

MARKET
 Our Basket Since 1924
 Closing Wednesday, November 28, 2007.

Shrimp Scampi

- | | |
|------------------------------|------------------------------------|
| 3/4 lb (340g bag) raw shrimp | 1/4 tsp salt |
| 6 TBSP butter | 2 TBSP parsley, minced |
| 1 TBSP green onions, minced | 1/4 tsp lemon peel, grated |
| 1 TBSP olive oil | 1 dash hot pepper sauce (optional) |
| 5 cloves garlic, minced | |
| 2 tsp lemon juice | |

Wash shrimp and pat dry with paper towels; set aside. Melt butter in a wide frying pan over med heat. Stir in green onion, oil, garlic, lemon juice, and salt; cook until bubbly. Add shrimp to pan and cook, stirring occasionally, until shrimp turn pink (4 to 5 min). Stir in parsley, lemon peel, and hot pepper seasoning. Makes 2 servings.

TWO DAY SALE! SAT. NOV. 24th & SUN. NOV. 25th

Northern King
4 1/50 Size Raw Easy Peel Shrimps
 (Limit 8 Bags, While Supplies Last!)



LESS THAN 1/2 PRICE

2/500
 340g Bag

(See recipe beside for an easy & delicious way to prepare shrimp)

Michelin's Pizza **LESS THAN 1/2 PRICE**



.78 142g (Limit 8)

Silani Ricotta Cheese **LESS THAN 1/2 PRICE**
 *Regular or Light



1.68 454g Tub (Limit 4)

Brand Name Groceries

Pacific Soups All Natural or Organic 1.98	1/2 PRICE Pillsbury Crescent Rolls .98 235g	1/2 PRICE Lindt Lindor Milk & White Chocolate (Snowman) 2.98 150g Bag
Lefas Kalamata Extra Virgin Olive Oil 6.98 1L	SAVE \$5.00 Astro BioBest Vitalite Pro Biotic Yogourt 3.48 8x100g	SAVE \$1.00 Lactantia Cream Cheese *Brick or Tub *Reg. or Light 1.98 250g

Shop Seafood

Maple Leaf Prime Vegetable Grain Fed Chicken Winglets & Drumettes **SAVE \$1.00/LB**
3.48 lb 7.67kg

Fresh Colossal (Under 10 Size) Sea Scallops **1/2 PRICE**
8.88 lb 19.58kg

Fresh, Grade 'A' Air Chilled & Grain Fed Whole Chickens



1.88 lb 414g
SAVE .60/LB

Over Fresh Bakery

Sha Sha Bakery Ginger Snaps **SAVE \$1.30**
4.98 340g Tub

In-Store Baked Shortbread Cookies **SAVE \$1.00**
2.98 12 Pack

In-Store Baked Apple Pie **SAVE \$1.00**
4.98 Huge 10" Pie 1250g

Schaaf Foods Twin Loaf Cakes **SAVE \$1.00**
3.98 2x325g

Sealtest Chocolate Milk **1/2 PRICE**
.98 1L

General Mills Cereal
 • Multigrain Cheerios 390g **SAVE OVER \$2.00**
 • Apple Cinnamon Cheerios 500g
 • Oatmeal Crisp 450-505g
 • Cinnamon Toast Crunch 360g
2.78 Each

Lancia Pasta **SAVE .80**
.98 900g

Majesta Facial Tissues **SAVE .20**
.78 90's or 136's

Midi Savoird Biscuits **SAVE .80**
1.88 400g

Sensational Soy Beverage **SAVE \$1.00**
2.88 1.89L

Polar Ice Melt **SAVE \$1.00**
6.98 11lb

Billy Bee Honey **SAVE \$1.50**
2.88 500g Squeeze

11-piece Sushi
 Fresh, In Store Made Daily
 8 pcs California Rolls & 3 pcs Sushi
6.98