

Orthodontist creates beauty in her art, books and smiles

BY ALYSHIA HIGGINS

Running three orthodontic practices, writing novels, painting pictures and caring for her animals is all in a day's work for Barbara Frackowiak.

"It does cut into your social life a little and sometimes you don't get as much sleep as you would like to," she said.

The animal lover has been running a orthodontist practice in Stouffville for 15 years, an Uxbridge office and, since February, one in Brooklyn.

After moving to Canada from Poland with her parents and sister, who is also a dentist, Ms Frack-

owiak says she began doodling and discovered she had a talent for drawing.

"It's something I always did on my own, I never had any training in it," she said. "Ever since I was a toddler, I was an animal nut. I started scribbling stories in grade school."

Besides running her orthodontist practices, she also is a successful painter and writer in her spare time.

TWO BOOKS PUBLISHED

She has published two books, *Call Waiting* and *The Horse in the Attic*, as well as a calendar for 2008 featuring her own published works.

"My writing and painting are my ways of relaxing," she said. "It's not a work task for me. I enjoy sitting on the couch with a cup of tea and just writing."

Her ideas stem from her love of nature, her own experiences and other authors.

"*Call Waiting* stems from my own life experience and draws quite a bit from my early experience in dental school," she said. "Sometimes I get ideas from things I read. As far as paintings, it's all around and its mostly nature."

Ms Frackowiak doesn't have any children and says that's perhaps due to the fact she never met the

right fellow.

"Not having children was perhaps one of the sacrifices," she said. "Something has to give somewhere."

She has several pets she calls family.

"I would be very humbly honoured to be considered a role model because in those areas (writing and painting) I'm just starting out," she said.

Any advice?

DREAM BIG

"Don't be afraid to start something even if it's five billion steps to complete it," she said. "Don't let the

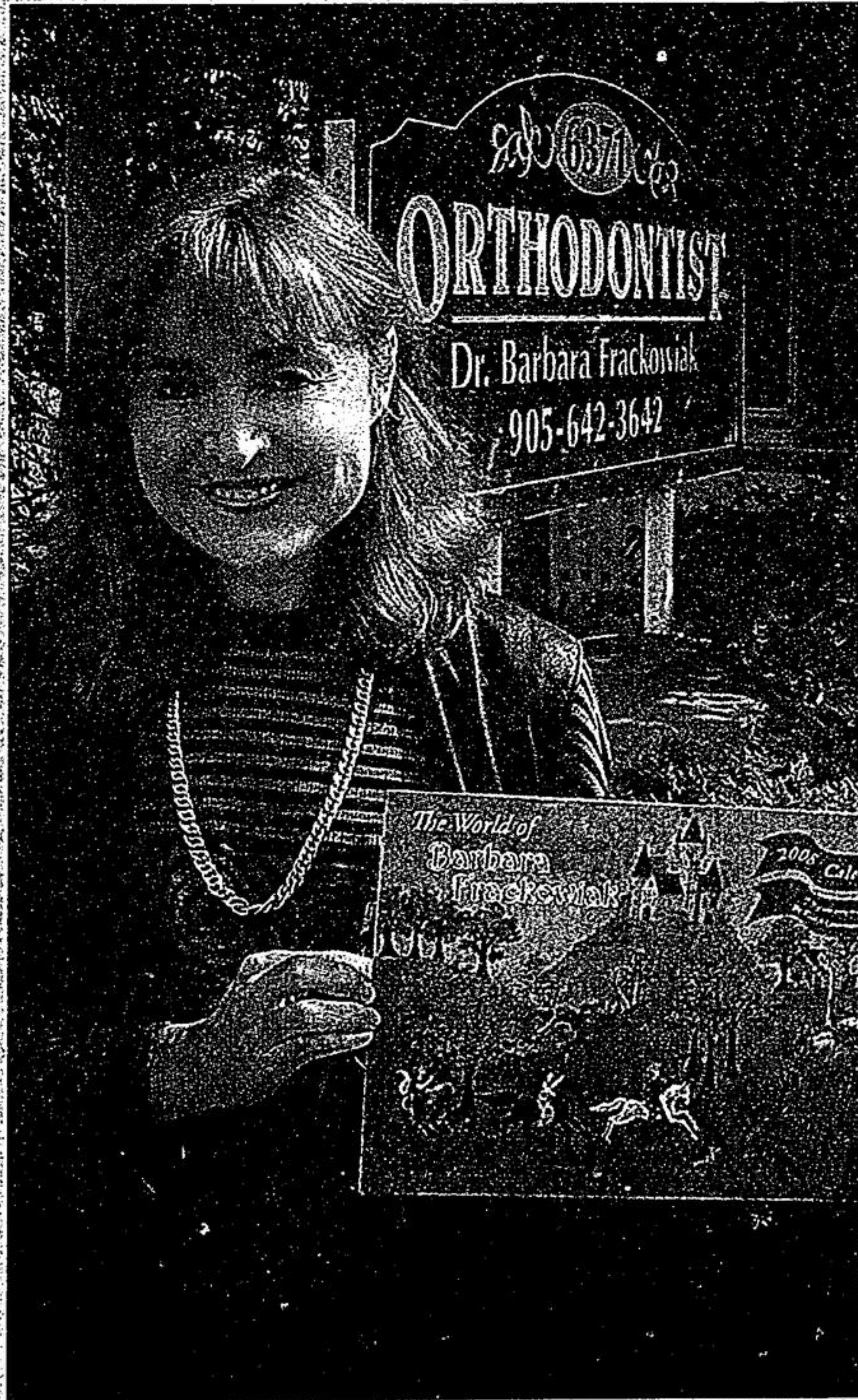
size of a dream intimidate you, just go for it."

