

Roll up your sleeve for flu shot season, Stouffville

This year, get the vaccine, not the flu.

Monday, York Region's Medical Officer of Health, Dr. Karim Kurji, will join community and health services department commissioner Joann Simmons for their annual flu vaccination.

The inoculations, at the York Region Administrative Centre, launch the 2008-09 York Region flu

shot campaign.

The flu vaccine is again available free of charge to all York residents over the age of six months at 28 community flu clinics.

Community and health services staff encourage residents to get their flu shot as early as they can.

The first clinic is Monday Nov. 3 from 4 to 8 p.m. at York's administration centre at 17250 Yonge St.,

► Go to www.york.ca/flu for more information.

Newmarket.

Clinics will be held in Stouffville Nov. 6 at Buckingham Manor and Nov. 17 at the Lebovic Leisure Centre. Both clinics go from 4 to 8 p.m.

For a complete listing of flu clinics in your community, visit www.york.ca/flu or contact York Region Health Connection at 1-800-361-5653.

What to expect at a flu clinic

You will be asked to read some information about the flu shot and then asked to sign a consent form. If you prefer, you can print the consent form at www.york.ca/flu, fill it out and bring it with you to the clinic.

A nurse will ask you some ques-

tions to make sure it is safe for you to get the flu shot

Infants under the age of 12 months are given the vaccine in their thigh. Everyone else receives the vaccine in the upper arm. It is a good idea to wear a short-sleeved shirt.

You will be asked to wait at the clinic for 15 minutes after your shot for observation.

JOIN US!

COMMUNITY FORUM:
Hospital Expansion & New East Markham Community Centre

When: NOVEMBER 17, 2008
7:00 p.m. to 8:30 p.m.

Where: Markham Stouffville Hospital Auditorium
381 Church Street, Markham

Who: Markham Mayor Frank Scarpitti,
Markham Stouffville Hospital CEO Janet Beed
Members of the community, Markham
Members of Council, staff members from
the redevelopment teams.

Markham Stouffville Hospital, in partnership with the Town of Markham, is hosting a Community Forum.

We invite you to learn more about the hospital's expansion as well as the building of a new East Markham Community Centre.

Together, we will create a health and wellness campus for the residents of Markham, Stouffville and the surrounding communities.

Please print the parking pass available at www.msh.on.ca for complimentary parking on November 17th

MARKHAM
NOV 17.08 7:00PM

MARKHAM STOUFFVILLE HOSPITAL CORPORATION

Gordie Ness' memory toasted at event

Popular Stouffville lawyer Gordie Ness will be remembered this month.

The Main Street solicitor's memory will be honoured at Boston Pizza in Stouffville Nov. 18 from 7 to 9 p.m.

Funds raised will pay for a bench being unveiled on the restaurant grounds in Mr. Ness' name.

Mr. Ness died in 2006 following a battle with cancer.

The festivities will include a raffle for a Toronto Maple Leafs jersey and other items donated by local merchants. A portion of proceeds will also be donated by the restaurant.

"The response has been very positive everywhere," said Mr. Ness' stepdaughter, Debra House.

An avid sportsman, Mr. Ness scored the first goal in the Stouffville Arena on Ninth Line the day it opened. He played hockey for the Stouffville Clipper oldtimers.

Stouffville students eligible for Sherwood scholarships

It is approaching the seventh year since Justin Sherwood lost his life in a car accident at age 18.

STOUFFVILLE BRIEFS

His parents, Debbie and Gar Sherwood, started a scholarship in his name for computers and technology students graduating Markville Secondary School.

Through donations and fundraising, the scholarship fund grew rapidly and the number of eligible high schools expanded to 11.

Stouffville students, including those attending Stouffville District Secondary School, are eligible for the awards.

The scholarship is for students with a passionate ambition to pursue a computer or technology program in university or college.

A sum of \$2,500 is granted towards tuition during the first year of the post-secondary program.

As of now, 38 students from the Markham, Stouffville and around York Region have been recipients of the scholarship.

The selection community is confident that next year the amount of awarded money will exceed \$100,000.

The board of directors for the Sherwood Scholarship Fund invites the graduating classes of 2008-2009 destined for a computer or technology program to apply.

For more information on the program visit justinsherwood.com and apply.

Royal Canadian Legion tea, crafts assist veterans

Remembrance Day events in Stouffville will include a tea, bake show and craft show next Saturday.

The event goes from 9 a.m. to 3 p.m. at the Royal Canadian Legion hall on Ninth Line.

All proceeds go to veterans' welfare.

The legion's ladies auxiliary puts on the show.

A light lunch is available. Admission is free.

For more information, call 905-640-3272 for 905-640-3604.



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