

# Hike for Hospice starts in Stouffville

BY CHRIS TRABER  
Staff Writer

Looking for a fun-filled fall outing that will do you and the Markham-Stouffville Evergreen Hospice a lot of good?

Consider the Hike for Hospice, Oct. 14, a leisurely trek through autumn's majesty as showcased in the Stouffville Conservation Area.

*The early bird \$25 registration fee, before Monday and \$35 after that date, is waived if you raised \$50 or more.*

You, your family, friends and even pets can participate in either a 2.5 or five-kilometre hike, enjoy a light lunch and a free T-shirt with pre-registration. You can walk, run or bike.

The early bird \$25 registration fee, before Monday and \$35 after that date, is waived if you raised \$50 or more. Prizes are available for top

donors in three categories.

For 12 and younger, it's a \$100 gift certificate; an iPod 2GB Nano is up for grabs for 13 to 18 year olds and a DVD player can be won by those 19 or older.

There are also draws for additional prizes. Each \$50 in pledges gives you a draw ticket.

You can also set up your own hike page and have supporters donate online.

The event is part of a national campaign to raise funds and awareness for hospice palliative care. The local beneficiary is non-profit Evergreen Hospice.

The organization provides free physical, psychological, social, spiritual and practical support to people living with life-threatening illness, their loved ones and the bereaved.

The hike is scheduled rain or shine and parking is free.

Registration begins at 11 a.m. at St. Brigid Catholic Elementary School, 223 Millard St., Stouffville. The hike begins at noon.

Information, registration and sponsorship details are available online at [www.evergreenhospice.org](http://www.evergreenhospice.org) by following the Hike for Hospice link.

# Safety village benefits from Cousens' golf event

Don Cousens may have retired as mayor of Markham, but he's still helping the community.

The second annual golf tournament and luncheon in Mr. Cousens' name will be held Oct. 12 at Angus Glen Golf Club in Unionville.

Entry fee is \$300. Proceeds will help complete the

fire education classroom that bears Mr. Cousens' name at the Community Safety Village of York Region in Whitchurch-Stouffville.

Mr. Cousens, who retired as mayor last year after 12 years, started his political career in the region in 1972.

The safety village, which opened in 2005 at Bruce's Mill Conservation Area,

has been visited by 25,000 children annually.

Angus Glen hosted the Canadian Open event on the PGA Tour in 2002 and 2007.

There are lots of openings.

To enter, call 905-927-1919, ext. 21.

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