

welcome
back spring

LOWE'S

Home Improvement Warehouse™

EVERYDAY LOW PRICES GUARANTEED

If you happen to find a lower price on the identical stock item at any local retail competitor and provide confirmation of that price, we'll match it and beat their price by an additional 10%.

now **\$128 SPECIAL VALUE!**

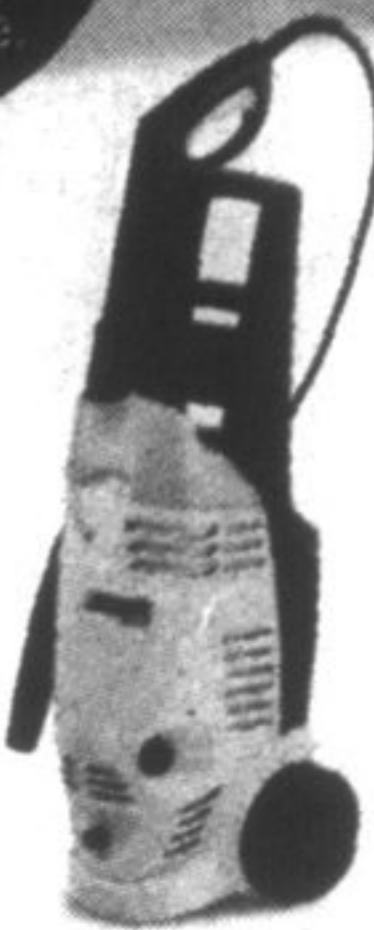
was \$148
Char-Broil® Traditions Propane Grill
•35,000 BTUs •590 sq. in. cooking area •Stainless burners •Push-button ignition •Porcelain cooking surface •Tank sold separately #271563

FREE ASSEMBLY

with purchase of any full size gas barbecue. Details in-store.

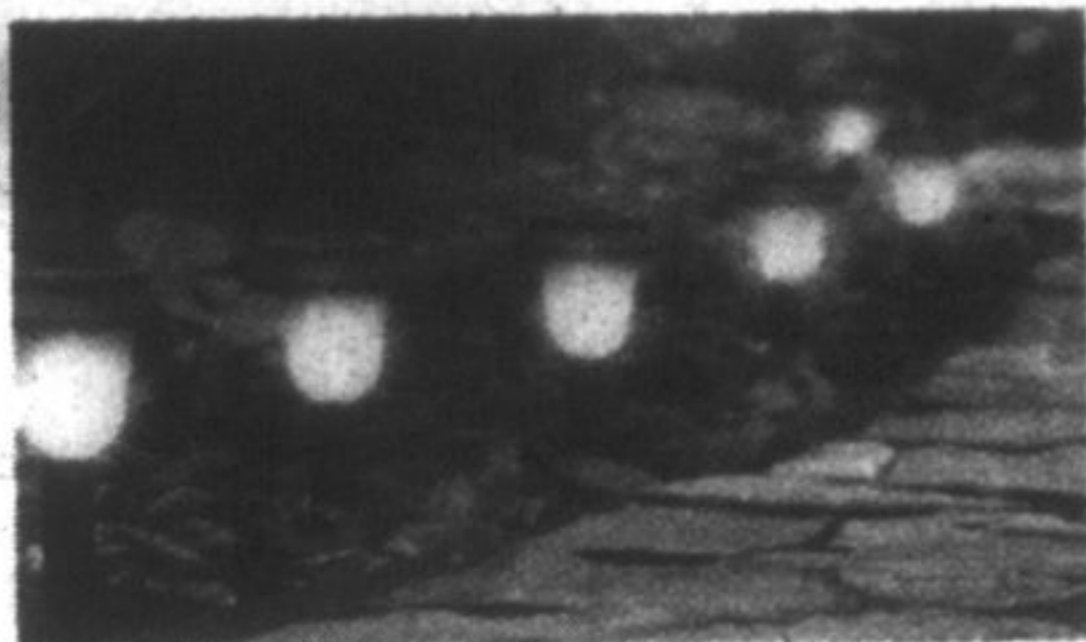
\$144

Karcher 1,750 PSI, 1.5 GPM Electric Pressure Washer
•DirtBlaster® rotary spray wand •1-year limited warranty #276506