She admits while she enjoys painting and writing in her spare time, she loves making a difference in her patient's smiles.

"It's creating beauty," the orthodontist said. "I'm making these wonderful smiles that otherwise wouldn't be there. You're enhancing people self esteem and image."

All proceeds from the sales of her works will be donated to the Wildlife Conservation Society.

To purchase one of her books, visit any Wal-Mart or Indigo store in Canada, go to www.burnambooks.com or call 905 642 3642.



STAFF PHOTO/JIM MASON

Main Street Stouffville orthodontist Barbara Frackowiak has had two books published, as well as a calendar for 2008. Her love of nature shows in her work.

Studios expecting you on weekend

The seventh annual Stouffville Studio tour and sale is Saturday and Sunday from 10 a.m. to 5 p.m.

You can visit 34 artists in 24 locations, showing works in pottery, oil, acrylics, watercolours, stained glass, wood block prints, sumi-e and more.

For more information on the tour, call 905-642-1721 or visit stouffvillestudiotour.com

Stouffville artist part of latest Latcham show

The opening reception of Portraits of The Everyday, the latest exhibition at the Latcham Gallery, will be held Oct. 20 from 1 to 3 p.m.

The show features the work of Valerie Ashton, Jenni

Johnston and Gordon Leverton.

Ms Ashton, a Stouffville artist, uses pastels "to record lonely moments of domestic objects".

Ms Johnston is a Peterborough artist working with oil paint who loves to paint the mundane.

Mr. Leverton lives in Hamilton and uses pastels. He focuses on architecture and details of buildings.

The artists will be at the reception. Everyone is welcome.

The show, sponsored by the RBC Foundation, continues until Dec. 1.

The gallery is at 6240 Main St. in downtown Stouffville.

For more information, call 905-640-8954 or go to latchamgallery.ca

Fall PRE-OWNED Supersale!

OCT. 18 - 22

Every NEW & OPTIMUM PRE-OWNED Vehicle Includes:

NO CHARGE

10 year/160,000 km Warranty, Lifetime Oil Change Program, Hand Wash On Every Service Visit

