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Corey McCusker

Master Practitioner of NLP, TET™ and Hypnosis

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2008-Make it great! Your Mind Matters

The start of a new year has always been a time for reflecting on the past and looking forward to the future. Many people want to bring new dreams to life while laying old habits to rest and January is always a good month for making changes. Taking a positive step in the right direction is a wonderful way to ring in the New Year.

At Your Mind Matters, Corey McCusker has created a unique private practice designed to help individuals and teams take control and achieve success. Through discussions with her clients she guides them to move forward and overcome obstacles so they can reach their maximum potential. Corey develops customized programs that focuses on super-charging the most important area of their life, whether it is career, relationships, health and fitness, personal growth and development, or money and finance.

Corey begins 2008 with a new round of weight-loss workshops, smoking cessation programs and "2008-Make it great!" life coaching programs.

With Corey's powerful weight-loss workshop, you will learn to be thin from the inside out, guiding you to make a series of adjustments to the habits that govern your life. Hypnosis accesses your untapped inner resources to change forever the way you feel about food and get you focused on healthy living.

Hypnosis is also the key to Your Mind Matters' spectacularly successful smoking cessation program. Through hypnosis, you will find and release the causes that make you reach for a cigarette and you will be able to focus on being a non-smoker for the rest of your life.

After more than 20 years in the corporate world as a Senior Manager, mentor and business leader, Corey McCusker now coaches individuals and teams to make new choices and transform the way they think. A Master Practitioner of Neuro-Linguistic



Corey McCusker
 Master Practitioner of
 NLP, TET™ and HYPNOSIS

Programming, Time Empowerment Techniques TM and Hypnosis, Corey has realized unprecedented success in helping people lose weight, quit smoking, release anger, fear and anxiety, improve self-image, enhance performance and achieve their career and life goals.

"The ability to change is within each of us but sometimes we just need a little guidance to get there," says Corey. "We tap into a hidden power to help you dispel fears and limiting beliefs, heal your mind and body and let you live life fully from the inside out."

Visit Corey McCusker at
www.yourmindmatters.ca
 Book an appointment today by emailing
 Corey at info@yourmindmatters.ca
 or call 905-640-1758

