

# Nothing is more valuable than Your Health

This holiday season, get in shape with the U Weight Loss™ doctor-formulated, lifestyle-based weight reduction programs which are tailored to your needs and circumstances. Learn the 3 simple secrets to successful and lasting weight loss and maintain your new weight for life!

SHAPE UP FOR THE HOLIDAYS  
Get guaranteed results and reap the benefits of a healthy lifestyle

- Increase energy levels
- Reduce blood pressure
- Lower cholesterol levels
- Reduce aches and pains
- Improve mobility
- Improve breathing
- Sleep better and wake feeling more rested
- Prevent angina (chest pain caused by decreased oxygen to the heart)
- Decrease risk of sudden death from heart disease or stroke
- Prevent Type 2 diabetes
- Improve blood sugar levels



## Healthy Winter Special

JOIN NOW AND RECEIVE

RECEIVE A

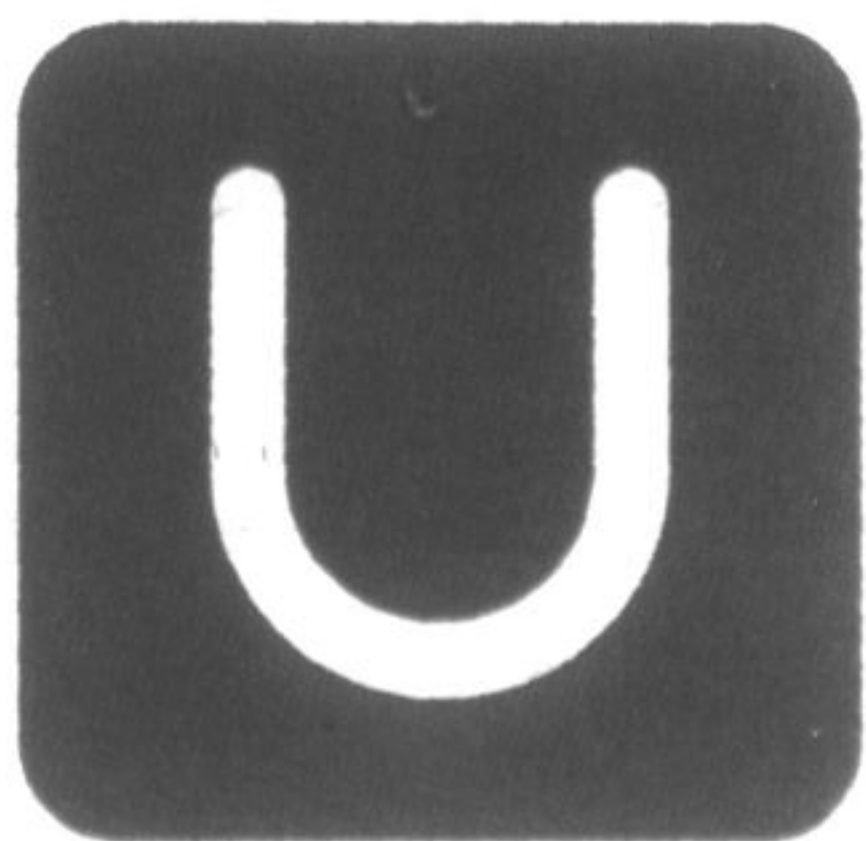
1/3 OFF

Applicable towards a purchase of a full weight loss program only. Cost of products not included. One offer per person. Expires 01.31.2009

+ free

DETOX & CLEANSE  
professional quality

No obligation. Must be at least 18 years of age. Limited time offer. First visit only.



weight loss™  
clinic

# CALL NOW 905.642.6600

or visit us at a clinic near U:

5892 Main Street, Stouffville