WALMART **CORRECTION NOTICE**

Firestone FR710 All-Season Tires: advertised in our current flyer (ending June 10th) P215/55R17 should be \$129 P225/55R17 should be \$144.

We apologize for any inconvenience this may have caused.

FREE INFORMATION TENANT

Housing

This message brought to you as a community service of The Stouffville Sun Tribune

PROTECTION ACT CALL 713-2696

Help Centre

CROHN'S DISEASE

(Advertisement)

If you suffer from IRRITABLE BOWEL SYNDROME, CROHN'S DISEASE OR ULCERATIVE COLITIS then attending this free symposium may be the most important thing you do this year. You will discover the true cause of these conditions and natural solutions and options you can use right away. Many are now able to drive, take vacations, hold a job, go to school and socialize for the first time in years. Dr. Allen Turner is an international speaker and lecturer who has been featured on the Dini Petty Show, National News and Canada AM. He will present a free symposium on Thurs., June 17th at 7:30 pm at the Stouffville Health Centre, 6219 Main St., Stouffville. Call 905-640-4440 for reservations.

FROM STING TO STOUFFVILLE



STAFF PHOTO/NICK IWANYSHYN

Celebrity yoga coach Danny Paradise helps a class member out at True Path Yoga on Sunday. He was in town talking about yoga and sharing his personal experiences with famous musicians and actors, including Madonna and Sting.

An Invitation to all Seniors to experience



Thursday, June 17th, 2010 ~ 10:00 am to 4:00 pm

If you have never visited your neighbourhood Amica at Swan Lake Retirement Community, this is the day to satisfy your curiosity... and your taste buds! Throughout the day of June 17, we will showcase one of our true passions... the fine dining experience and the culinary excellence of our Chefs and staff. Join us any time during this complimentary day!

10:00 am to Noon - Self Serve Continental Breakfast

Fresh baked goods, juices, fresh fruits, herbal tea selection and coffee. Relax and enjoy your breakfast, then ask for a tour of our all-inclusive luxury retirement community.

Noon to 2:30 pm - Chef Action Stations

Our Chefs will serve carved roast on mini rolls or will feature a sauté station, a selection of hot and cold finger foods, pastries baked on-site, sparkling cocktails, teas and coffee.

2:30 pm to 4:00 pm - Chef Demonstrations & Food Sampling

Amica Chefs will showcase their talents and the secrets to preparing an assortment of delicacies using fresh local ingredients, to sample and enjoy!

Amica at Swan Lake · A Wellness & Vitality Residence 6360 16th Avenue, Markham, ON L3P 7Y6 905.201.6058 · www.amica.ca

