

"Fresh from the Tropics"

Super Sweet

Golden Ripe

Pineapples

2/500

Jumbo

Papayas

Turkish

Dried Figs

the Tropics"
Sweet N' Juicy \$2.00

Bulk Foods-

PRICE

200g Pkg.

CREAMY BROCCOLI SOUP - SERVES 4-6

 1 cup shredded Cheddar 2 cups chicken broth

Product of USA

Green

Sweet

\$3.00

Grape Cherry

Tomato Pints

Peppers

2 1/2 cups fresh broccoli

1/4 cup chopped onion

1 cup milk

cheese (optional) 1/2 teaspoon dried oregano

salt and pepper to taste

 2 tablespoons all-purpose flour 1. Bring broth to a boil. Add broccoli and onion. Cook for five minutes, or until broccoli is tender.

2. In a separate bowl, slowly add milk to flour, and mix until well blended.

3. Stir flour mixture into broth mixture. Cook, stirring constantly, until soup is thick and bubbly. Add cheese if desired; stir until melted. Add seasonings and serve.





duBreton **Naturally Raised Fresh Whole** Pork Legs or **New York Shoulders**

Antibiotic Free

Veg. Grain Fed

 Strict Bio-Safety Measures

Meat Ries

lb

(Please add .40/lb for De-Boning and/or Grinding) 2.82kg

duBretőn

\$1.00/PKG Fresh Ontario

The Butcher Sh Schneider's SAVE



Spinach & **Cream Cheese Filled Atlantic Salmon Pinwheels**

6oz. Portion



\$2.98

The Delicatessen

Stella

Emma **Canadian Emmental** Cheese

68

Schneider's

98 /100g

Asiago Cheese

San Daniele Mortadella

Beretta Ranch Naturally Raised Cooked Chicken

Thighs

Gourm

Proud Supporter of

Regular Hours: Mon.-Wed. 8 am-9 pm; Thurs.-Fri. 8 am-9:30 pm; Sat. 7 am-8 pm; Sun. 8 am-7 pm www.thegardenbasket.ca

. We reserve the right to limit quantities . No rainche · Although we strive for

• We reserve the right to correct any errors •

or Sweet Peaches N' Cream Corn (Pkg. of 5) Cored Organic Product of 1/2 PRICE South Asia **ORGANIC** SAVE Fresh Red, Yellow \$1.00 & Baking Mangosteens *Very high **Potatoes** in potent Antioxidants
*Great for system health 98 *Protects infections 8 Bulk foods

Bulk Foods-SAVE Sunsweet \$2.00 Pitted Prunes

Beaver Roasted & Salted Cashews 255g Can

16-Pc Sushi Flower Garden Colourful, New Crope AVE Fresh, In Store Made Daily 16-pc California Rolls Tulips, Daffodils, Hyacinth, Iris & Crocus

Tropical Hanging? Baskets

Flower Garden

375g Bags

Ham

Olde Fashioned

/100g

8" or 10" Pots