



STAFF PHOTO/JIM MASON

Sheila McNeil (left) and Damiana McQuigge are preparing for the butterfly release at Bruce's Mill Conservation Area July 5. Bereaved Families of York Region and St. Mark's Church of Stouffville will benefit. You can still purchase a butterfly to remember a loved one with.

## Butterflies help grieving families

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release assists grieving families cope with the loss of loved ones.

"Some moms from Bereaved Families and I did this together and it really helped us all," she said. "It was so awesome, it really was. It was more than I ever thought it could be."

Damiana McQuigge, the organizer for the event in Stouffville, is looking for more participants.

She became involved after receiving a butterfly for Christmas last year from a

► Call 905-649-8528 for more information.

friend.

"I was so inspired by the program, the feeling and the event," she said. "I thought it was a great event and wanted to be a part of it this year."

Butterflies are \$35 in advance.

A limited number of butterflies will be available to purchase the day of the event for \$50.

For more information or to purchase a butterfly call Mrs. McQuigge at 905-649-8528.

### Greatest of losses

Bereaved Families of Ontario - York Region, is a not-for-profit, registered charity, whose mission is to provide volunteer bereavement support services to families and individuals grieving the death of a family member.

Programs and services are offered for free. It receives no federal, municipal funding or United Way funding. Most funding comes from individuals and special fundraising events.

—Source: bfoyr.com



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