

Joseph's Pick of the Week

Product of USA, Canada No. 1 Grade
Sweet 'N Juicy

Jumbo Size
Cantaloupes

1.98

Each

SAVE \$1.01

Grilled Chicken with Cantaloupe in Pasta Shells

INGREDIENTS:

- 1 medium ripe mango, peeled seeded, chopped
- 2 cleaned de-boned chicken breasts
- 6 jumbo pasta shells
- 1/2 cantaloupe seeded diced
- 1/4 cup of sour cream
- 1 tablespoon fresh chives, minced
- 2 tablespoon lime juice
- 1 tsp Dijon Mustard

PREPARATION:

Season chicken breasts with salt pepper and seasonings which you like. Grill chicken, cool and cut in to small pieces. Set aside. Cook pasta according to directions on package. Rinse with cold water and set aside. Combine diced mango, melon, chicken and rest of ingredients; stuff shells and serve.

The GARDEN BASKET

Putting Quality & Freshness in
Prices in effect Thursday, July 5th

Quality fresh Produce

Product of USA
Canada No. 1 Grade
Fresh 'N Sweet

Blueberries

1.98

Pint

SAVE \$1.01

Ontario Grown
No. 1 Grade

Sweet
Cherries

2.98

1lb Pkg.

SAVE \$1.01

Product of Costa Rica
Canada No. 1 Grade
Sweet 'N Juicy

Golden Ripe
Pineapples

2.98

Each

SAVE \$2.01

Product of USA or
Canada No. 1 Grade
Fresh 'N Tender

Broccoli
Crowns

.98

lb
2.16kg

SAVE \$1/LB

Product of USA or
Canada
No. 1 Grade
Crisp 'N Tender

Celery
Stalks

.98

Each

SAVE \$1

Product of Canada
No. 1 Grade
Fresh 'N Tender

Green & Red
Leaf Lettuce

.78

Each

SAVE \$1

Product of USA
Canada No. 1 Grade
Fresh 'N Tender

Large Regular
Eggplants

.98

lb
2.16kg

SAVE \$1/LB

Product of Ontario
No. 1 Grade
Crisp 'N Tender

Field
Cucumbers

2/.98

SAVE \$1.59

Product of USA
Organic

Raspberries

2.98

Pkg.

SAVE \$1.00

Fresh
Pork
Tenderloins

3.98

lb
8.77kg

SAVE OVER \$3.00/LB

Great on the GRILL!

Janes Club Pack
Pub Style
Chicken Breast
Strips & Nuggets

7.98

3.3lb BOX

JANES
family favorites

Pub Style
Chicken
Breast
Strips

(While Supplies Last)
(Limit 3)

SAVE \$6.00

The Butcher Shop

Aged for 28 Days,
Cut from USDA Select Beef

Boneless
Eye of Round
Oven Roasts

2.68

lb
5.91kg

1/2 PRICE

Aged for 28 Days,
Cut from USDA Select Beef

Boneless
Top Sirloin
Grilling Steaks

4.98

lb
10.98kg

In Store Made
Pork
Sausages

2.98

lb
6.57kg

(*6 Varieties to Choose From)

The Delicatessen

Schneiders
Less Salt
Bacon

2.98

500g

1/2 PRICE

Silani
Baby Fruilano
Cheese

7.98

Each
625g

Maple Leaf
BBQ
Wieners

1.88

450g Pkg.

Cuddy
Smoked
Turkey
Breast

1.78

/100g

Gourmet
Cooked Se
Chick
Quart

4.98

(Individual)

Organic
Amaranth
Organic
Grains

1.98

lb
4.37kg

(Random weight packages)
(High in Protein, Fibre, Iron & Calcium)

SAVE \$1.00

(FREE Recipes beside product)

Bulk-Food
Sunmaid
Raisins

1.98

250g
Box

Bulk-Food
Premium &
Deluxe Mix
Nuts

4.48

lb
9.88kg

(Random weight packages)

1/2 PRICE

Juice Bar
Van Dyk's
(Not from Concentrate)
100% Pure
Blueberry
Juice

9.98

Glass
Bottle

SAVE \$3.01

Gardening
Colourful
10" Hanging
Baskets

7.98

Each

1/2 PRICE

The Flower Garden
Product of Ontario
Beautiful 6" Pot
Hibiscus
Flowers

9.98

each

SAVE \$5.01

Regular Hours: Mon.-Wed. 8am-9pm; Thurs.-Fri. 8am-9:30pm; Sat. 7am-8pm; Sun. 8am-7pm

www.thegardenbasket.ca

• We reserve the right to limit quantities • No rainchecks • Savings based on both copy and illustrations, errors may occur. • We reserve the right to