

**Today's
equipment
makes
outdoor
cooking
a pleasure**



Almost any meal can be prepared outdoors, and outdoor cooking usually tastes better than the old indoor kind.

If you love good food and the great outdoors, enjoy the best of both in your own backyard outdoor living center.

With a little advance planning, knowledge and practice, almost any meal can be prepared outdoors with perfection.

WHERE TO BEGIN

First select the menu. Your main dish can be almost anything. Beef is easy to barbecue, and because it tastes so good, generally plan on 1/2 to 1 pound of meat per person. Lamb, prepared in much the same manner as beef, is another popular outdoor dish. Pork, spareribs, and sausages are also frequently found at outdoor cookouts.

Poultry cut into pieces and cooked, or prepared whole on the spit, is a great outdoor favorite. Even fish can be cooked on an outdoor grill, but it dries out quickly, so don't overcook it and watch it carefully.

When you've picked the entre, plan the rest of the meal for outdoor cooking as well. Corn on the cob, potatoes, apples, fruit kabobs, green beans, carrots, and many other vegetables may all be part of your cookout.

Some fruits and vegetables are enhanced by a smoky flavor; others are best prepared by wrapping in foil and steaming. Some should

be parboiled and others may be spit roasted whole. It's wise not to skewer cooked vegetables with meat, because they require much less cooking time.

And don't forget bread and dessert — these, too, may be prepared outdoors.

HOW TO COOK?

You've planned your menu, obtained all the ingredients you need, gathered your recipes, invited the guests, and you're all ready. Now, what's the best way to cook outdoors? With most outdoor gas grills, you have three choices: cooking directly on the grid, on the rotisserie, see **COOKING**, page 18

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