YORK REGION PRIVATE EDUCATION

SUNDAY, JANUARY 27, 2008
 11AM - 4PM

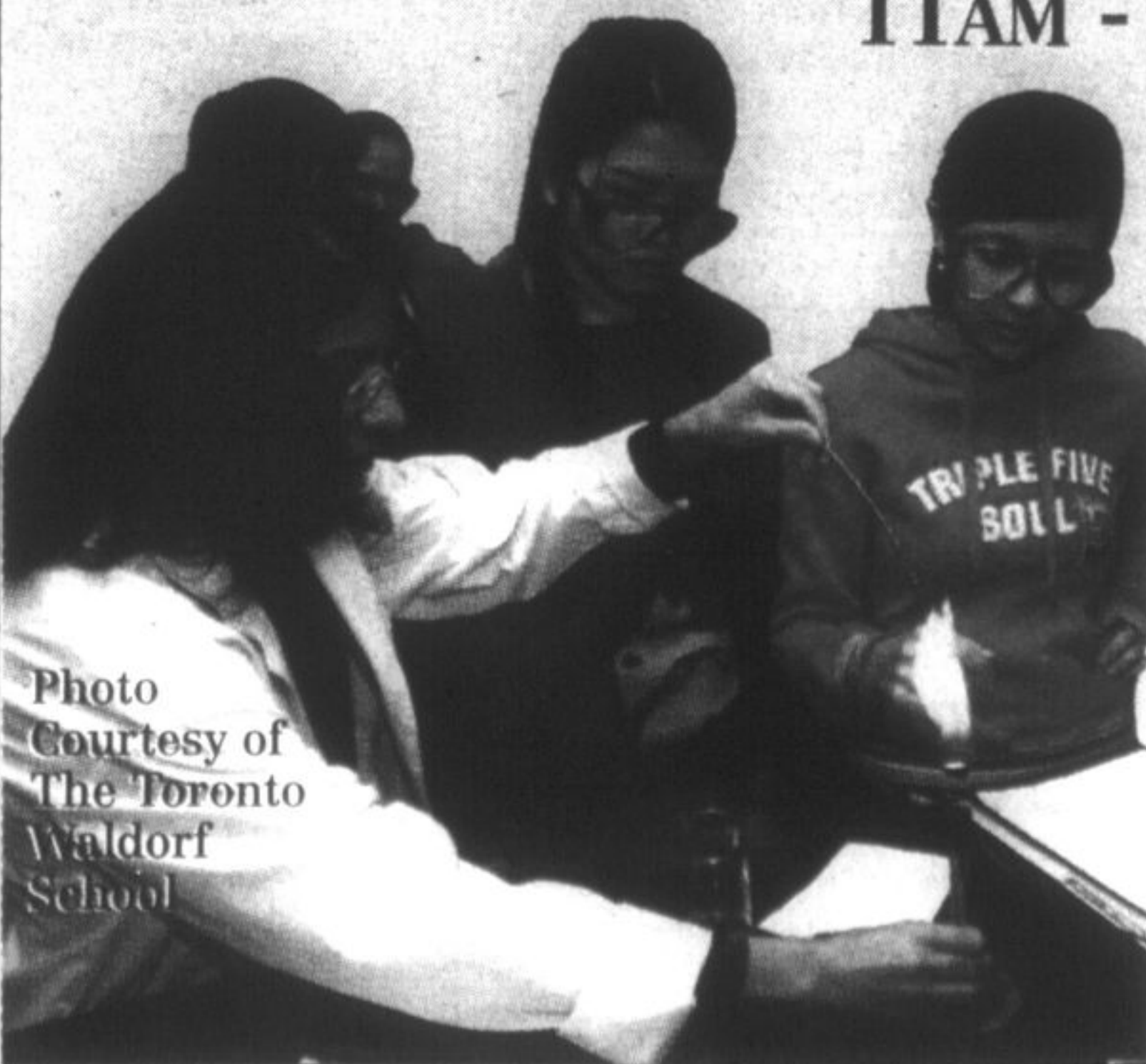
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- The Country Day School
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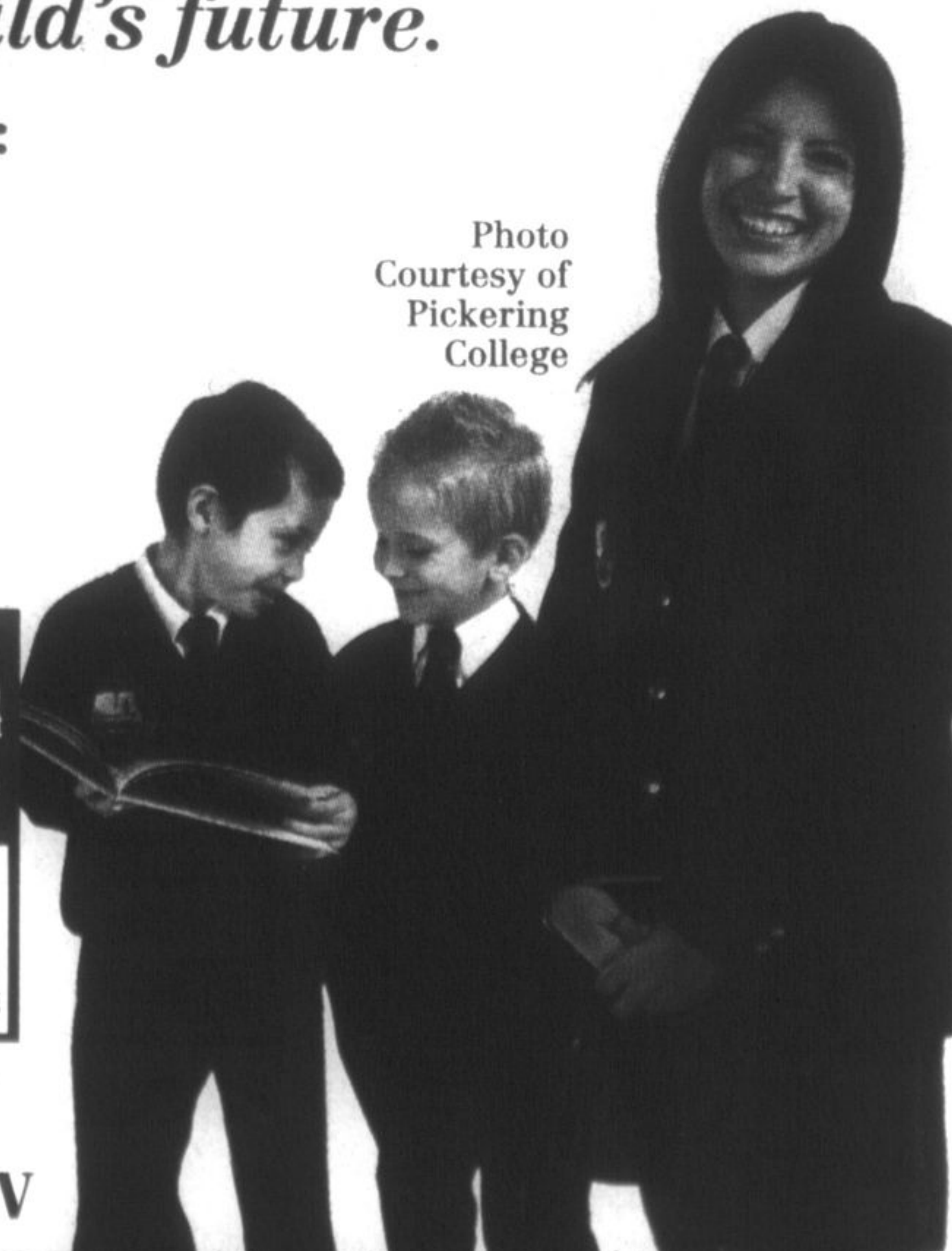
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