

Joseph's Pick-of-The-Week

BROCCOLI WITH CASHEWS & GARLIC BUTTER (Serves 6)

 1 1/2 pounds fresh broccoli, cut into bite size pieces

1/3 cup butter

 1 TBSP brown sugar 3 TBSP soy sauce

2 cloves garlic, minced

2 tsp. white

 1/4 tsp. ground black pepper 1/3 cup chopped salted cashews

Place broccoli in a large pot with 1 inch of water on the bottom. Cook for 7 min., or until tender but still crisp. Drain, and arrange broccoli on a serving platter. While the broccoli is cooking, melt the butter in a small skillet over medium heat. Mix in the brown sugar, soy sauce, vinegar, pepper and garlic. Bring to a boil, then remove from heat. Mix in the cashews and pour the sauce over the broccoli. Serve immediately.

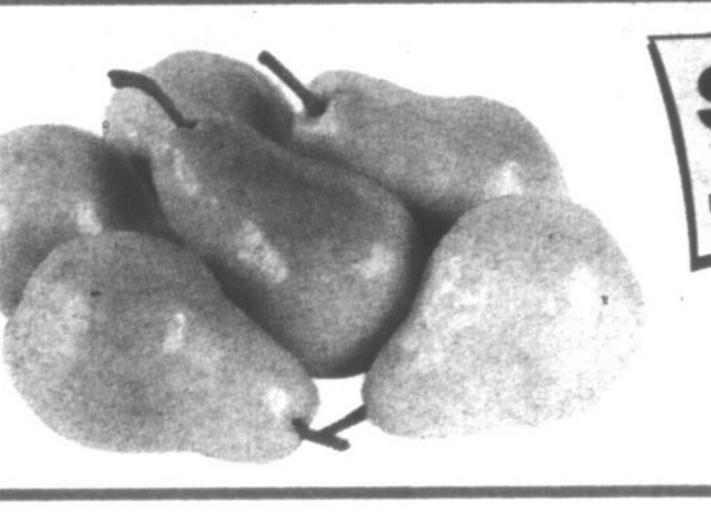
Quality Fresh Produce

Product of USA Lusciously Sweet Strawberries

1 lb Pkgs.



Product of Argentina Sweet N' Juicy **Bartlett Pears**



.50/LB



Cored **Golden Ripe Pineapples 9**8 Each



Bulk Foods-



Compass Dried Apricots



Oreanic ORGANIC SAVE UP TO Golden & Red Delicious and \.50/LB Royal Gala Apples

Hanging \$5.00 Baskets

16 Piece Sushi-Fresh, In Store Made Daily 16 pc California Rolls



Prices in effect Thursday, April 29, u



Hormone & **Antibiotic Free Angus Beef Burgers**

 No Animal **By-Products**

 No Fillers **852g Box**

Preservative Free

SAVE \$3.00

Locally Raised

Putting & into you

Fresh **Boneless Center Cut** Pork Loin Chops

The Butcher Sh Life Choices Vegetable Grain Fed Chicken Strips & Nuggets

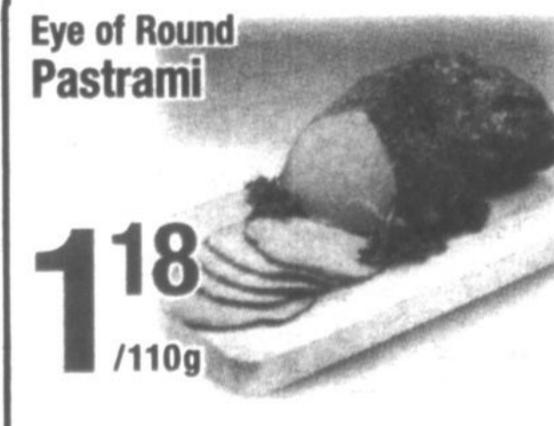
> Made from Antibiotic

Northern King 31/40 Size Large Cooked **Shrimps**

98 340g Bag



The Delicatessen



French

Emmental

Cheese /100g Silani Cheese Slices

148 ■125g Pkg

Schneider's **Hickory Smoked** Turkey or **Bavarian Ham**

498 175-250g Pkg

Cooked Daily Fresh Pasta of the Day

PRICE

Regular Hours: Mon.-Wed. 8 am-9 pm; Thurs.-Fri. 8 am-9:30 pm; Sat. 7 am-8 pm; Sun. 8 am-7 pm www.thegardenbasket.ca

· We reserve the right to limit quantities · No rainched · Although we strive for a . We reserve the right to correct any errors . S