

Joseph's Picks of the Week

All Natural
"Great for Salads, Snacking & Baking"

Dried Cranberries

4.98
lb
10.98kg

SAVE \$4.00/LB

Cranberry Walnut Slaw
Prep Time: 15 min, Ready In: 15min
Recipe Yield: 16 servings

INGREDIENTS:

- 1lb (454g) package shredded coleslaw
- 1/2 large sweet onion, chopped
- 1 stalk celery, chopped
- 1/2 cup dried cranberries
- 1/4 cup chopped walnuts
- 1/2 cup white vinegar
- 1/3 cup white sugar
- 1/2 cup vegetable oil
- 1 1/2 teaspoons salt
- 1 1/2 teaspoons dry mustard
- ground black pepper to taste

DIRECTIONS: In a large bowl, toss together the coleslaw mix, onion, celery, cranberries, and walnuts. Mix the vinegar, sugar, oil, salt, mustard, and pepper in a jar with a lid. Pour over the slaw mixture, and toss to coat. Refrigerate until serving.

(Pre-Packaged, Random Weight)

The GARDEN BASKET

Putting Quality & Freshness into you

Prices in effect Thursday, February 7, until closed

Quality fresh Produce

Fresh from South America
Plump 'N Sweet
Green Seedless
Grapes

1.48
lb
3.26kg

SAVE \$1.00/LB

Product of USA or Mex.
Premium
Tender 'N Fresh
Asparagus

1.98
lb
4.37kg

1/2 PRICE

Fresh from The Tropics
Super Sweet
Golden Ripe
Pineapples

2.98
Each

SAVE \$1.00

"Fresh from The Island"
P.E.I.
Potatoes

1.28
10lb
Bag

SAVE \$1.20

Product of USA or Mex.
Super Sweet
Grape
Cherry
Tomatoes

2/3.00
Pkgs.

1/2 PRICE

Ontario Greenhouse Grown
Fresh 'N Crisp
Seedless
English
Cucumbers

.98
Each

SAVE .50

Product of USA
Crisp 'N Fresh
ANDY BOY
Anise (Fennel)

.98
Each

SAVE .50

Product of USA (or B.C.)
Crisp 'N Sweet
Royal Gala
Apples

.98
lb
2.16kg

SAVE .30/LB

Product of USA
Fresh "Wintericious!"
Grapefruit

.68
lb
1.50kg

SAVE .30/LB

Bulk Food

Product of California
Freshly
Roasted & Salted
Pistachios

3.98
lb
8.77kg

SAVE \$2.00/LB

Juice

100% Pure
"Not from Concentrate"
Pomegranate
Juice

3.98
1L
Bottle

SAVE \$2.00

The Flower Garden

Ontario Greenhouse Grown
Fresh Cut
Tulips

3/10.00
Bch Or **3.99**
Each

SAVE \$2.00

Fresh
Boneless
Chicken
Breasts

3.88
lb
8.55kg

SAVE \$3.30/LB

Fresh
Pork
Side Ribs

1.77
lb
3.90kg

1/2 PRICE

Aged for 21 Days,
Cut from Canada AA, AAA Beef

2.98
lb
6.57kg

SAVE \$2.00/LB

Boneless
Cross Rib
Pot Roasts

AGED FOR 21 DAYS

The Butcher Shop

Maple Leaf, Country Kitchen
Mini
Half Hams

2.48
lb
5.47kg

1/2 PRICE

Made Fresh Daily
Extra Lean
Ground Pork

1.98
lb
4.37kg

SAVE \$1.50/LB

The Delicatessen

Schneiders
Roast
Beef

1.18
/100g

Schneiders
Lifestyle
Dijon
Ham

1.18
/100g

Turkey
Breast
Buffalo Style or
Pepper Spiced

1.68
/100g

San Daniele
Mortadella

1.18
/100g

In Store Buy
Apple
Pie

2.99

