



# MASTER MYUNG'S TAEKWONDO

## Fall Special

Introductory Program

**Stouffville  
OPEN HOUSE**

Today 2-4pm

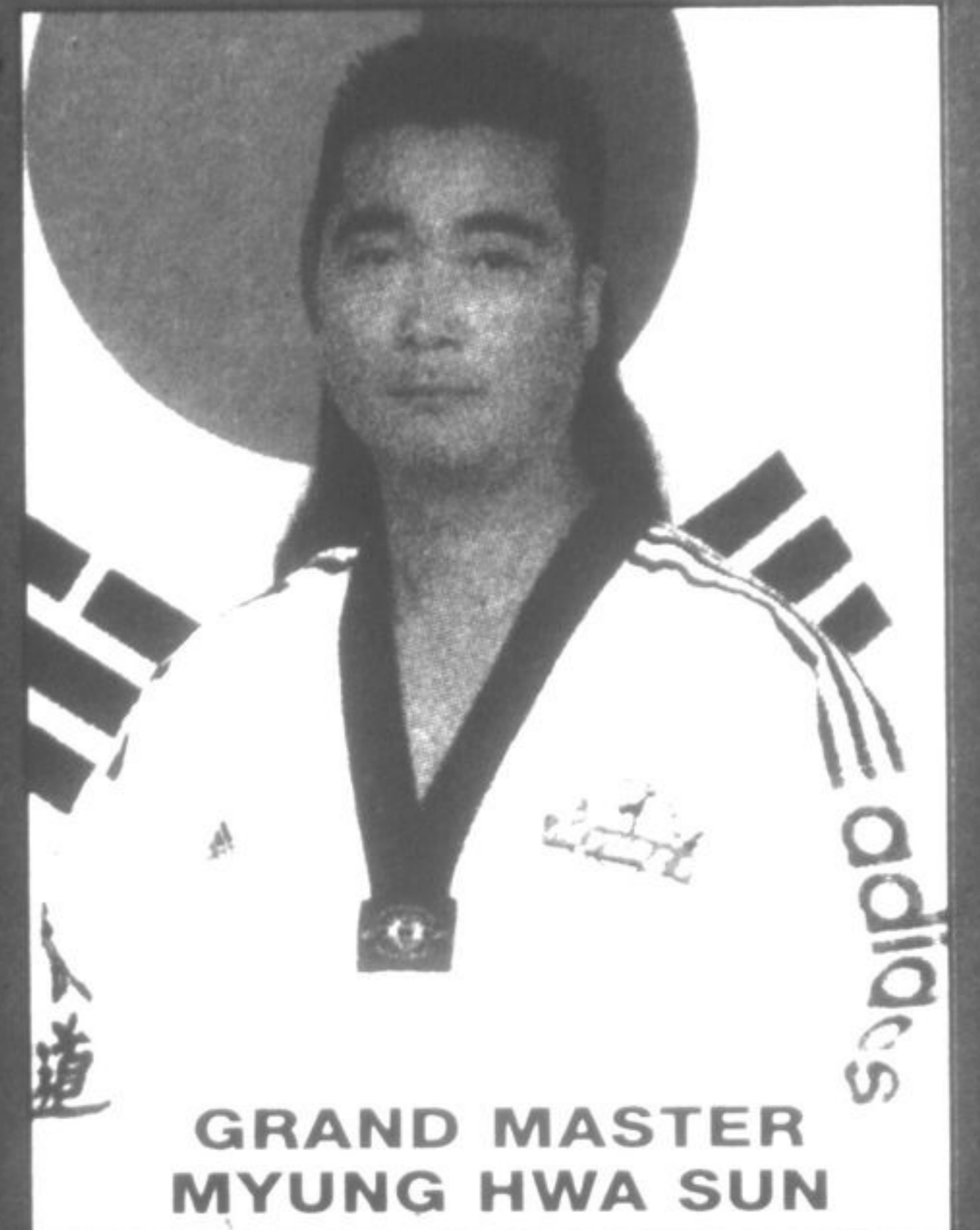
Sat. Sept. 26

Demonstrations by  
Master Black Belt team

**1 MONTH**

**\$88<sup>00</sup>**

**FREE Uniform**  
(Value \$60)



GRAND MASTER  
MYUNG HWA SUN

- Ontario Taekwondo Assoc. President
- Martial Art One President
- 7<sup>th</sup> Degree Grand Master H.S. Myung
- 6 x Canadian National Team Coach & Trainer

