

# HealthWATCH

My Health. My Way.®



Paul Kuras and his pharmacy team welcome you and your family to their new store. We are dedicated to helping advance your health and wellness and are committed to meeting your health care needs.

Visit us today to learn more about the many HealthWATCH® services we offer and how we can help advance your health care through:

- Health knowledge and advice
- One-on-one private counselling
- Health and wellness seminars
- Tools and services to help you live well

## Health & Wellness Seminars

Join your Shoppers Drug Mart Pharmacist for an informative seminar

### ARTHRITIS SEMINAR

June 23rd -  
2:00pm to 3:00pm

### OSTEOPOROSIS SEMINAR

July 7th -  
2:00pm to 3:00pm

### SENIORS & MEDICATIONS SEMINAR

July 21st -  
2:00pm to 3:00pm

### CHOLESTEROL SEMINAR

August 11th -  
2:00pm to 3:00pm

**NOW OPEN**  
**MAIN & 10<sup>TH</sup> LINE**

12277 10<sup>th</sup> Line, Stouffville  
905-640-5888

Open to 10pm, 7 days a week

**SHOPPERS DRUG MART** 

# Food, fireworks, fun on schedule

From page 1.

sports person of the year, Don Easter. They will be followed by the Blackboard Blues Band and the serving up of Canada Day cake.

At dusk, fireworks cap off the evening.

The celebration continues tomorrow with Eco Friendly Friday.

Park Drive will be bustling with vendors and the Downtown Stouffville Farmers' Market.

There will be a euchre tournament from 1 to 4 p.m. at the Silver Jubilee Club and entries into Gladys Clarkson's pie, jam, bread and bakery contests can be dropped off at Latham Hall between 5 and 7 p.m.

Enviro Girl, Earth Rangers and Miss Day-Zee will take over the marquee at ball diamond No. 1, while an inflatable playground and bubble blowing centre will be set up on the ball diamond.

The evening's entertainment includes Giggles Comedy Night, which will take place at the marquee. Tickets are \$15 each.

The celebration continues for a third day on Strawberry Saturday and gets underway with the Ballantrae Lions' pancake breakfast from 7 to 11 a.m. at the Memorial Park Pavilion. Main Street will be filled with crafters and artisans from 9 a.m. to 5 p.m. The street will be closed between Stouffer Street and Ninth Line from 7 a.m. to 6 p.m.

You can park at the Lebovic Leisure Centre/public library.

Free pony rides, a bouncy balls corral and petting zoo will take over Sangster's Grove, while demonstrations by the Stouffville Steppers Performance Jump Rope team and

Stouffville Taekwondo take place in the park marquee.

Saturday night's entertainment in the marquee will be provided by Grant Fullerton and Jamnation. Tickets are \$5 at the gate. The show starts at 8 p.m.

On Sunday, the ecumenical church service takes place from 10:30 a.m. to noon in the marquee, followed by a strawberry social and free strawberry shortcake, as well as the carnival and games on Park Drive.

*For those who like contests, there are ones for dogs, freckles, bikes, babies and bubble gum blowing as well as the finals for the Happy to be Canadian smile contest.*

From Thursday to Saturday, the Lebovic Centre for Arts and Entertainment - Nineteen on the Park will be showing free movies and the outdoor pool will be open from 1 to 4 p.m. for free swims.

For those who like contests, there are ones for dogs, freckles, bikes, babies and bubble gum blowing as well as the finals for the Happy to be Canadian smile contest.

"It's a great combination of the different facets of the town, whether it be Nineteen on the Park, leisure services or Strawberry Festival itself, creating one of the best events for the town," Ms Toomey said.

For more information, go to [www.strawberryfestival.ca](http://www.strawberryfestival.ca)

## Who installs your windows is just as important as who makes them.



That's why Casa Bella developed an "Installation Guide", outlining what you should be looking for when deciding on a window and door company. And your **FREE** copy is available on our website [casabellawindows.ca](http://casabellawindows.ca).

At Casa Bella we only use our own factory trained installers. We do not subcontract installations! As part of the Alpa Lumber Group, we have over 60 years of experience in the renovation market. Casa Bella designs, extrudes, manufactures and installs all our window & door products so you'll be assured of dealing only with us, throughout your project.

### Casa Bella is Highly Recommended...

“After a lot of searching, we found the best! Excellent installers who really know what to do. They did a great job, with no mess during the install and they disposed of my old door and windows. I would really recommend that you look in their showroom on Airport Road just south of Steeles.”

Kevin - Toronto



**Casa Bella**<sup>TM</sup>  
Windows & Doors



7630 Airport Rd., Mississauga, ON L4T 4G6 • Toll Free: 1-800-407-9917

Go to [casabellawindows.ca](http://casabellawindows.ca) and get all the facts on getting the best installation for your new windows and doors.