

Jake Woolnough of Stouffville District Secondary School tees off on the second of the York Region high school senior boys golf championships at St. Andrew's Valley Golf Club in Aurora Tuesday. Stouffville finished eighth out of 16 teams.



STAFF PHOTO/SJOERD WITTEVEEN

## Mitro paces SDSS in Woodbridge race

BY MIKE HAYAKAWA  
Staff Writer

Several members of the Stouffville District Secondary School Spartans cross-country team had strong finishes on the Boyd Conservation Area trails in Woodbridge at the Cardinal Carter Invitational Wednesday.

In the junior boys' 6,000-metre event, Liam Mitro finished seventh after crossing the finish line in 22:42.28. Teammate Michael Bourgeois was 10th in 22:57.59, Mitchell Price 22nd and Mitchell Browne 28th.

Brittany Dunbar finished 30th in the senior girls' 5,000m event.

In the senior boys' 7,000m race, Kyle O'Brien was 75th.

### Rugby team in final

The Spartans' senior boys' rugby team won three of four matches at Fletcher's Field in Markham Wednesday during the Rugby Ontario 10s invitational high school

## SCHOOL SPORTS

tournament.

Entering the 24-team event as the second seed, the Spartans reeled off victories against Brampton Centennial 20-7, Eden Christian College School (Niagara-on-the-Lake) and Twin Lakes Secondary School (Orillia) 20-10 before losing their final game to top-seeded Streetsville Secondary School (Mississauga) 10-5.

Jesse Lofthouse scored the lone try for the Spartans in the final game.

Despite falling short in the final, Spartans head coach Jamie Hewitt was pleased.

"The whole team played well," he said.

Hewitt was especially ecstatic with the play of Lofthouse, a first-year senior.

"He's having a whale of a fall season. I'm so pleased with his progress. To go from junior to senior

is a big jump. But he's a gamer and seems to play better the better the competition is," Hewitt said of the Grade 11 student.

The Spartans seniors and bantams will play an exhibition series Thursday at 3 p.m. against Dr. J.F. Dennison Secondary

School (Newmarket).

The Stouffville teams play exhibition matches Oct. 26 at 1 p.m. against Robert Clack School, a touring team from Dagenham, England.

For more on high school sports, go to [www.yraa.com](http://www.yraa.com)

### Are You Sick and Tired of Being Sick and Tired?

*If you suffer from chronic fatigue, persistent neck or back pain, weight gain, headaches or digestive problems, you may be suffering from adrenal burnout. To find out the latest research on this topic, attending this free symposium may be the most important thing you do this year. You will discover the true causes of these conditions and natural solutions you can use right away. Many are feeling healthy again for the first time in years. Dr. Allen Turner is an international speaker and lecturer who has been featured on the Dini Petty Show, National News and Canada AM. He will present a free symposium on Thursday, Oct. 16th, 7:30 pm at the Stouffville Health Centre.*

Call 905-640-4440 for reservations.

Are you a victim of impaired driving?  
We're here to help.



MADD Canada  
Tel.: 1-800-665-MADD

[www.madd.ca](http://www.madd.ca)

DR. BOB BOADWAY

introduces his associate

DR. VICKI KUO

PARK DRIVE DENTAL CENTRE

12 PARK DRIVE SOUTH, STOUFFVILLE, ONTARIO 905-640-6688



Dr. Bob and Dr. Vicki are excited to offer their patients:

Evening Appointments  
A Modern Dental Centre Facility  
Lots of Convenient Parking  
Long Term Friendly Staff

advertisement

## Are you totally embarrassed by your bathroom?

### Mold, mildew, discoloured grout, or just plain ugly!

Steve Mallett bathroom specialist at Bath Fitter says "Give us one day and you will be bringing guests into your brand new bathroom!"

"As a customer you want as little disruption and no mess left behind," says Steve. "I know what it's like having a very busy young family. Bath Fitter installers have been doing bathroom makeovers for over 20 years, and are experts at it."

From beginning to end, a bathroom specialist will take you through the entire process with no worries. The makeover will be painless with no need to disturb existing flooring or plumbing. Our unique, one-piece seamless wall system can be installed right over your

existing wall."

Whether it's a beautiful bathtub, elegant shower or tub to shower conversion, every bathroom is completed with Bath Fitter materials which are backed by our lifetime warranty. We also offer a wide range of Bath Fitter accessories that will complete your bathroom makeover! Making your bathroom something you'll want to brag to the neighbors about!

Call today for a free in-home quotation and take advantage of our no-interest, 12 equal payments plan (905) 836-6100 or toll free at 1-888-558-3332. For more information visit our website [www.bathfitter.com](http://www.bathfitter.com)

WE CAN DELIVER YOUR FLYERS

from

5¢

CHOOSE YOUR DESIRED AREAS

Minimum 2000 inserts required. All Flyers are Required in Bundles of 100

We Can Also DESIGN & PRINT Your Flyer

Stouffville Sun-Tribune

FOR MORE INFORMATION CALL

905-640-2612