounge/meeting area that has a wet bar, washroom and Internet access.

More than 80 per cent of the units are already sold, according to Ruth Klem, a sales representative for Royal LePage, which is handling the project.

"I'm sure once construction starts, we'll sell out quickly," she said.

The ground-breaking ceremony takes place Tuesday.

With remaining units ranging in price from \$373,000 to \$459,000, the project is aimed at empty nesters.

"The price range isn't conducive to firsttime home buyers," Ms Klem said.

With remaining units ranging in price from \$373,000 to \$459,000, the condo is aimed at empty nesters.

The lower-priced unit gets a buyer 1,178 square feet with two bedrooms and two bathrooms, a den, living room, dining room and kitchen, a covered balcony, one parking space and a locker.

The higher-priced suite is 1,540 square feet in size with all the same rooms and amenities as the lower-priced model.

For more information, go to www.belcomo.com or call 905-640-7376.

## Physical Activity

- Daily activity can give you the balance, strength and flexibility you need to stay healthy.
- Physical activity can help you sleep, have more energy and cope with stress.
- Choose activities you enjoy such as walking, gardening, dancing, swimming and exercising. Ask a friend to join you.
- Start slowly. Add 10 minutes of activity at a time, until you can do 30 minutes on most days.
- Consult your doctor before starting any exercise program.



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Your Child's Mental Health

Overcoming the Stigma

Featuring Gayle Grass Author of the book series

Presented by



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Iris the Dragon Join us as Gayle shares her personal experience as a mother of a child with mental illness and how this inspired her to help others.

A discussion with professionals from Markham Stouffville Hospital's Child and Adolescent Mental Health Team will follow Gayle's presentation.

Tuesday, October 5, 2010

7 p.m. – 9 p.m.

Markham Stouffville Hospital Auditorium 381 Church Street, Markham ON (Parking will be validated)

To reserve your seat, please contact Norma at 905.472.7373 x.6197 or njames@msh.on.ca