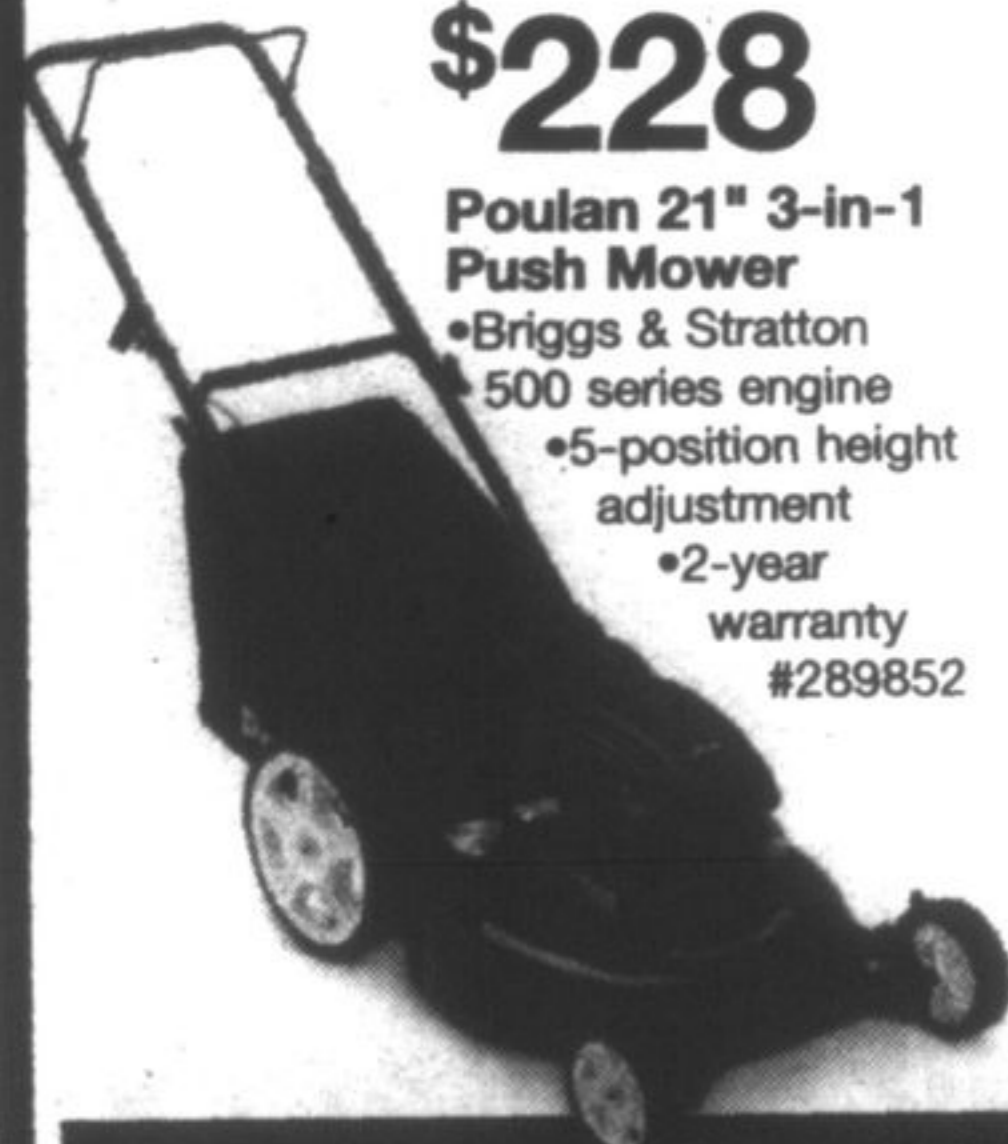
\$24.97

Malibu 6-Light Crystal Tier Solar Lights Kit
•Weather resistant •Easy to install •2-year warranty #100229



\$228

Poulan 21" 3-in-1 Push Mower
•Briggs & Stratton 500 series engine •5-position height adjustment •2-year warranty #289852



\$27.97

Olympic® Premium Exterior Latex Flat Finish Paint
•One-coat coverage •Mildew-resistant #61405



