

# Youngster gives veterans judo lessons at nationals

21, Stouffville Sun-Tribune ■ Thursday, June 4, 2009

Tressa Sheffield made the most of an opportunity at the Senior and Veteran Canadian Judo Championships in Sherbrooke, Que., last weekend.

By capturing first place at the 2008 Juvenile Canadian Judo Championships, the 14-year-old Sheffield Judo Club judoka qualified to fight in the senior division, which is usually reserved for those 16 years of age and up, under an early bloomer clause at this year's competition.

Competing in the under-44 kilogram division, Sheffield did not allow her age to interfere as she captured first place.

In addition to Sheffield's exploits

on the mat, Brent Colclough competed in the inaugural under-50, under-80 kg. class and fielded a bronze medal.

Lea Sheffield also represented the Whitchurch-Stouffville school in the women's under-48 kg. division but did not place.

## Ex-Spirit forward moves again

Tyler Gubb's stay with the Victoria Grizzlies of the British Columbia Hockey League was short.

The 19-year-old former Stouffville Spirit forward played one season with the Grizzlies before he was recently dealt as part of a three-player deal to the Salmon

## SPORTS BRIEFS

Arm SilverBacks last week.

The six-foot two-inch, 210-pound Gubb played in 59 regular season games last season for Victoria tallying 12 goals and 20 assists, while racking up 73 penalty minutes.

He added five goals and three assists in 14 playoff games.

The Markham resident played in Stouffville from 2006-07 and 2007-08.

## Castle seventh at nationals

Stouffville's James Castle was part of a five-member Humber College contingent that finished in a two-way tie for third place in the men's team standings at the 2009 Canadian University College Championships conducted by the Royal Canadian Golf Association at King's Forest Golf Course in Hamilton.

The Stouffville District Secondary School graduate recorded the best score among his team to finish seventh in the men's individual competition with a three round, five-over par 221 (75-71-75).

Castle is in his third year in


Humber's pro golf management program.

## Brown second in CJGA event

Ryan Brown finished in a two-way tie for second place at the Canadian Junior Golf Association Nike Golf Series/Stephen Ames Cup Qualifier at Tarandawah Golfers Club in Avon, Ont.


Competing in the boys 15-19 division, the Gormley resident carded a two-round, 21-over par 161 (80-81).

For more on the CJGA, log on to: [www.cjga.com](http://www.cjga.com)



