

DEN NET

til closing Wednesday, July 9, 2008.

Rosemary's healthy product feature

HIMALAYAN SALT CRYSTAL LAMPS

Why are Salt Lamps Good for you? Himalayan Salt Lamps have been said to:

- Provide cleaner air
- Elevate moods naturally
- Ease Upper Respiratory problems
- Reduce susceptibility to colds and flu
- Treat headaches, sinus problems, allergies & hay fever
- Aid in the reduction of asthma attacks
- Decrease airborne bacteria
- Increase Alertness
- Bolster productivity and concentration

How do they work?
As well as being beautiful, they release negative ions. These ions neutralize positive ions given out by computers, televisions, power grids etc. Negative ions create an environment similar to being near the sea or a waterfall and are what give the air in these areas that fresh feeling. Air quality is extremely important to our health and happiness. Some call negative ions "The Vitamins of the Air".

Available in 6 different sizes in our Flower Department
For more detailed information on this product, pick up a brochure beside the display!

Haagen Dazs
Premium Vanilla Almond Bars

SAVE OVER \$2.00



3.88
3x88ml

Natures Path
Organic Cereals

1/2 PRICE

- Peanut Butter Panda Puffs
- Gorilla Munch
- Amazon Frosted Flakes
- Koala Crisp
- Leapin Lemurs
- Penguin Puffs



2.35
Each 275-325g

Brand Name Groceries

<p>Manner Wafer Biscuits</p> <p>SAVE \$5.00</p> <p>3.98 Case of 12x75g</p>	<p>Falciotti Tri-Colour Pasta</p> <p>LESS THAN 1/2 PRICE</p> <p>.98 500g</p>	<p>Majesta Paper Towels</p> <p>SAVE \$2.00</p> <p>2.88 8 Roll</p>
<p>Clover Leaf Albacore Solid or Flaked Tuna in water</p> <p>SAVE \$1.00</p> <p>1.98 170g</p>	<p>Betty Crocker Bugles Corn Snacks</p> <p>1/2 PRICE</p> <p>.98 150g</p>	<p>Dare Grainsfirst or Vinta Crackers</p> <p>SAVE UP TO \$1.50</p> <p>1.98 200-250g</p>

Shop Seafood

Fresh, Bone-In Centre Cut Pork Loin Chops

SAVE \$1.30/LB

3.68
lb 8.11kg

In Store Made Pork Sausages

SAVE .70/LB

3.28
lb 7.23kg

Fresh Pork Tenderloins



4.48
lb 9.88kg

SAVE \$2.50/LB

Oven Fresh Bakery

<p>In Store Baked Large Croissants</p> <p>1/2 PRICE</p> <p>5/1.99</p>	<p>Schaaf Foods Filled Poppers</p> <ul style="list-style-type: none"> • Golden/Raspberry • Marble/Chocolate <p>SAVE .50</p> <p>2.48 250g It's NEW!</p>
<p>Double Dutch or Schep's Bakeries Waffle Cookies or Honey Cake</p> <p>SAVE \$1.30</p> <p>2/4.00 280-350g</p>	<p>Sarsfield Lemon Meringue Pie</p> <p>SAVE \$1.00</p> <p>3.98 8" Pie</p>

<p>Nescafe Rich Instant Coffee</p> <p>SAVE \$1.00</p> <p>4.98 200g</p>	<p>Pastore Premium Pasta Sauce</p> <p>SAVE \$2.00</p> <p>3.98 720ml</p>	<p>Lipton Chicken Noodle Soup</p> <p>SAVE \$1.30</p> <p>1.68 4 Pk.</p>
<p>Pastore Biscuits</p> <ul style="list-style-type: none"> • Regular • Sugar Free • Whole Wheat <p>1/2 PRICE</p> <p>1.98 250g</p>	<p>Simply Clean All Natural Laundry Detergent</p> <p>SAVE \$2.00</p> <p>10.98 3.78L</p>	<p>Charles Sticky B.B.Q. Sauce</p> <p>SAVE \$1.00</p> <p>2.98 480ml</p>
<p>Heartland Gold Organic Flax Seed Oil</p> <p>SAVE \$5.00</p> <p>6.98 350ml</p>	<p>Cadbury Finger Biscuits</p> <p>SAVE .60</p> <p>1.88 150g</p>	<p>Chef Boyardee Canned Pasta</p> <p>SAVE .50</p> <p>.98 425g</p>

based on regular prices at conventional The Garden Basket Food Markets • Although we strive for accuracy in correct any errors • Specials only available while quantities last • Photos are representational only.

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