

**Bereaved Families of Ontario** (905)  
**898-6265**  
 York Region  
 An Association of families who have experienced the death of a loved one.  
 bfoyr@bellnet.ca  
 www.bfoyr.com

This message brought to you as a community service of The Economist & Sun.

**FATHER'S DAY...**  
 ...Because your Father is very special to us.  
 Call us to register for a FREE Gift (\$50 value)



**Happy Father's Day**  
 Send your Dad a health message...

What we do is pay \$110 to \$2300 to our product tester clients, for their feedback about our healthy products



**Imagine...**  
 Getting paid to try **ORGANIC** healthy products

**THE RISE GROUP INT.**  
 Call us right now and enroll yourself today  
**1-888-LET-RISE (538-7473)**  
 www.TheRiseGroup.com

**HEALTHY EATING AND WEALTHY REWARDS, ISN'T THAT GREAT?**

There is a registration product fee required for different programs and you can earn income accordingly. The program fee is held to ensure your serious participation. We assure you, you will receive your program fee back with your 1st premium cash reward cheque.



STAFF PHOTO/JIM MASON

**TEAM WITH HEART**

Town of Whitchurch-Stouffville employees head down Main Street on the Heart and Stroke Foundation's Big Bike last week. Riders collected pledges for a series of rides by local organizations and companies in support of heart services.



You don't have to be on the street!  
 Are you 15-19 years old  
 and need a place to stay while you sort things out?

Contact us at Pathways at (905) 471-7877

This message brought to you as a community service of The Markham Economist & Sun



"We do not have call display and we do not record the call"  
 "Cash rewards for anonymous tips that lead to an arrest"  
**1-800-222-TIPS or www.crimestoppersyr.ca**



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Canadian Mental Health Association, York Region Branch

Proudly presents  
**Margaret Trudeau**  
 Former First Lady of Canada

*Breaking the Myths of Mental Illness*

Monday, June 18, 2007  
 Hilton Suites Toronto/Markham  
 Conference Centre & Spa  
 8500 Warden Avenue, Markham

6:00 p.m. Doors open  
 7:00 p.m. Breaking the Myths of Mental Illness  
 8:30 p.m. Annual General Meeting for CMHA, York Region Branch  
*There is no charge to attend our AGM*

Tickets: \$35  
 For more information:  
 Purchase tickets online: www.ticketweb.ca  
 www.cmha-yr.on.ca  
 For general inquiries: 1-866-208-5509 ext. 0

PRESENTED WITH THE SUPPORT OF:

**north mental health works**

**Chouinard Bros.**

**SOAR**

**CANADIAN MENTAL HEALTH ASSOCIATION**  
 ASSOCIATION CANADIENNE POUR LA SANTE MENTALE  
 YORK REGION BRANCH  
 Serving York Region and South Simcoe

**United Way**  
 York Region  
 Member Agency

**About Trudeau** ... In 1971, at age 22, Margaret Trudeau became the youngest First Lady in the world. Her official role led her on a continuous round of state visits, political campaigns, and grand parties for world leaders. But the red tape and unrelenting security stifled her free spirit and by the time she mastered the fine art of protocol, she no longer wanted to live by the rules. She has attracted more publicity and more criticism than any woman in Canadian history. Margaret Trudeau has suffered from the debilitating effects of her bipolar condition for all her adult life. Now, after seeking medical treatment that has given her life balance and happiness, she advocates strongly on mental health issues, helping people overcome the stigma of mental illness that often prevents sufferers from getting help. Throughout it all, she has kept her sense of humour and spontaneity. Her message is one of strength, resilience and redefining one's goals.

**AMICA** at Newmarket **AMICA** at Swan Lake

Present Amica at the Park  
**Royal Ascot Day**

Thursday, June 21st, 2007, 10:00 am - 4:00 pm

- Event Location:  
 Amica at Swan Lake, 6360 16th Ave. Markham, ON
- 10:00 am - Royal Welcome
  - 10:15 am - Harpist ~ Nicole Lancaster
  - 10:30 am - Ascot Mini-Putt & Lawn Chess
  - 11:30 am - Keepsake Photos
  - 12:00 noon - Luncheon
  - 1:00 pm - Croquet ~ Shuffleboard ~ Ring Toss
  - 2:00 pm - Crafting Royal Ascot Fans
  - 2:30 pm - Music by the King City Trio
  - 3:45 pm - Royal Farewell



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 • Full Service Fine Dining • Wellness & Vitality™ Programs  
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**AMICA**