**Congratulations!**

**Ontario Taekwondo  
Team Selection Trials Game 1**  
August 22-23, 2009  
Conestoga College, Kitchener ON



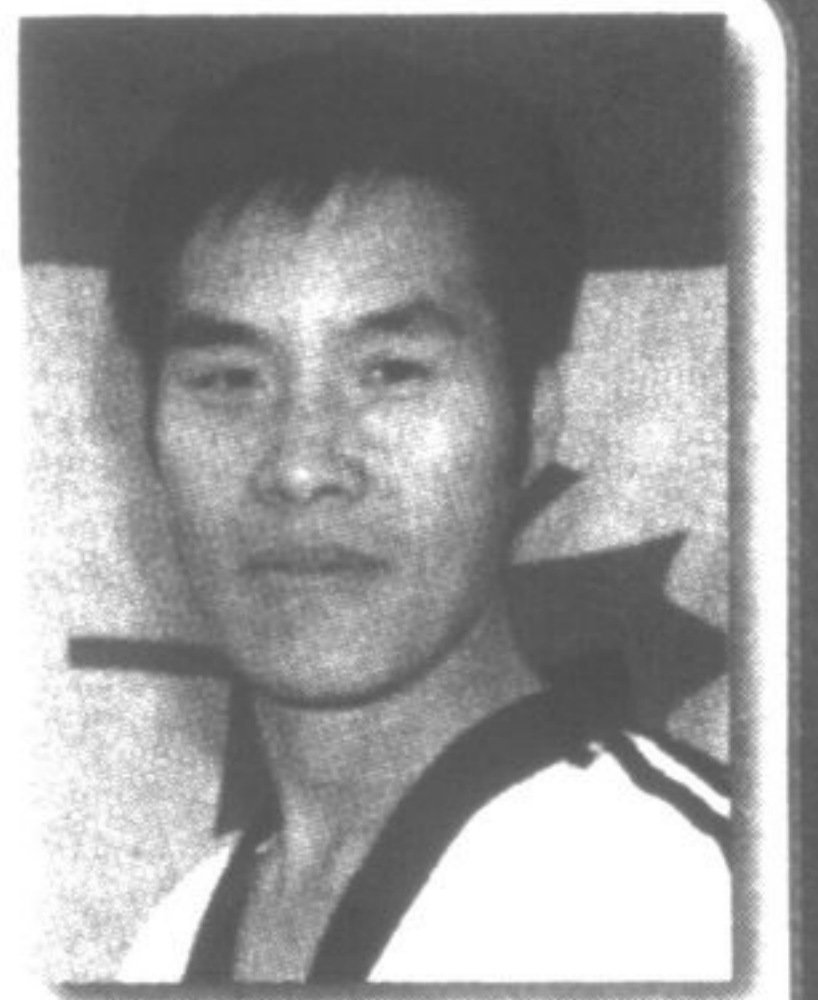
Name	Division	Results
<b>Sparring Results</b>		
Jerikka Nahibuan	Jr. A Light	Gold
Monia Naguib	Jr. A Welter	Silver
Mariam Naguib	Jr. A Middle	Gold
Anders Lam	Jr. A Fin	Gold
Nicholas Chow	Jr. A Fin	Silver
Cyrano Mouna	Jr. A Light	Bronze
Jadon Nahibuan	Jr. B. Fin	Gold
Adrian Leung	Jr. B Fly	Silver
Filip Trantalovski	Jr. B Bantam	Bronze
Jacky Yao	Jr. D Fin_Fly	Gold
Stefan Trantalovski	Jr. D Bantam _Feather	Gold
<b>Senior</b>		
Charlie Chong	Fly	Bronze
<b>Poomsae Results</b>		
Ruxandra Rodgers	Jr. Female	Gold
Mariam Naguib	Jr. Female	Silver
Charlie Chong	Jr. Male	Gold
Edward Fong	Sr. 1 Male	Gold

Total Medals 16; Gold 9; Silver 4; Bronze 3

**Family Programs Available**



Master  
**Jongbaik  
Chong**  
5<sup>th</sup> degree  
Black Belt  
Stouffville  
Head  
Instructor



Former Canadian National Champion

**CHILDREN**

- Builds self-esteem
- Builds self-confidence
- Teaches Respect
- Teaches Discipline
- Have fun

**ADULT**

- Improve your quality of life
- Manage stress & reduce tension
- Enjoy our fun and social atmosphere
- Lose weight
- Maintain good health

**Voted Markham's #1 Martial Arts School**

**MARKHAM**

McCowan	16TH AVENUE	Galsworthy Dr.	Hwy. 48
	5694 HWY. 7 ABOVE SHERWOOD PLAZA		
	HWY. 7		
	STEELES		

**(905) 471-5205**  
5694 Hwy. 7  
East of McCowan

**RICHMOND HILL**

16TH AVE.	EAST WILMONT	404
WEST WILMONT	LESLIE	
HWY. 7		

**(905) 762-8803**  
9078 Leslie Street

**STOUFFVILLE**

Hwy. 48	5402 HWY. 48 (UPPER LEVEL PATTI LYNN PLAZA)	9TH LINE
	RINGWOOD DR.	
	MAIN ST.	

**(905) 640-KICK**  
5402 Main Street

Visit  
**our newly  
renovated  
Stouffville  
location!**