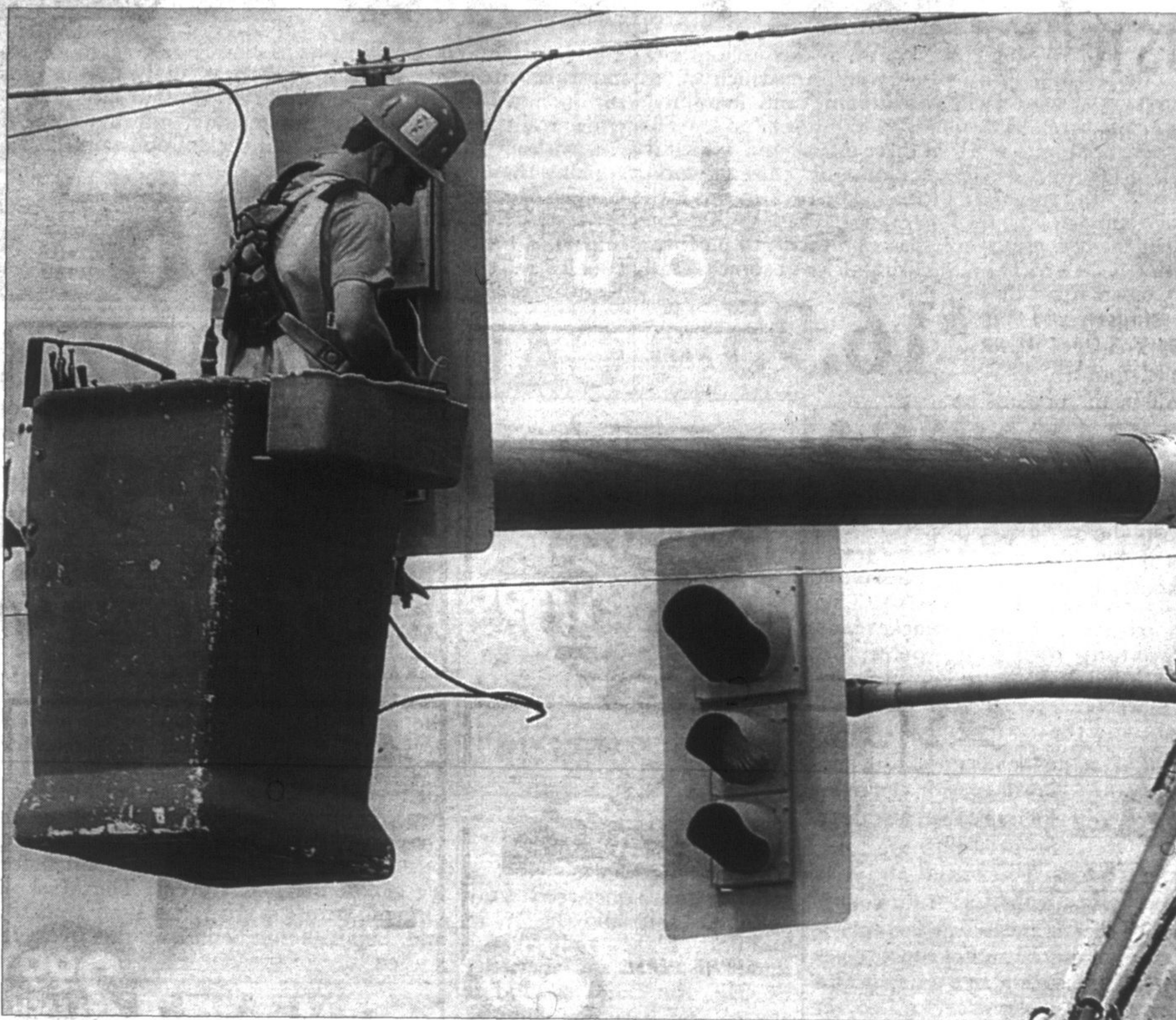
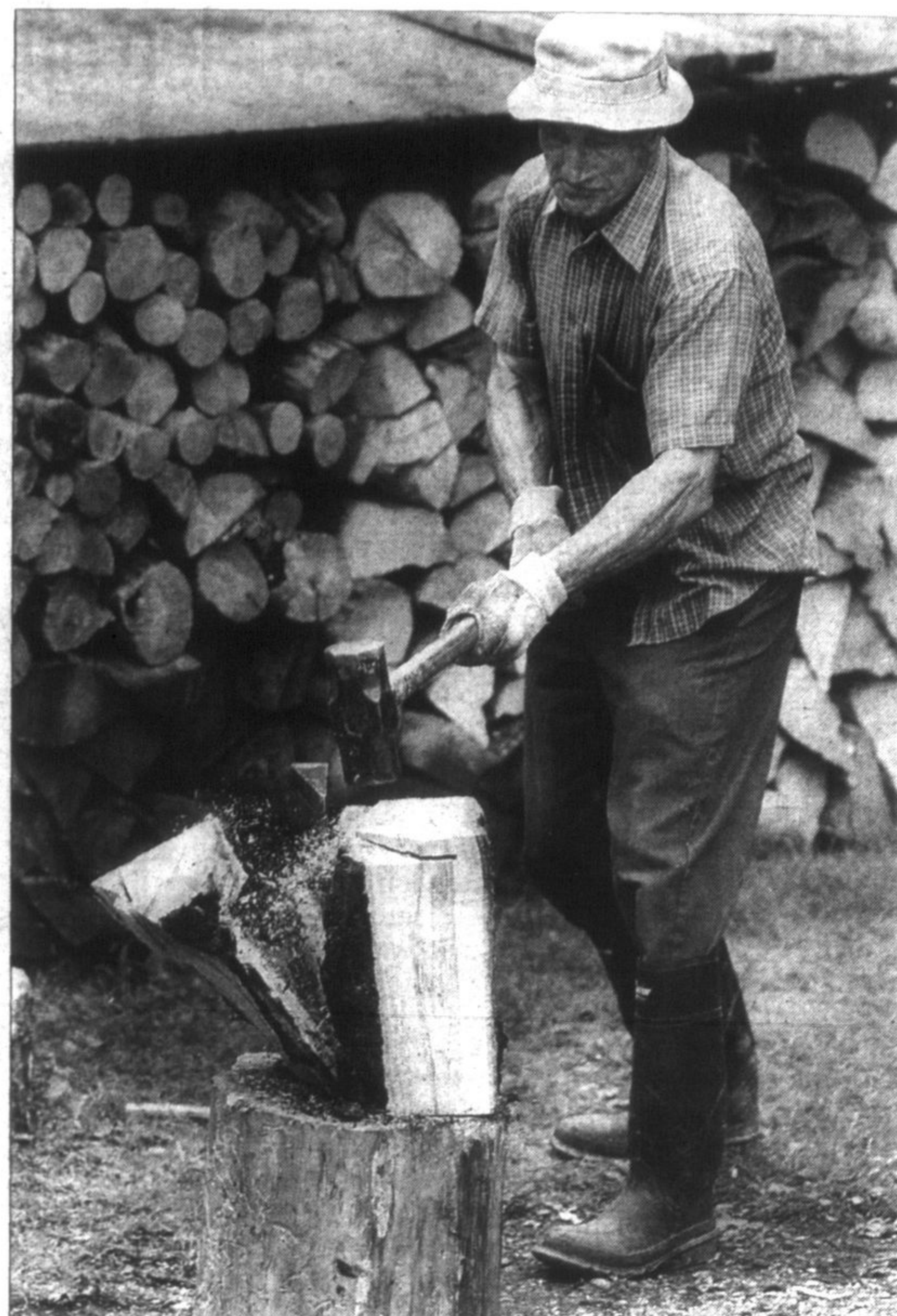