ALL VEHICLES WINDSHIELD PRICES-NO REASONABLE OFFERS REFUSED

DOOR CRASHER SPECIAL

1999 GRAND AM

\$1,900

DOOR CRASHER SPECIAL

2006 PONTIAC MONTANA SV6

\$149*/\$14,995*

MASSIVE DISCOUNT, FALL BLOW-OUT ONCE A YEAR

762576U	1999	CADILLAC DEVILLE	161255	9995	44220U	2004	CHEVROLET OPTRA	92503	CALL
135281U	1999	CHEVROLET CAMAR	34823	CALL	016172U	2005	CHEVROLET EQUINOX	77854	CALL
157247U	2001	FORD FOCUS	91415	8995	044430U	2005	CHEVROLET EQUINOX	114745	17955
308870U	2000	JEEP GRAND CHEROK	114000	14888	102979U	2005	NISSAN X-TRAIL	95200	17995
906612W	2002	SAAB 9-3	73000	17888	117162U	2005	GMC JIMMY	59522	27995
050617U	2002	SAAB	74418	11888	171136U	2005	CHEVROLET AVALANCHE	77184	CALL
514769U	2002	GMC SAFARI	54160	37888	210681U	2005	CHEVROLET COLORADO	68827	13995
124738U	2003	CHEVROLET CORVETTE	104877	18995	226680U	2005	PONTIAC GRAND PRIX	47932	13995
135735U	2003	CHEVROLET TRAILBLAZER	77085	15995	268837U	2005	PONTIAC UPLANDER	134843	34995
139581U	2003	GMC 3/4 CARGO V	62598	7995	307056U	2005	CADILLAC STS	32132	CALL
145390U	2003	VOLKSWAGEN JETTA	96518	23995	355702U	2005	CADILLAC ESCALADE	47000	10995
149939U	2003	PONTIAC SUNFIRE	60727	12888	434064U	2005	CHEVROLET AVEO	44676	11995
168878U	2003	CADILLAC CTS	69570	34995	557224U	2005	KIA RIO	17895	12995
185759U	2003	SATURN ION 3	67342	13995	578835U	2006	PONTIAC VIBE	57769	32995
191606U	2003	PONTIAC MONTANA	66013	34995	117136U	2006	PONTIAC PURSUIT	37870	27995
199783U	2003	PONTIAC GRAND AM	91536	CALL	112724U	2006	MERCEDES-BENZ C230W	60500	15995
200120U	2003	PONTIAC ESCALADE ESV	79229	CALL	114126U	2006	CADILLAC CTS	67428	16995
201069U	2003	PONTIAC SUNFIRE	109549	CALL	121652U	2006	PONTIAC G6	75475	CALL
225445U	2003	PONTIAC MONTANA	126799	8995	136858U	2006	FORD FIVE HUNDRED	27163	CALL
241047U	2003	PONTIAC MONTANA	65246	16995	216071U	2006	CHEVROLET UPLANDER	38385	15888
249900U	2003	PONTIAC MONTANA	79229	CALL	239189U	2006	PONTIAC MONTANA	38500	CALL
285186U	2003	CHEVROLET MONTE CARLO	125300	12995	259438U	2006	PONTIAC G6	47596	16995
287525W	2003	GMC SONOMA	50110	10888	292032U	2006	PONTIAC G6	47596	16995
305805U	2003	CHEVROLET MONTE CARLO	50110	10888	312307U	2006	DODGE CHARGER	93668	34995
334264U	2003	PONTIAC GRAND AM	71394	14888	368802U	2006	CHEVROLET MALIBU	19207	22995
352840U	2003	PONTIAC MONTANA	52492	12888	478355U	2006	PONTIAC GRAND PRIX GTP	58240	CALL
514901U	2003	JEEP TJ	61497	CALL	789378U	2006	CHRYSLER 300	36611	13995
540850U	2003	CHEVROLET MALIBU	96763	CALL	839678U	2006	CHEVROLET HHR	37750	13888
703526U	2003	BUICK RENDEZVOUS	103848	16995	877416U	2006	PONTIAC PURSUIT	21197	CALL
801342U	2003	PONTIAC GRAND AM	57845	11995	032896U	2006	CHEVROLET COBALT SS	44907	14995
802099U	2003	HONDA ACCORD EXL	77833	22995	003387U	2007	PONTIAC PURSUIT	21305	21995
179193U	2003	HONDA ELEMENT	96569	9995	108306U	2007	FORD ESCAPE	58948	26995
112000U	2004	BMW 325i	85000	13995	156957U	2007	CHEVROLET EQUINOX	24153	56995
124755U	2004	PONTIAC SUNFIRE	49813	13995	165458U	2007	CHEVROLET CORVETTE	12100	CALL
156661U	2004	CHEVROLET MALIBU	120979	26900	167219U	2007	PONTIAC MONTANA	34531	19995
182044U	2004	PONTIAC MONTANA AWD	60000	19995	215753U	2007	PONTIAC G6	14292	36995
228709U	2004	CADILLAC CTS	78500	11995	256225U	2007	CHEVROLET TRAILBLAZER	25700	14995
232225U	2004	PONTIAC GRAND PRIX GTP	102677	11995	328967U	2007	PONTIAC PURSUIT	20546	15995
260666U	2004	PONTIAC GRAND PRIX	138312	23995	506245U	2007	PONTIAC G5	19157	15995
327398U	2004	PONTIAC MONTANA	74826	23888	555678U	2007	PONTIAC G5	12731	14995
383079U	2004	CHEVROLET Z71	78967	16995	605280U	2007	PONTIAC G5	626	31995
431128U	2004	CHEVROLET SILVERADO	68793	30995			DODGE RAM 1500	43656	CALL
523033U	2004	PONTIAC VIBE	34312	30995			CHRYSLER PT CRUISER	19369	CALL
534629U	2004	HONDA PILOT	16995	56995			CHEVROLET SILVERADO	13776	CALL
601603U	2004	BUICK RENDEZVOUS	49019						

DON'T MISS OUT **TOP TRADE VALUES** **ON SITE APPRAISERS**

Disclaimer: All sale prices plus administration, global i, taxes, licensing. Pontiac Grand Am being sold as-is. Recommended maintenance must be performed at Eastside Chevrolet for Warranty and Oil Program to be valid. BI-weekly payments based on 72 mos @ 9.99% with 10% down payment E.P. \$10000 @ 9.99% apr = \$621.00 cost of borrowing per year.

EASTSIDE

THE NEXT GENERATION
CHEVROLET AT ITS HIGHEST LEVEL

**8435 Woodbine Ave,
Markham**

905-475-7373

www.eastsidechev.ca