Could you help the disabled in an emergency?

If you were disabled, could you cope in an emergency?

You can learn what to do at the emergency preparedness workshop for people with disabilities and special needs in Stouffville March 29.

Learn how to prepare ahead for an emergency, disaster or blackout and how to assist people with special needs or disabilities. The workshop also covers preparing for travel and how to cope in an emergency

▶ To register for the workshop, call 905-640-1910, ext. 228

if you live in a high-rise apartment building, among other topics.

It takes place in Latcham Hall, 8 Park Dr. S. from 10 a.m. to 1 p.m. There is no charge.

The workshop is presented by Maxine R. Marz from Emergency Management Ontario and is sponsored by the

Whitchurch-Stouffville Emergency Management Program Committee and Accessibility Advisory Committee.

It's one of the initiatives outlined in the town's 2008 accessibility plan. It also includes initiatives for this year such as making sure all new buildings, such as the new arena and 19 on the Park, are barrier-free, It aims to increase Rupert Park's accessibility through pathways to active facilities and acces-

Inspectors sharing knowledge with real estate agents

House and Country Inspections has hit a milestone.

Started about three years ago by rural Whitchurch-Stouffville resident Maureen Wood, it recently became a member of the Toronto Real Estate Board.

That meant she and her husband, Bob, could be approved to teach a course on radon gas offered through the board.

The courses on radon gas take place May 27, as well as in August and Octo-

They and others offered by the board are "for real estate agents continuing education", Mrs. Wood said.

The Woods also teach part of the home inspection course at Durham College in Oshawa.

Their company checks out homes for people who want to know the condition of their house before selling it, for potential buyers eyeing a new home and for new home warranties.

For more information, contact the Toronto Real Estate Board by visiting torontorealestateboard.com or calling 416-443-8100. To contact Home and Country Inspections, call 905-640-

World prayer day a Stouffville tradition

The World Day of Prayer is being celebrated at Stouffville United Church Friday.

Eight churches in Stouffville have taken turns hosting the annual prayer service where members of all congregations gather.

This year's service, titled God's Wisdom Provides New Understanding, was written by the women of Guyana.

The World Day of Prayer is a worldwide movement of Christian women of many traditions who come together the first Friday of March to observe a common day of prayer each

Worldwide, the prayer service is celebrated in more than 170 countries. It brings together women of various races, cultures and traditions.

The theme of the annual service and the writers are chosen by a committee which meets in a different country every four years. In 2007, the international committee met in Canada.

The event begins at Stouffville United Church, 34 Church St. at 7:30 p.m. Everyone is welcome to attend.

FIBROMYALGIA

If you suffer from FIBROMYALGIA or

CHRONIC FATIGUE then attending this

free symposium may be the most impor-

tant thing you do this year. You will discover

the true cause of these conditions and

natural solutions and options you can use

right away. Many are now able to drive,

take vacations, hold a job, go to school

and socialize for the first time in years. Dr.

Allen Turner is an international speaker and

lecturer who has been featured on the Dini

Petty Show, National News and Canada

AM. He will present a free symposium on

Thursday, March 6th at 7:30 pm at the

Call 905-640-4440 for reservations.

Stouffville Health Centre.

Call 905-640-1163 for

Sat. Mar. 1, 2008

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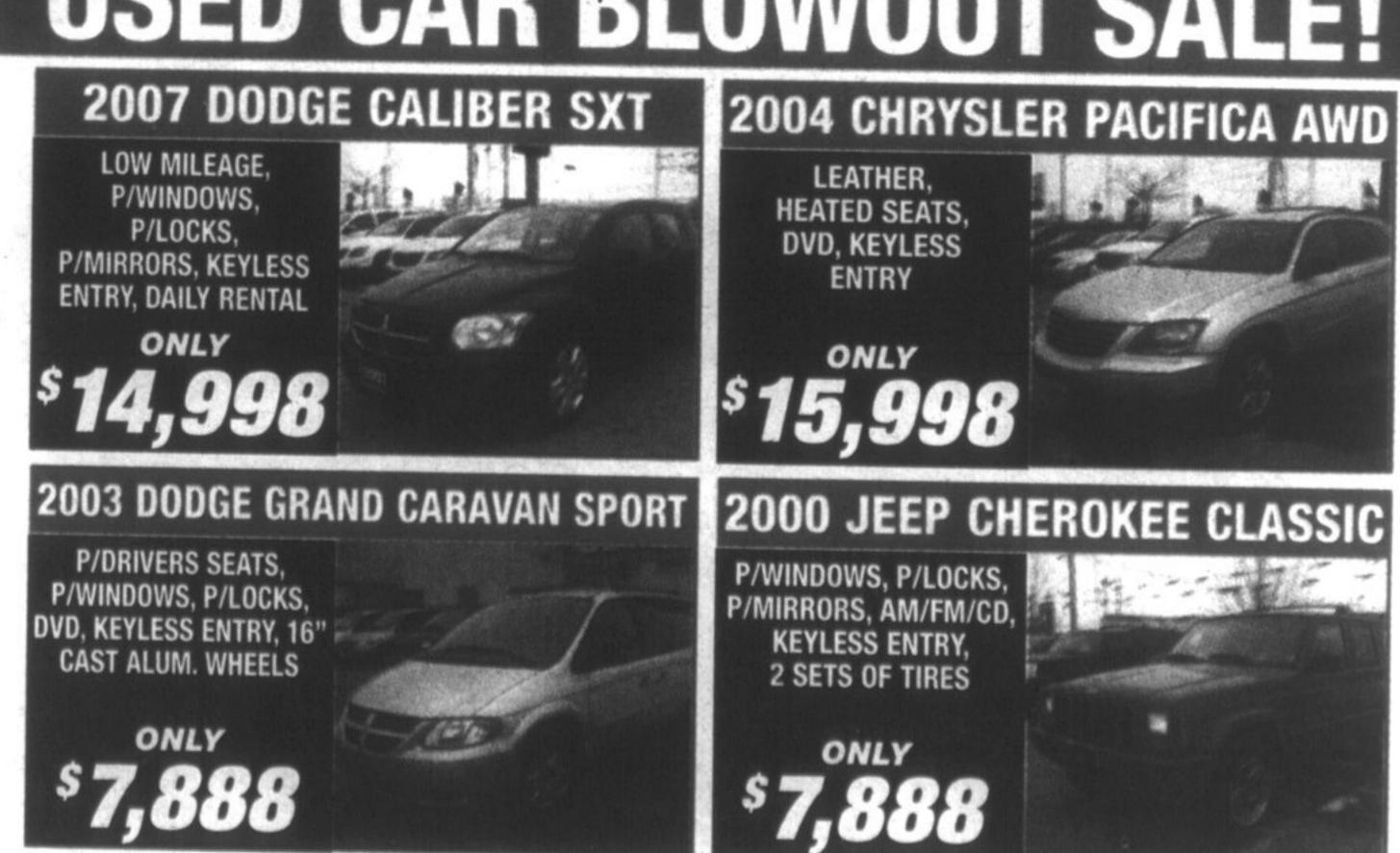
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Join our club for only \$2900 for a 12 week class.

You will receive: Your own personal coach . Group support and much more • Top 3 losers (not really) will split the cash collected from participants • Find 2 people to join the contest with you and you receive a free gift.

The challange starts March 13, 2008 • Starts at 7:00 pm Stouffville United Church, 34 Church St., Stouffville

To pre-register or for more info call:

905-252-3182 or 905-640-5068



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