

Fresh from The Tropics
Super Sweet, Golden Ripe Pineapples

2.98 Each

3.98 cored

SAVE \$2.01

PINEAPPLES are a good source of vitamin C, with 40 percent of the RDI. They also contain useful amounts of thiamin, folate, vitamin B6, iron and magnesium. They are a source of soluble fiber, which aids in controlling high blood cholesterol.

GARDEN BASKET

HAPPY EASTER

© Fill your **BASKET** with...

Quality Fresh Produce

Product of USA
Tender 'N' Fresh
Brussels Sprouts

1/2 PRICE

.98 lb 2.16kg

Product of Ontario Greenhouses
Seedless, Fresh 'N' Crisp
English Cucumbers

SAVE .51

.98 Each

Product of Argentina, Canada No. 1 Grade
Sweet 'N' Juicy
Bartlett Pears

SAVE .51/LB

.98 lb 2.16kg

Product of Mexico, Canada No. 1 Grade
Sweet 'N' Juicy
Mangoes (Ataulfo)

SAVE .51

.98 Each

Product of USA, Canada No. 1 Grade
Sweet (Potato) Yams

SAVE .31/LB

.98 lb 2.16kg

Product of USA, Canada No. 1 Grade
Fresh, Tender
Andy Boy Rapini

SAVE \$1.01

1.98 Bunch

Product of USA, Canada No. 1 Grade
Sweet 'N' Juicy
Seedless Sliced Watermelons

SAVE .51/LB

.78 lb 1.72kg

Product of Ontario
Extra Fancy, Crisp 'N' Juicy
Golden & Red Delicious Apples

SAVE .51/LB

.98 lb 2.16kg

Fresh Squeezed Daily
Orange Juice

SAVE \$1.00

3.98 1L Bottle

Northern King
Large 31/40 Size Raw Easy Peel Shrimps

1/2 PRICE

6.98 HUGE 908g Bag

HUGE 908g BAG

Aged for 21 Days, Cut from: USDA Select Beef
Boneless Top Sirloin Premium Oven Roasts

SAVE \$3.00/LB

3.98 lb 8.77kg

AGED FOR 21 DAYS

The Butcher Shop

Aged for 21 Days, Cut from Canada Beef
Beef Tenderloin Grilling Steaks

10.88 lb 23.99kg

SAVE \$7.00/LB

AGED FOR 21 DAYS

Cut from Fresh New Zealand
Lamb Shoulder Chops

3.78 lb 8.33kg

SAVE \$1.20/LB

Mariposa
Boneless Black Forest Ham Halves

2.98 lb 6.57kg

SAVE \$1.00/LB

Organic
Product of USA & Canada
Royal Gala & Fuji Apples

SAVE .50/LB

1.49 lb 3.28kg

Bulk-Food
California Freshly Roasted Lightly Salted
Pistachios

SAVE \$1.00/LB

4.98 lb 10.98kg

Bulk-Food
California Walnut Halves (Random weight packages)

7.98 lb 17.59kg

The Delicatessen

Parmigiano Reggiano
Cheese Wedges

2.98 /100g

SAVE \$15.00/KG

Imported from Italy
Dry Cured Prosciutto

2.98 /100g

SAVE \$20.00/KG

Silani
Mozzarella Balls

2.98 340g

Silani
Ricotta Cheese

2.88 454g Vac Pack

Over
In Store Baked
Apple Or Apple Cakes

4.99 10 Pie