SPECIAL VALUE! \$2.98

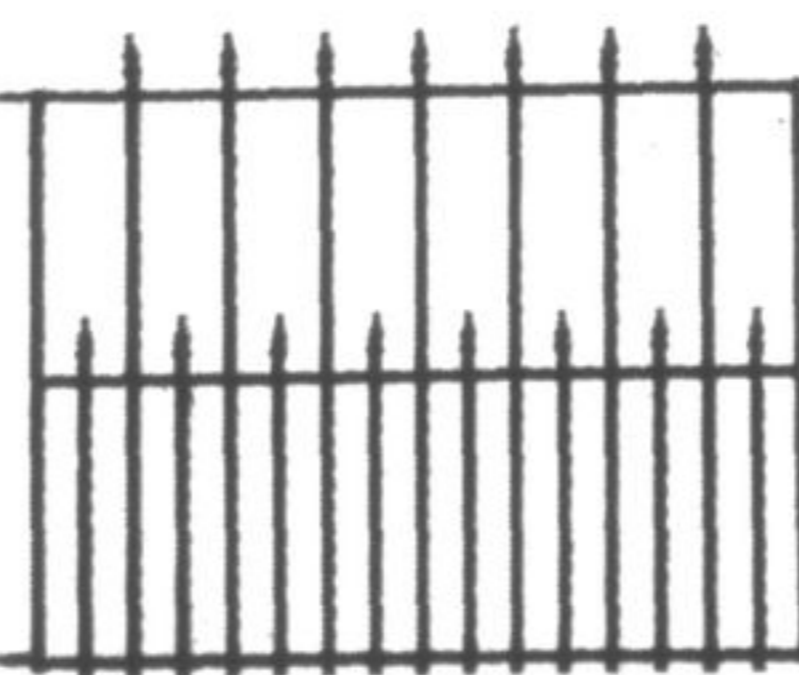
30-kg Quikrete Concrete Mix
•Job-lots available •While quantities last #268520



5-piece group price includes one balcony table and four padded sling/swivel chairs

SPECIAL VALUE! NOW \$374 group price

was \$474
Garden Treasures Monterey Outdoor Patio Furniture
•5-year limited frame warranty •Rust-free aluminum frame



40" Square Balcony Table #280249 now \$100 was \$126
Set of 4 Padded Sling/Swivel Balcony Chairs #280260 now \$274 was \$348

Other options:
9' Market Umbrella #280263 \$98
20" Round Umbrella Base #280230 \$24.96

\$26.27

30" x 36" Empire Fence
•Attractive and durable modular decorative fence •Pre-assembled sections for easy installation •Posts and accessories sold separately #19299

Our garden centre is open Victoria Day Monday 8am-5pm



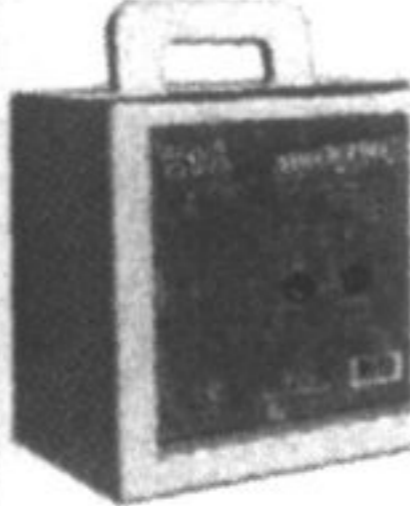
\$11.98

10" Premium Hanging Basket
•Many varieties available for sun or shade •Carefree, continuous colour •Season-long blooms #94004

1 YEAR GUARANTEE ON EVERY PLANT
See details in store.



\$6.97 1-Gallon Assorted Perennials •Great for rock gardens •Available for sun and shade #96041



now **\$34.98** was \$42.98

SPECIAL VALUE!
Aqua Chem Shock Plus Pool Shock
•12-400gm packets •Shock and swim in 15 minutes •While quantities last #55378



\$4.97 SPECIAL VALUE!