## WHAT VACATION?



Cal Nesbitt (right) of Charlton Power Lines Construction saves work on the light bulbs in this double traffic light at Stouffville and McCowan roads Tuesday. Eldon Fretz ensures he has enough firewood for the win-



STAFF PHOTOS/SJOERD WITTEVEN

ter to heat his home on Main Street in Stouffville. The wood is from a maple near St. Mark's Catholic School that lost a limb in a recent storm. Can winter be that far away?

### Request for Public Opinion on the Proposed Nursing Home Annual Licence Renewal of

**Bloomington Cove, Stouffville  
Parkview Home Long-Term Care, Stouffville**

In accordance with the *Nursing Homes Act*, public opinion is being requested prior to a final decision being made on the above.

If you have comments or opinions and wish to bring them to the attention of the Ministry of Health and Long-Term Care, you may submit them by **August 31, 2009** to:

Director under the Nursing Homes Act  
Ministry of Health and Long-Term Care  
Performance Improvement and Compliance Branch  
Licensing, Education and Appeals  
55 St. Clair Avenue West, 8th Floor, Suite 800  
Toronto, Ontario M4V 2Y7  
Phone: 416-327-7345 Fax: 416-327-7763

Please include the name of the nursing home and quote Project #107-10 on all written submissions.

The Director will consider all submissions before making a final decision.



**PEOPLE:** Corey McCusker talks to people, dogs

## Speaker motivated by mom to write chapter for book

BY SANDRA BOLAN  
sbolan@yrmg.com

Stouffville's Corey McCusker never backs down from new experiences or challenges.

So, when the motivational speaker and canine obedience instructor was asked to contribute to a book about female empowerment, she jumped at the chance.

She then had to take a step back to figure out how a non-writer was going to pen an entire chapter for a book that was this important to her and other women.

Ms McCusker took the opportunity to use some of the advice she imparts onto her clients on a daily basis, in particular: "if you believe in yourself and want something, I believe you can get it."

So with that, she wrote the sixth chapter - Put Your Mind To It, for the book entitled *The Power of Women United*.

The book was conceived by Lia Bandola and Tina Dezsi, who, in

2004 created the Power of Women Exchange, which provides an opportunity for female entrepreneurs, executives and professionals to support each other in business and life.

*...her mother, who raised two children on her own, never let anything stand in her way of what she wanted, specifically a career in the male-dominated world of banking.*

Ms McCusker joined the organization a few years ago because "my number one goal in life is to help people."

In her chapter, McCusker revealed how her mother, who raised two children on her own,

never let anything stand in her way of what she wanted, specifically a career in the male-dominated world of banking.

"She always exuded confidence; she believed she could do anything," Ms McCusker said, noting her mother was one of the first women in Canada selected to the bank's management program.

Ms McCusker followed her mother into the financial world, but left after 21 years to start not one, but two companies - one as a private coach for people and the other as a dog obedience instructor.

"I had always been managing and mentoring people; I loved my career, but I wanted more," she said. "I believed I could do it all."

For more information on the Power of Women Exchange and its book, go to [www.powe.ca](http://www.powe.ca). For information on Corey McCusker, go to [www.yourmindmatters.ca](http://www.yourmindmatters.ca) and [www.mutzwithmannerz.com](http://www.mutzwithmannerz.com).