

## About Our People

At Southlake, our highly skilled Maternal Child Care team, comprised of family doctors, midwives, a neonatologist, nurses, obstetricians, paediatricians, a perinatologist, volunteers, and our committed support staff, work closely to provide compassionate and responsive care to thousands of women and babies each year. They are passionate about helping parents build strong, healthy families and, when the time is right, are ready to support you through your own personal journey.

## Out-patient Services

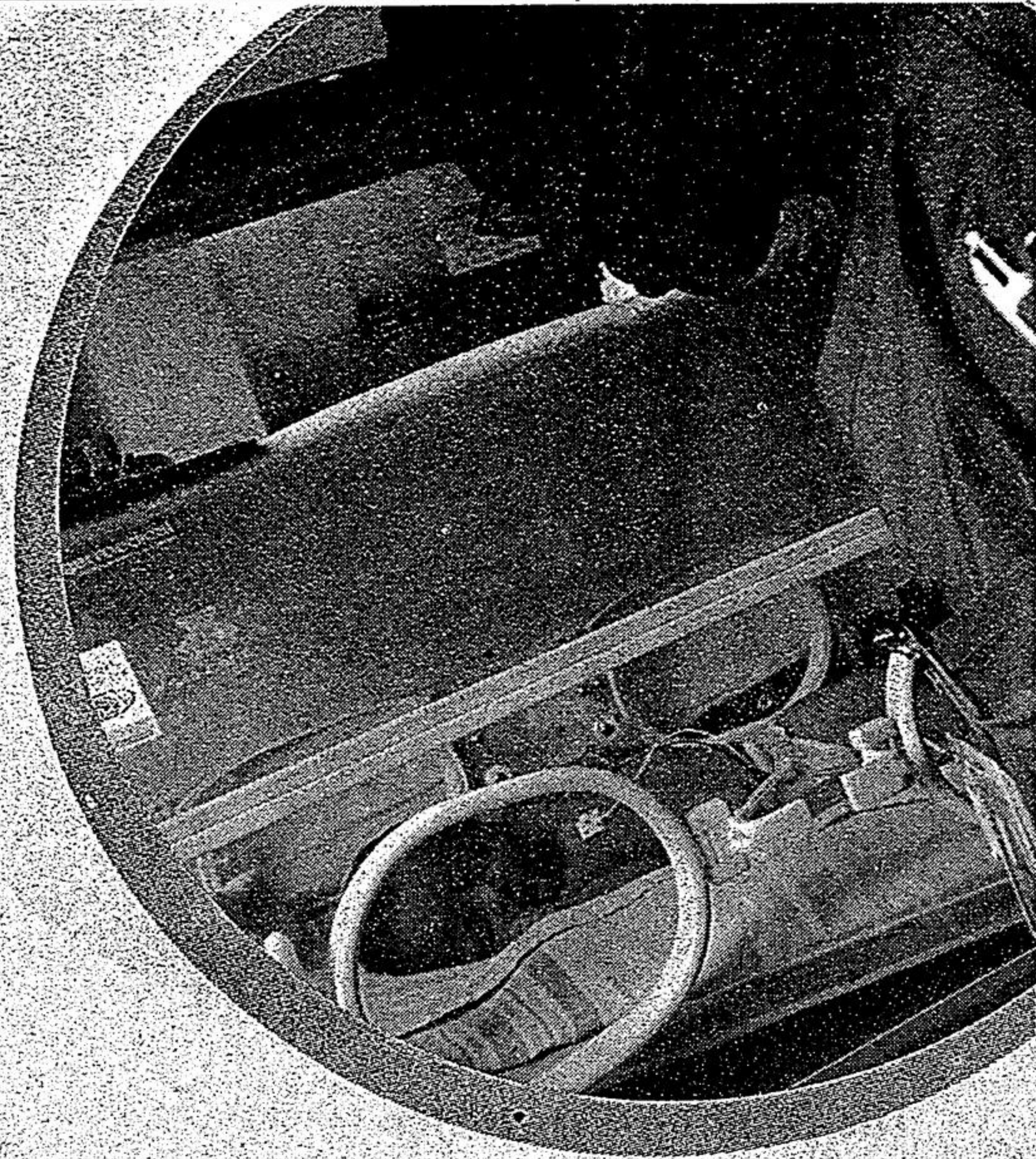
At times, a woman may require special attention during her pregnancy or in the early weeks following the birth of her child. Our Out-patient Clinics are staffed by experienced healthcare professionals who have the expertise to assist in the following ways:

### High Risk Perinatal Clinic

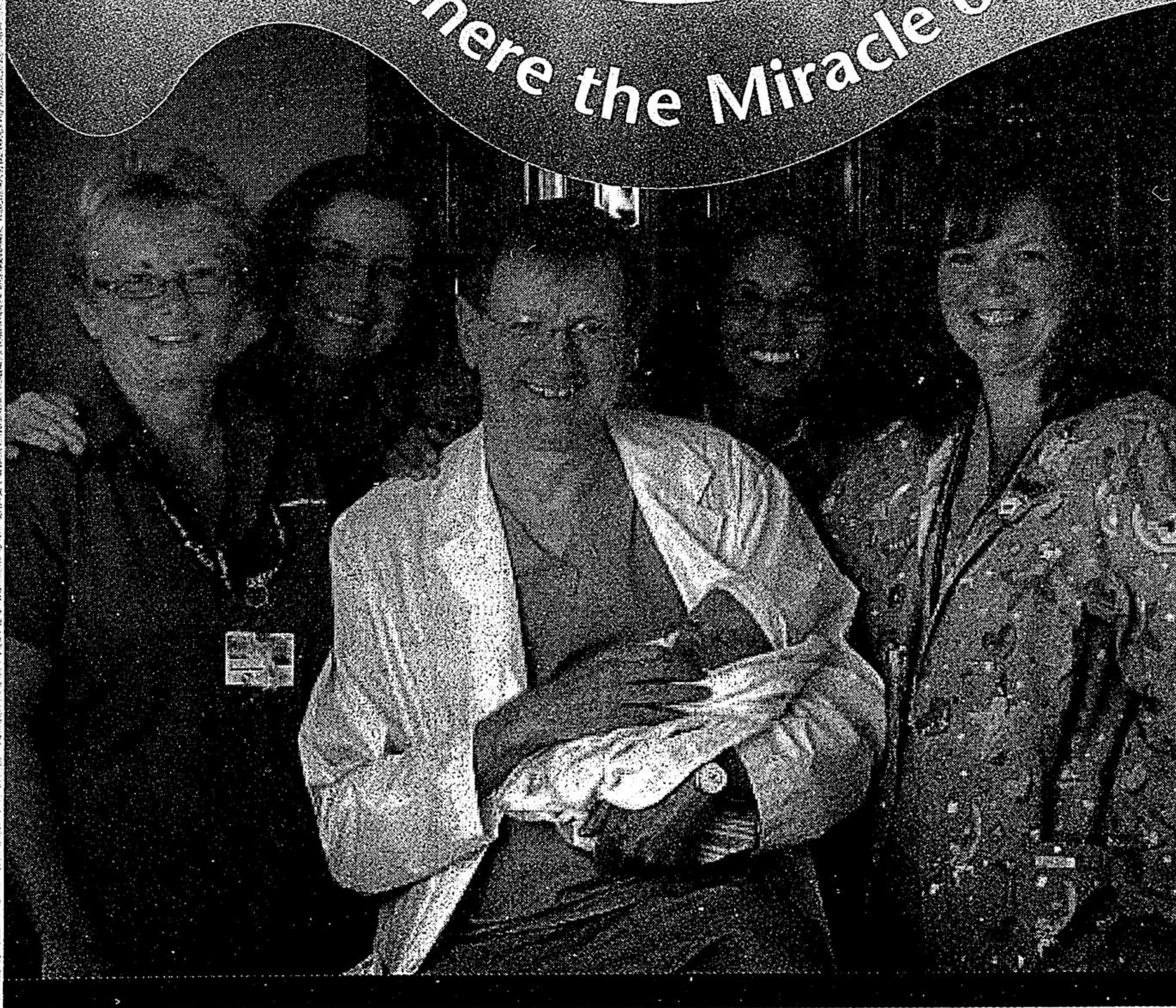
Consultation and assessment for both mother and baby during the early stages of a high-risk pregnancy.

### Breast-feeding Clinic

Individual breast-feeding support, assistance, and education is provided up to six weeks after mom leaves the hospital. Breast pump rental and supplies are also available through the clinic.



## Where the Miracle of Life Begins



### Directory of Services

**ABC Prenatal Clinic**  
905-895-4521, ext. 2665

**ABC Prenatal Education Program**  
905-895-4521, ext. 2724

**Birthing Unit Tours**  
905-895-4521, ext. 2665

**Breast-feeding Clinic**  
905-895-4521, ext. 2665

**Labour & Delivery Hotline**  
905-895-4521, ext. 2225  
*Provides 24/7 access for expectant parents who require labour and pregnancy support.*

Southlake Regional Health Centre  
596 Davis Drive, Newmarket, ON L3Y 2P9  
Phone: (905) 895-4521 Fax: (905) 830-5985 [www.southlakeregional.org](http://www.southlakeregional.org)



**SOUTHLAKE**  
REGIONAL HEALTH CENTRE