Premier 28 L PRO-MIX Outdoor Containers Mix
•Premium quality •With extra water retention #267017



\$2.48

YOUR CHOICE
18-kg Cattle or Sheep Manure
•Nature's own soil builder •Clean, odourless and easy to use •For feeding to build soil and encourage growth #266597/266599

Visit these locations

BRANTFORD
215 Henry St.
(at Wayne Gretzky Pkwy.)
519-720-2060

EAST GWILLIMBURY (NEWMARKET)
18401 Yonge St.
(N. of Green Lane)
905-952-2950

HAMILTON
1945 Barton St. E.
(at Woodward Ave.)
905-312-5670

MAPLE
200 McNaughton Rd.
(at Major Mackenzie Drive)
905-879-2450

NORTH BRAMPTON
10111 Heart Lake Rd.
(at Bovaird Dr. East and Hwy. 410)
905-843-4300

SOUTH BRAMPTON
370 Kennedy Rd. S.
(at Steeles Ave. E.)
905-874-5000

TORONTO
1300 Castlefield Ave.
(at Caledonia Rd.)
416-780-2770

REGULAR STORE HOURS: Monday - Saturday 7:00 a.m.-10:00 p.m., Sunday 8:00 a.m.-8:00 p.m. • For more information visit Lowe.ca

MORE THAN HOME IMPROVEMENT. SERVICE IMPROVEMENT.

Prices may vary after Monday May 19, 2008 if there are market variations. See store for details regarding product warranties. We reserve the right to limit quantities. Lowe's is committed to accurate pricing and reserves the right to correct errors. Correction notices for errors in the advertisement will be posted in our stores. We guarantee our everyday competitive prices. If you find a lower everyday or advertised price on an identical stock item at any local retail competitor that has the item in stock, we'll beat their price by 10% when you buy from us. Just bring us the competitor's current ad or other confirmation of the price that you have found. Lowe's reserves the right to verify the lower price prior to sale. Cash/charge card and carry purchases only. Competitor's closeout, special offer,

discontinued, clearance, liquidation and damaged items are excluded from this offer. On percent off sales, we will match the competitor's percent off offer. Limited to reasonable quantities for homeowner and one-house order quantities for cash and carry contractors. Current in-store price, if lower, overrides Lowe's advertised price. Price guarantee honoured at all Lowe's retail locations. Labor charges for product installation are excluded from our price guarantee offer in our stores with an Installed Sales Program. Visit store for complete details. All installation services are guaranteed by Lowe's warranty. See Installed Sales contract for details. ©2008 by Lowe's®. All rights reserved. Lowe's and the gable design are registered trademarks of LF, LLC.

New club for runners off to strong start

BY ALYSHIA HIGGINS

Lyndsay Thompson is no stranger to running.

The Stouffville resident and Boyd's Source For Sports employee has competed in four marathons and an Iron Man competition since she began running four years ago.

She is also the driving force behind Stouffville's first running club, hosted out of Boyd's.

"(The club) was a perfect fit for me."

The thought for a running club had been around for a few years before she decided to put the plan into action.

"We put posters up around town, placed an ad (in the paper)," Ms Thompson said. "The response has been wonderful."

She admits to being inspired by a former employer, The Running Room.

There are several clinics being run at the store, all of which Ms Thompson said have received "really great" response.

The Learn To Run clinic, led by Ms Thompson, takes place Tuesday, Thursday and Saturday. In addition to learning to run, participants also receive store discounts, weekly motivational e-mails, weekly goal and long-term goals sheets, tips on how to improve and specialty clinics with guest speakers.

'I want to encourage people just to come out who have wanted to run and not had the means, or people who do run but just haven't had the chance.'

Lyndsay Thompson
Stouffville running club organizer

The newest addition to the stream of clinics is a Mom's Stroller Run, taking place Wednesdays.

An open run takes place every Saturday at 8:15 a.m for anyone who wants to meet running partners.

She's also starting a running club at Stouffville District Secondary School to get students involved.

"There are so many talented runners in Stouffville," she said. "Now runners can meet people close by, and run with someone instead of by themselves."

After the learn-to-run sessions end next month, more clinics will begin, including one for a full and half marathon and a 10 km run.

The Mom's Stroller run costs \$39.99, and Learn To Run clinic is \$69.99, each for 10 weeks.

Ms Thompson encourages runners of all ages and abilities to challenge themselves and improve their running.

"It's not an out-of-the-box program," she said. "You can go as fast or as slow as you want. I want to encourage people just to come out who have wanted to run and not had the means, or people who do run but just haven't had the chance."

Anyone interested in signing up for the clinics can call Ms Thompson at 905-640-6657.