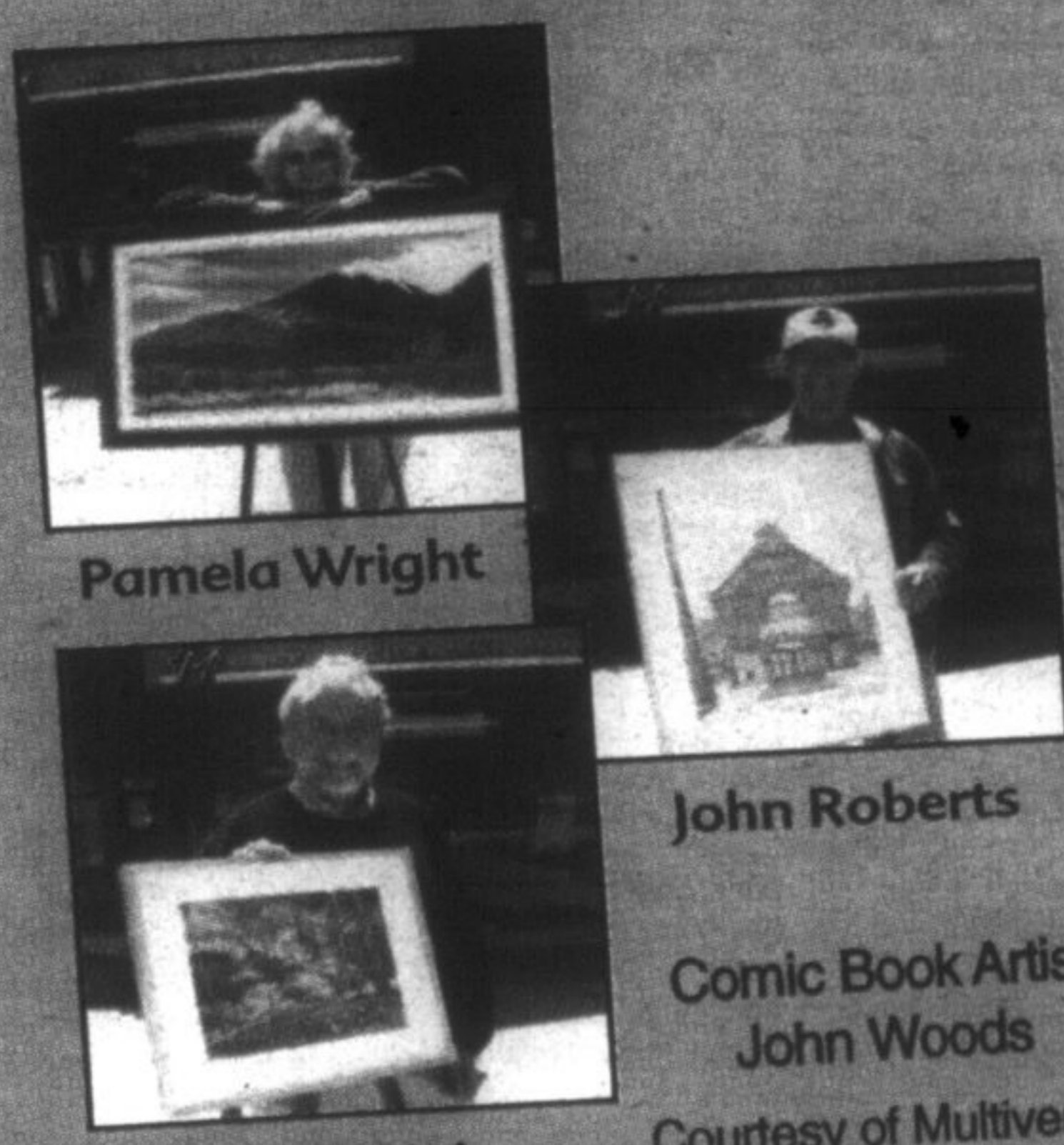
**at Nineteen on the Park**

**Athens & Asia Night & Nibbles**



Cafe Athena Main Course Restaurant

**ARTISTS**




Pamela Wright  
John Roberts  
Ray McNeice  
Comic Book Artist John Woods  
Courtesy of Multiverse

**Friday June 5 / International Night / 5:30 - 8:30pm**

- Free Hot Dogs, Canadian Eh! 5:30 - 6:30
- Interactive Bollywood Dancing
- Athens Nite & Nibbles OOPA! Performers
- China - Boom Box Dancing in the Square
- Enjoy Canadian Art to the Classic Sounds of Ross Sedgewick on Grand Piano

**Saturday June 6 / Noon - 8pm**


- Stouffville Art Exhibition
- Broadway Performer Jeannette Czerniack - Hype Muzik
- A Taste of Greece
- Bollywood Dancer Dolly Bhatia-Frolick
- Musicians James Brand, Richard Elliot, Erwin Schack & Kavan Cleary




**FREE ADMISSION FOR ALL PERFORMANCES**  
For More Information Call  
The Stouffville BIA • 905-640-0749

**HYPE MUSIK Performers**


Jeanette Czerniack  
Chris Caldeira  
Harrison Caldeira  
Ryan Vyfhuis  
Jordan Vyfhuis



**Musician Ross Sedgewick**



**Bollywood's Dolly Bhatia-Frolick**



2010  
SAVE up to  
**\$350**  
on your electricity bill

2011  
SAVE up to  
**\$350**  
on your electricity bill

2012  
SAVE up to  
**\$350**  
on your electricity bill

2013  
SAVE up to  
**\$350**  
on your electricity bill

2014  
SAVE up to  
**\$350**  
on your electricity bill

2015  
SAVE up to  
**\$350**  
on your electricity bill

2016  
SAVE up to  
**\$350**  
on your electricity bill

2017  
SAVE up to  
**\$350**  
on your electricity bill



Go to [everykilowattcounts.ca](http://everykilowattcounts.ca)  
or call 1-877-797-9473 for more details.



\*Participants must comply with all program terms and conditions found at [everykilowattcounts.ca](http://everykilowattcounts.ca). Rebates are available for installation completed on or before Dec. 31, 2009 and must be submitted no later than Feb. 1, 2010. Equipment must be purchased from and installed by a participating contractor. Annual electricity bill savings are estimated based on past program experience. Actual savings may vary. <sup>TM</sup>ECM is a registered trademark. <sup>SM</sup>Official marks of the Ontario Power Authority.