

I.D.A.

STOUFFVILLE



**REXALL BRAND EYE ASSIST
MULTI-VITAMINS WITH
LUTEIN OR AREDS
TABLETS 50'S,**

8⁹⁹
EACH



**REXALL BRAND CALCIUM
OR CALCIUM WITH
VITAMIN D TABLETS 100'S**

2/6⁹⁹



**PEPSI OR 7-UP
REGULAR OR DIET
12 X 355ML CANS**

3/9⁹⁹



**DEPEND UNDERWEAR
OR POISE PADS
LARGE PACKS 14'S - 104'S**

17⁹⁹
PKG



**JAMIESON SALMON OIL
NATURAL SOURCE 1000MG
100+20 BONUS**

8⁹⁹
EACH



**JAMIESON VITAMIN E
NATURAL SOURCE 400IU
100+20 BONUS**

9⁹⁹
EACH



**REXALL BRAND
FACIAL TISSUES
2-PLY 136'S OR 3-PLY 90'S**

59[¢]



**GARDEN
GIFTWARE**

**25%
OFF**

Rexall

You just can't buy better.
10X Reward Points on all Rexall Products

I.D.A.

6212 MAIN ST., STOUFFVILLE

905-640-3324

**FREE
DELIVERY!**

**OPEN
SUNDAYS!**

Prices effective Thursday, March 19 until Saturday, March 26, 2009.

your PLANNER

THURSDAY
MARCH

19

PASS THE POPCORN

The Whitchurch-Stouffville Public Library screens the movie City of Ember at 7 p.m. Admission is free. Call 905-642-READ.

SATURDAY
MARCH

21

LADIES DAY

Ladies' Day at Christ Church is on from 9:30 a.m. to 3 p.m. Presentations by Grandma's Attic, Fiona's Flowers, Spa Sensations and service dogs for autistic children. Lunch served. Tickets \$20 at the church, 254 Sunset Blvd.

SATURDAY
MARCH

21

SPRING SWEETNESS

The Sugarbush Maple Syrup Festival continues through April 13 at Bruce's Mill Conservation Area in Whitchurch-Stouffville. Call 416-667-6299.

TUESDAY
MARCH

24

SKATE SEASON ENDING

The Stouffville Adult Skating Club takes to the ice two more times this season, tonight and March 31. Sessions begin at 8:55 p.m. Admission is \$5.

WEDNESDAY
MARCH

25

SUPPER'S COOKING

Christ Church Anglican, Sunset Boulevard, is hosting its Lenten dinners for the 14th year. Last two evenings are March 25 (shepherd's pie) and April 1 (pork chops) from 5 to 7 p.m. Dinner is free but donations are welcome.

THURSDAY
MARCH

26

CHAMBER OF PANCAKES

The Whitchurch-Stouffville Chamber of Commerce hosts its annual pancake breakfast from 7:30 to 9 a.m. at Bruce's Mill Conservation Area. Call 905-642-4227.

FRIDAY
MARCH

27

LATE-NIGHT SCRAPBOOKERS

Free Scrapbooking Evening at EastRidge Church goes from 6 p.m. until midnight. Call 905-640-4551 or 905-640-6900 to reserve a table. Refreshments provided.

SATURDAY
MARCH

28

FEELING HOT, HOT, HOT

EastRidge church in Stouffville hosts a charity chili cook-off from 6 to 7 p.m. Enter your chili by March 23 by calling 905-640-3911 ext. 21. Admission of \$5 includes food.

For more community events, visit yorkregion.com and click on POP, personal online planner.

To add an event to this listing, e-mail Jim Mason at jmason@yrmg.com. Event organizers can also register with POP at yorkregion.com to have events listed free online.

Healthy Lands for Healthy Horses

A FREE, interactive workshop for the equine community

Saturday, April 4, 2009 • 9:30 a.m. – 2:30 p.m. (refreshments and sign-in at 9 a.m.)

Goodwood Community Centre (268 Highway 47 at Regional Road 21)



Each participant receives:
morning coffee
and lunch

- **The role of the equine community in a changing environment** – find out about current environmental issues and what you, as a horse owner, can do to make a difference with **Dr. Bronwynne Wilton** from the University of Guelph.
- **Meet your neighbours!** Learn about the experiences other horse owners have had with equine stewardship projects.
- **Reduce your hoof print** as **Equine Guelph** takes you through a self-assessment of your property, providing economic and environmental solutions.
- **Need support?** Hear about the **FREE** technical and financial assistance available to you today.

To register, call 416-661-6600, ext. 5660 or online at <http://events.signup4.com/horse>. Register before March 27 as space is limited.

If you are unable to attend and would like more information about these stewardship topics, please leave your name and address on the registration phone line.

In partnership with:

Ontario Ministry of Agriculture,
Food and Rural Affairs
Ontario Equestrian Federation
Ontario Soil and Crop
Improvement Association

Uxbridge Horsemen's Association
Equine Guelph
University of Guelph
Ontario Trail Riders Association
Central Lake Ontario
Conservation Authority

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