

Stars girls show heart in turnaround

*From winless to respectable
and a tournament final*

BY MIKE HAYAKAWA
Staff Writer

John Wilson believes in the adage that you gotta have heart. Based on the way his Markham

Stouffville bantam C Stars girls' hockey team performed this past season, the head coach thought his troops exhibited plenty of it. They had 12 victories, four ties and a berth in a tournament final.

Some of the girls were members of a Stars peewee rep C team that won just one game last year and none two seasons ago.

"Each and every girl had numerous special moments throughout the year," Wilson said. "Everybody gave 100 per cent. This team had a lot of heart."

Wilson attributed the turnaround to the players' enthusiastic approach.

The grade 8 and 9 girls played 52 rep games. As well, the players faced each other during a 25-game house league season.

NHL-TYPE SCHEDULE

"It's almost the same as an 82-game NHL regular season," Wilson said.

Their diligence paid off at the season-ending Brampton Cougars Tournament as the Stars advanced to their first final, where they lost 4-0 loss to Barrie.

Among those who contributed to the club's success this year are goalkeepers Cara Sebastian and Jordan Girolametto-Prosen.

Playing on the forward lines were Stephanie Halkidis, Krista Rovo, Anna-maria Avarino, Julia Lennox, Talia Faubert, Elizabeth Wilson, Caitlin Pacini, Kelsey Hagan, Victoria Christofolis and Courtney Gibson.

Toiling on defence were Annalise Mathers, Dominique Cunningham-Reimann, Jennifer Lee, Maxine Schmidt, Carlee Schollen and Hilary Sherrard.

Assisting Wilson on the bench were Bill Lee, Sal Pacini, Voula Christofolis and Randy Hagan.

Aileen Grant and Sandra Mathers were team managers.

Rugby teams prepare for tournament play

A slow start proved costly to the Stouffville District Secondary School Spartans senior boys rugby team in its exhibition tilt Wednesday against host Lindsay Collegiate Institute.

After trailing 10-0 in the early going, the Spartans fell 19-7. Kyle Miller scored the lone try for the Spartans and Matt Raguseo added the convert.

Despite the loss Spartans head coach Jamie Hewitt was happy with his club's effort.

"Lindsay is an amazing team. They have one or two national team players and another two to three guys who are provincial team players," he said. "But I was pleased with the way we played."

The loss came on the heels of a 30-24 win a week ago Friday against host Dunbarton Secondary. Bruce Preston, Dylan Stewart, Jamie Gregory, Miller, Jason Lock and James Beare each had a try.

In other games that day, the Spartan juniors fell 30-0 to Dunbarton.

In a bantam match, the Spartans fell 10-5 to Dunbarton. Sam Carrick scored the lone try.

The Spartan seniors will resume exhibition play Tuesday when they travel to Stratford for the Miller Cup.

They host the Spartan Invitational tournament Friday.

The senior side will see the Spartans play Huron Heights (Newmarket) at 8:30 a.m. Other first-round matches include Uxbridge against Birchmount Park (Scarborough) at 9:05 a.m., Alexander Mackenzie (Richmond Hill) against Dunbarton (Pickering) at 9:40 a.m. and Dr. G.W. Williams (Aurora) against Brock High School at 10:15 a.m.

Junior entries include Alexander Mackenzie, Uxbridge, Brock, Huron Heights, Dr. G.W. Williams, Sir Oliver Mowat (Scarborough), the Spartans and Birchmount Park.

The senior and junior finals take place at 3:30 p.m.

For more on high school sports, go to: yraa.com

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It's a fact. You need to test and treat your spa constantly to keep the water free from dangerous contaminants. If you don't, your hot tub could become the breeding ground for all kinds of nasty things that could make you sick or make your hot tub very unattractive. However, there is a big problem with the way most spas are treated: harsh, dangerous and harmful chemicals are used.

Many of the chemicals used to treat your spa are toxic. And that's not all. The elevated temperatures of spas cause these chemicals to be more active and an even greater threat to your health. Elevated temperatures also open up the pores of your skin, making you more vulnerable to attack from these chemicals. If that isn't enough...these harsh chemicals are absorbed directly into your blood stream when you breathe the vapours caused by the elevated temperatures. Is it any wonder that more than 80% of the people who use hot tubs have some kind of adverse reaction like red eyes, dry skin and irritating rashes?

There are other problems with chemicals. Most are corrosive which means more maintenance and additional costs to replace parts of the equipment. You have to constantly test the water to make sure all is in balance. And when something is out of balance, you add more chemicals. After a while you've got yourself a potent chemical soup! When it gets this bad, it's time to drain the tub and then start the whole process all over again. And don't forget that the chemical soup that used to be your spa water, once drained, is now damaging the environment.

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