

OPEN ET

Thanksgiving

STORE CLOSED THANKSGIVING MONDAY OCTOBER 8TH

Closing Wednesday, October 10, 2007.

ONE DAY ONLY! SATURDAY OCTOBER 6th

Frozen, New Zealand
Rosemary & Garlic Frenched Rack of Lamb

8.88 Each 354g Rack
(Limit 4 While Supplies Last)

SAVE OVER \$6.00

A small roast, rack of lamb trimmed & ready for the oven is called Frenched. Ideally lamb is cooked until blush pink in the centre.

Lancia Lasagna **1/2 PRICE**
.98 500g (Limit 4)

Minute Rice 100% Premium Long Grain Rice **1/2 PRICE**
2.75 1.4kg (Limit 4)

Brand Name Groceries

Gallo Extra Virgin Olive Oil **SAVE \$3.00**
4.98 1L

Pillsbury Crescent Rolls **1/2 PRICE**
.98 235g

Haagen Dazs Premium Ice Cream or Bars **SAVE \$2.00**
3.98 500ml/3's or 4's

Inari Organic Juice (Not from Concentrate) **SAVE \$2.50**
1.48 750ml

Robin Hood or Duncan Hines All Purpose Flour **SAVE UP TO \$2.00**
2.98 2.5kg

Higgins & Burke Premium Gourmet Teas **SAVE \$1.00**
1.98 20's

Seafood

Aged for 21 Days, Cut from Certified Angus Beef Boneless Top Sirloin Premium Oven Roasts **SAVE \$2.20/LB**
5.88 lb 12.96kg

Fresh Trout Fillets **SAVE \$2.00/LB**
6.88 lb 15.17kg

Frozen, Stuffed Boneless Turkey Breast Roasts **SAVE \$2.00/LB**
4.98 lb 10.76kg

Orville Redenbacher Microwave Popcorn **SAVE .80**
1.88 3's & 4's

Pastore Premium Gourmet Pasta **SAVE \$1.00**
1.98 500g

Bomba Hot Sauce
4.98 314ml

Pastore Biscotti or Cantucci Cookies **SAVE \$1.00**
2.98 250g-300g

Green Giant Frozen Vegetables **SAVE .80**
2.68 1kg

Duc d'O Fruit Jellies **LESS THAN 1/2 PRICE!**
3.98 500g

Kikkoman Soy or Teriyaki Sauce **SAVE .70**
1.68 296ml

Oven Fresh Bakery

Assorted Dinner Rolls **SAVE \$1.50**
12/248

In Store Baked Artisan Cranberry Pumpkin Seed Bread **SAVE \$1.60**
2.88 Loaf

In Store Baked Apple Pie **SAVE \$1.00**
2.98 8" Pie

Peter's Pastries Tiramisu Cake **SAVE \$3.00**
14.88 7" Cake

Campbell's Soup **SAVE .40**
.78 284ml

Natrel Café Flavoured Creamers **SAVE .50**
1.78 425ml

11 piece Sushi **Fresh, In Store Made Daily**
8 Pcs. California Rolls & 3 Pcs. Sushi
6.98