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Markham Stouffville Hospital showcases nursing roles

Markham Stouffville Hospital is hosting a career fair May 10 to showcase the diverse roles nurses play in health care. Attendees will have the chance to connect with experienced nurses as well as those new to the field. A representative from Seneca College will also attend to discuss entry requirements and provide other information.

The event is designed for Grade 10 students. Those students will have the opportunity to connect with nurses from the

hospital as well as from agencies across York Region, including public health and the Community Care Access Centre.

The event takes place at Markham Stouffville Hospital's auditorium, at 381 Church St. in Markham from 12:30 to 2:30 p.m.

Obese workers cost employers more, report says

Obesity can hurt your health in more ways than you might think, according to a new study. Researchers at Duke University say

overweight workers cost their companies more in injury claims than thin colleagues and are nearly twice as likely to claim workers compensation.

They also found the fattest workers had 13 times more lost workdays due to work-related injuries involving the back, wrist, arm, neck, shoulder, hip, foot and knee.

The findings came from eight years of data from 11,728 people working at Duke and its health system. The most obese workers — meaning those with a body mass index of 40 and higher — had the highest rate of claims and lost work days.

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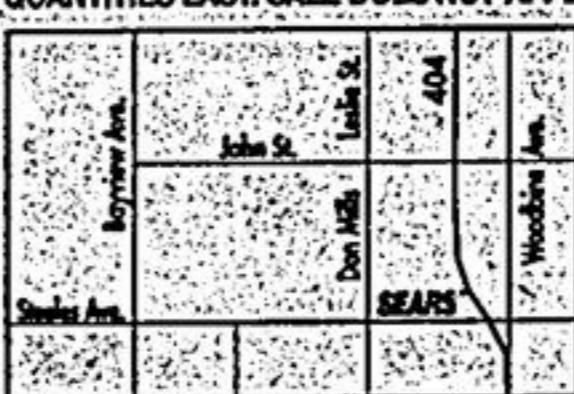
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