

# GARDEN BASKET

## Closed

Labour Day Monday,  
September 1st, 2008

Have a safe and  
happy holiday!

Proud Supporter of  
**Sick Kids**  
FOUNDATION

Until closing Wednesday, September 3, 2008.

## Rosemary's healthy product feature

### Progressive Vege Greens (Green Food Supplement)

With today's busy lifestyle few of us consume 5-8 fruits & veggies daily. Even the most sensible diet still lacks a number of vital nutrients important to good health no matter how carefully we select our foods!

Vege Greens is a comprehensive combination of over 60 land, sea and cruciferous vegetables, as well as super green foods, EFA's, pre and probiotics, plant enzymes and herbal extracts.

- Vege Greens supplies rare trace minerals & health-enhancing compounds.
- No artificial flavours, colours, or sweeteners and has no hidden ingredients.
- Dairy-free and suitable for vegetarians.
- Uses the highest quality, extensively researched ingredients from around the world.
- Each component is selected for its purity, potency and compatibility.
- Designed to be consumed on an ongoing, daily basis.
- Can be enjoyed by every member of your family.
- Comes in a delicious Blueberry Medley flavour.
- Available in a powder form (265g) or easy to swallow capsules (180 caps).

Available Above The Salad Bar!



### Silani Cheeseslices

- Mozzarella
- Cheddar

1/2 PRICE

.88

80g Pkg. (Limit 8)

### Tropicana Premium Homestyle Orange Juice

SAVE \$2.50

3.98

2.63 L (Limit 4)

## Brand Name Groceries

#### Kellogg's Corn Flakes Or All Bran Flakes (475g)

SAVE \$1.50

1.98

#### Lundberg Gourmet Whole Grain & Brown Rice

SAVE \$1.50

2.48

454g

#### McVities Chocolate Caramel Digestives

LESS THAN 1/2 PRICE

.98

300g

#### Skippy Peanut Butter

SAVE \$2.30

2.68

1 kg

#### Streamline Reduced Sugar Fruit Jams

SAVE \$1.00

1.98

375ml

#### Healthy Choice Puddings

1/2 PRICE

.98

4x99g

## Shop Seafood

### Sweet Chili & Lime Colossal 8/12 Size Butterflied Marinated Shrimps

SAVE \$5.00/LB

9.88

lb 21.78kg

### Cardinal Meats Roadhouse Angus Burgers

SAVE \$2.00

7.98

1.02kg Box

## Fresh Pork Tenderloins

4.98

lb 10.98kg

SAVE \$2.50/LB

## Get-to-Go® Oven Fresh Bakery

### In-Store Baked 100% Whole Wheat Bread

SAVE .50

1.48

Loaf

### In-Store Baked Large Croissants

SAVE .50

5/1.99

### Trans Fat Free Mini Muffins

SAVE .50

2.48

12 Pack

### In-Store Baked Apple Pie

SAVE \$1.00

4.98

Huge 1250g Pie!

#### Dole Fruit in Plastic

SAVE \$1.00

1.98

540ml

#### Powerade Sports Beverage

1/2 PRICE

.98

710ml Sportcap

#### Higgins & Burke Premium Hot Chocolate

SAVE \$1.00

2.98

.240g

#### Unico Tomatoes

SAVE .30

.98

28oz

#### Riceworks Gourmet Brown Rice Chips

SAVE \$1.00

1.98

156g

#### Healthy Choice Pasta Sauce

SAVE \$1.00

1.98

700ml

#### Orville Redenbacher Microwave Popcorn

SAVE .70

1.98

3's or 4's

#### Dare Bear Paws Soft Cookies

SAVE \$1.20

2.48

300g

#### Progressive Vege Greens or PhytoBerry Antioxidant Food Supplement

SAVE \$10.00

24.98

265-450g

Based on regular prices at conventional The Garden Basket Food Markets • Although we strive for accuracy in correct any errors • Specials only available while quantities last • Photos are representational only.

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