

Short bench hampers Mennos

The short-staffed Stouffville Men-nos could have used some offensive support after suffering an 8-2 defeat to the Toronto Celtics in Oshawa City and District Fastball action Wednesday.

Chris Burkholder, Brett Boyd, Scott Eyre and Kristian Burkholder were all absent from the Mennos' lineup.

Pitchers Byron Baranieski and Greg Dalgarno weren't on their game either, issuing six walks.

Baranieski worked the first four innings and gave up four runs to take the loss.

Rick Burkholder was one of the few bright spots for the Mennos as he drove in Shawn Boadway with the club's first run in the third inning with a double.

In the sixth inning, he brought the crowd to their feet by scoring from second base on a sacrifice fly by Dale Boadway.

Pitcher Jay Nesbitt filled in at first base for the Mennos and contributed a single.

Playing shorthanded, the Mennos

coaxed Paul Boynton to come out of retirement to fill in along with Darcy Enosse.

Steve Ketchell limited the Mennos to just four hits and was the winning pitcher.

Now 12-7 on the season, the Men-nos are scheduled to resume league play Monday in Oshawa against the BB Intermediates.

Golfer Brown ties for fifth

Ryan Brown finished in a two-way tie for fifth place in the Canadian Junior Golf Association Junior Open at Timber Ridge Golf Club near Brighton Wednesday.

Competing in the Boys 17-19 division, the 17-year-old Gormley resident carded a two-round eight-over par 150 (74-76).

Brown finished four shots behind winner Keegan Tyers, 18, of Newmarket, who had a four-over 146 (71-75).

For more on the CJGA, log on to www.cjga.com

—Mike Hayakawa

Goalie has eye on national team slot

BY MIKE HAYAKAWA
Staff Writer

Liz Knox didn't want her phone to ring July 10.

That day, the women's national under-22 hockey team announced the 40 candidates it would invite to its final week-long selection camp, which starts tomorrow at York University.

The 20-year-old Stouffville resident knew if she received a call from Hockey Canada, she'd be off the list.

While Knox answered more than a few telephone calls that day, fortunately none were from Hockey Canada.

What she got though, was an e-mail confirming she was one of the 40 players who will vie for one of 22 spots on the roster that will play a three-game series against the United States under-22 squad in Pierrefonds, Que. Aug. 20 to 23.

For Knox, who just completed her second year as a goaltender with the Wilfrid Laurier University women's team, it will mark her second appearance at the camp.

Only this time around, the second-team Ontario University Athletics all-star hopes to make the cut.

Having been through the process last year, Knox feels a lot more confident knowing what she has to do to make the roster.



LIZ KNOX: SDSS grad hopes to land role between pipes for national under-22 squad.

"I had been hoping to return to the final camp this year because I felt like I had a better idea of what was expected of me and what I could accomplish," she said.

But the Stouffville District Secondary School graduate acknowledged it's a 50-50 proposition.

"The goaltender selection has been narrowed down from eight to four in the previous two try-outs and only two goalies will make the final team," she said.

"It's hard to judge the competition because we don't get much time to evaluate each other. All the goalies are on the ice at the same time so I try to focus on

doing my best and not worry about how the other goalies are doing."

While Knox is more confident entering this year's final trials, she's done a little more preparation from a psychological perspective.

'It's hard to judge the competition because we don't get much time to evaluate each other.'

While her university team lost in this year's Canadian Inter-University Sport final, Knox was chosen to the CIS championship tournament all-star team.

"I was fortunate to have our CIS national final games posted online (and) a friend burned for me a DVD of every game. The CIS championships were some of my best games this year, so I've reviewed those a couple of times to see myself doing well," she said.

"At the same time, I have scheduled appointments with my sport psychologist, Dr. Jill Tracey, at Wilfrid Laurier right before I go to the camp, so I'm in the right mindset."

For more on the selection camp, log on to hockeycanada.ca

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